

Western European Time	MONDAY Jan 19, 2026	TUESDAY Jan 20, 2026	WEDNESDAY Jan 21, 2026	THURSDAY Jan 22, 2026	FRIDAY Jan 23, 2026	SATURDAY Jan 24, 2026	SUNDAY Jan 25, 2026
6:00	PFL Vault	Retrospective - Joe Valtellini Part 1	BYB: Bare Knuckle Brawls - Featherweight Championship: Birr vs. McQueen	Heroes of Lucha Libre	PFL Vault	Bellator 297: Nemkov vs. Romero	IMPACT in 60 - Ultimate X
6:30		After The Fight - Fight Night Lethbridge					
7:00	PFL Vault	Diary with Sami Callihan Part 1	Bare Knuckle Boxing 28	Ultimate Strongman 2014 - Team World Championship	PFL Vault	Bellator 297: Nemkov vs. Romero	IMPACT in 60 - Monty Brown
7:30		Immersed - Ash by Elegance					
8:00	Pancrase in 60 - UFC Champions	Fight Network Recharged - CES Knockouts Vol. 3	Bare Knuckle Boxing 28	UK's Strongest Man 2022 - Part 2/5	WSOF 4: Spong vs. DeAnda	Bellator 297: Nemkov vs. Romero	Ultimate Strongman 2014 - Team World Championship
8:30							
9:00	Fight Network Recharged - Super Submissions Vol. 6	Fight Network Recharged - CES Knockouts Vol. 4	Bare Knuckle Boxing 28	World Armwrestling League	WSOF 4: Spong vs. DeAnda	Bellator 297: Nemkov vs. Romero	UK's Strongest Man 2022 - Part 2/5
9:30							
10:00	Fight Network Recharged - Super Submissions Vol. 7	Fight Network Recharged - Lion Fight Knockouts Vol. 3	Fight Network Recharged - CES Knockouts Vol. 4	Pancrase in 60 - Carlos Condit	WSOF 4: Spong vs. DeAnda	Bellator 297: Nemkov vs. Romero	World Armwrestling League
10:30							
11:00	Fight Network Recharged - UFC Vets Vol. 3	Fight Network Recharged - Lion Fight Knockouts Vol. 4	Fight Network Recharged - Lion Fight Knockouts Vol. 3	Retrospective - Joe Valtellini Part 1	Immersed - Ash by Elegance	PFL Vault	Diary with Sami Callihan Part 1
11:30							
12:00	Fight Network Recharged - Nate Andrews Vol. 2	Abu Dhabi Grand Slam Rio 2018 - Part 7/8	Fight Network Recharged - Lion Fight Knockouts Vol. 4	Diary with Sami Callihan Part 1	Retrospective - Joe Valtellini Part 1	Fight Network Recharged - CES Knockouts Vol. 3	Diary with Sami Callihan Part 1
12:30							
13:00	IJF 2025: World Championships Part 9/11	IJF 2025: World Championships Part 11/11	IJF 2025: Ulaanbaatar Grand Slam Part 2/6	IJF 2025: Ulaanbaatar Grand Slam Part 4/6	IJF 2025: Ulaanbaatar Grand Slam Part 6/6	Fight Network Recharged - CES Knockouts Vol. 4	Bellator 296: Mousasi vs. Edwards
13:30							
14:00	IJF 2025: World Championships Part 10/11	IJF 2025: Ulaanbaatar Grand Slam Part 1/6	IJF 2025: Ulaanbaatar Grand Slam Part 3/6	IJF 2025: Ulaanbaatar Grand Slam Part 5/6	IJF 2025: Lima Grand Prix Part 1/6	Bumps & Bites	Bellator 296: Mousasi vs. Edwards
14:30							
15:00	Pancrase in 60 - UFC Champions	Pancrase in 60 - Carlos Condit	Tristar Stories - Calderwood and Duffy	IMPACT in 60 - Ultimate X	Fight Network Recharged - Lion Fight Knockouts Vol. 3	Pancrase in 60 - Carlos Condit	Retrospective - Joe Valtellini Part 1
15:30			Bumps & Bites				Tristar Stories - Calderwood and Duffy
16:00	PFL Vault	PFL Vault	PFL Vault	IMPACT in 60 - Monty Brown	Fight Network Recharged - Lion Fight Knockouts Vol. 4	IMPACT in 60 - Ultimate X	Diary with Sami Callihan Part 1
16:30							Immersed - Ash by Elegance
17:00	Immersed - Cody Deaner: Part 2	Bumps & Bites	After The Fight - Fight Night Lethbridge	Diary with Sami Callihan Part 1	Bellator 297: Nemkov vs. Romero	IMPACT in 60 - Monty Brown	Bellator vs. Rizin 2
17:30	Tristar Stories - Calderwood and Duffy	Diary with Sami Callihan Part 1	Immersed - Ash by Elegance	Retrospective - Joe Valtellini Part 1			
18:00	Fight Network Recharged - CES Knockouts Vol. 3	Retrospective - Joe Valtellini Part 1	IMPACT on Spike S7	PFL Vault	Bellator 297: Nemkov vs. Romero	IMPACT in 60 - Monty Brown	Bellator vs. Rizin 2
18:30							
19:00	Fight Network Recharged - CES Knockouts Vol. 4	Bellator 270: Pitbull vs. Queally 2	IMPACT on Spike S7	Bellator 296: Mousasi vs. Edwards	PFL Vault	IMPACT in 60 - Monty Brown	Bellator vs. Rizin 2
19:30							
20:00	Fight Network Recharged - Lion Fight Knockouts Vol. 3	Bellator 270: Pitbull vs. Queally 2	IMPACT on Spike S7	Bellator 296: Mousasi vs. Edwards	PFL Vault	IMPACT in 60 - Monty Brown	Bellator vs. Rizin 2
20:30							
21:00	Fight Network Recharged - Lion Fight Knockouts Vol. 4	Bellator 270: Pitbull vs. Queally 2	IMPACT on Spike S7	Bellator 296: Mousasi vs. Edwards	PFL Vault	IMPACT in 60 - Monty Brown	Bellator vs. Rizin 2
21:30							
22:00	PFL Vault	PFL Vault	PFL Vault	PFL Vault	PFL Vault	IMPACT in 60 - Monty Brown	Bellator vs. Rizin 2
22:30							
23:00	Pancrase in 60 - Carlos Condit	Bellator vs. Rizin 2	IMPACT in 60 - Ultimate X	PFL Vault	Bellator 296: Mousasi vs. Edwards	Bare Knuckle Boxing 29	Bellator 297: Nemkov vs. Romero
23:30							
0:00	Retrospective - Joe Valtellini Part 1	Bellator vs. Rizin 2	IMPACT in 60 - Monty Brown	BKFC 30	Bellator 296: Mousasi vs. Edwards	Bare Knuckle Boxing 29	Bellator 297: Nemkov vs. Romero
0:30							
1:00	Diary with Sami Callihan Part 1	Bellator vs. Rizin 2	IMPACT in 60 - Monty Brown	BKFC 30	Bellator 296: Mousasi vs. Edwards	Bare Knuckle Boxing 29	Bellator 297: Nemkov vs. Romero
1:30							
2:00	Carjitsu Championship	Fight Network Recharged - CES Knockouts Vol. 3	TNA iMPACT! S25	BKFC Ice Wars 3: Bare Knuckle Brawls	Fight Network Recharged - CES Knockouts Vol. 3	PFL Vault	PFL Vault
2:30							
3:00	SlapFIGHT Championship: Friday Night Fights	Fight Network Recharged - CES Knockouts Vol. 4	International Wrestling Syndicate	BKFC Ice Wars 3: Bare Knuckle Brawls	BYB: Bare Knuckle Brawls - Berzerker vs. The People's Champ	PFL Vault	BYB: Bare Knuckle Brawls - Berzerker vs. The People's Champ
3:30							
4:00	SlapFIGHT Championship: Friday Night Fights	PFL Vault	ROH Classics	PFL Vault	Dog or Pass Podcast	PFL Vault	PFL Vault
4:30							
5:00	PFL Vault	PFL Vault	Heroes of Lucha Libre	Bumps & Bites	Immersed - Ash by Elegance	PFL Vault	PFL Vault
5:30				Immersed - Ash by Elegance			

Western European Time	MONDAY Jan 26, 2026	TUESDAY Jan 27, 2026	WEDNESDAY Jan 28, 2026	THURSDAY Jan 29, 2026	FRIDAY Jan 30, 2026	SATURDAY Jan 31, 2026	SUNDAY Feb 1, 2026
6:00	PFL Vault	Retrospective - Joe Valtellini Part 2	BYB: Bare Knuckle Brawls - Berzerker vs. The People's Champ	Heroes of Lucha Libre	PFL Vault	Bellator 298: Storley vs. Ward	IMPACT in 60 - Frankie Kazarian
6:30		After The Fight - GLORY 54 Birmingham					
7:00	PFL Vault	Diary with Sami Callihan Part 2	Bellator 289: Stots vs. Sabatello	Ultimate Strongman 2014 - Masters World Championship	PFL Vault	Bellator 298: Storley vs. Ward	IMPACT in 60 - Generation Me
7:30		Immersed - Mike Santana: Part 1					
8:00	Pancrase in 60 - Carlos Condit	Fight Network Recharged - Lion Fight Knockouts Vol. 5	Bellator 289: Stots vs. Sabatello	UK's Strongest Man 2022 - Part 3/5	WSOF 5: Arlovski vs. Kyle	Bellator 298: Storley vs. Ward	Ultimate Strongman 2014 - Masters World Championship
8:30							
9:00	Fight Network Recharged - CES Knockouts Vol. 3	Fight Network Recharged - Lion Fight Knockouts Vol. 6	Bellator 289: Stots vs. Sabatello	World Armwrestling League	WSOF 5: Arlovski vs. Kyle	Fight Network Recharged - CES Knockouts Vol. 5	UK's Strongest Man 2022 - Part 3/5
9:30							
10:00	Fight Network Recharged - CES Knockouts Vol. 4	Fight Network Recharged - CES Knockouts Vol. 5	Fight Network Recharged - Lion Fight Knockouts Vol. 6	Pancrase in 60 - UFC Veterans	WSOF 5: Arlovski vs. Kyle	Fight Network Recharged - UFC Vets Vol. 4	World Armwrestling League
10:30							
11:00	Fight Network Recharged - Lion Fight Knockouts Vol. 3	Fight Network Recharged - UFC Vets Vol. 4	Fight Network Recharged - CES Knockouts Vol. 5	Retrospective - Joe Valtellini Part 2	Diary with Sami Callihan Part 2	PFL Vault	Diary with Sami Callihan Part 2
11:30				After The Fight - GLORY 54 Birmingham	Immersed - Mike Santana: Part 1		Immersed - Mike Santana: Part 1
12:00	Fight Network Recharged - Lion Fight Knockouts Vol. 4	Abu Dhabi Grand Slam Rio 2018 - Part 8/8	Fight Network Recharged - UFC Vets Vol. 4	Diary with Sami Callihan Part 2	Retrospective - Joe Valtellini Part 2	Fight Network Recharged - Lion Fight Knockouts Vol. 5	Bellator 273: Bader vs. Moldavsky
12:30				Immersed - Mike Santana: Part 1	Tristar Stories - A Day with Firas Zahabi		
13:00	IJF 2025: Lima Grand Prix Part 2/6	IJF 2025: Lima Grand Prix Part 4/6	IJF 2025: Lima Grand Prix Part 6/6	IJF 2025: Guadalajara Grand Prix Part 2/6	IJF 2025: Guadalajara Grand Prix Part 4/6	Fight Network Recharged - Lion Fight Knockouts Vol. 6	Bellator 273: Bader vs. Moldavsky
13:30							
14:00	IJF 2025: Lima Grand Prix Part 3/6	IJF 2025: Lima Grand Prix Part 5/6	IJF 2025: Guadalajara Grand Prix Part 1/6	IJF 2025: Guadalajara Grand Prix Part 3/6	IJF 2025: Guadalajara Grand Prix Part 5/6	Bumps & Bites	Bellator 273: Bader vs. Moldavsky
14:30							
15:00	Pancrase in 60 - Carlos Condit	Pancrase in 60 - UFC Veterans	Tristar Stories - A Day with Firas Zahabi	IMPACT in 60 - Frankie Kazarian	Fight Network Recharged - CES Knockouts Vol. 5	Pancrase in 60 - UFC Veterans	Retrospective - Joe Valtellini Part 2
15:30			Bumps & Bites				Tristar Stories - A Day with Firas Zahabi
16:00	PFL Vault	PFL Vault	PFL Vault	IMPACT in 60 - Generation Me	Fight Network Recharged - UFC Vets Vol. 4	IMPACT in 60 - Frankie Kazarian	Diary with Sami Callihan Part 2
16:30							Immersed - Mike Santana: Part 1
17:00	Immersed - Ash by Elegance	Bumps & Bites	After The Fight - GLORY 54 Birmingham	Diary with Sami Callihan Part 2	Bellator 298: Storley vs. Ward	IMPACT in 60 - Generation Me	Bellator 290: Bader vs. Fedor 2
17:30	Tristar Stories - A Day with Firas Zahabi	Diary with Sami Callihan Part 2	Immersed - Mike Santana: Part 1	Retrospective - Joe Valtellini Part 2			
18:00	Fight Network Recharged - Lion Fight Knockouts Vol. 5	Retrospective - Joe Valtellini Part 2	IMPACT on Spike S7	PFL Vault	Bellator 298: Storley vs. Ward	IMPACT in 60 - Generation Me	Bellator 290: Bader vs. Fedor 2
18:30		After The Fight - GLORY 54 Birmingham					
19:00	Fight Network Recharged - Lion Fight Knockouts Vol. 6	Bellator 257: Nemkov vs. Davis 2	IMPACT on Spike S7	Bellator vs. Rizin 2	PFL Vault	Bellator 298: Storley vs. Ward	Bellator 273: Bader vs. Moldavsky
19:30							
20:00	Fight Network Recharged - CES Knockouts Vol. 5	Bellator 257: Nemkov vs. Davis 2	IMPACT on Spike S7	Bellator vs. Rizin 2	PFL Vault	Bellator 298: Storley vs. Ward	Bellator 273: Bader vs. Moldavsky
20:30							
21:00	Fight Network Recharged - UFC Vets Vol. 4	Bellator 257: Nemkov vs. Davis 2	IMPACT on Spike S7	Bellator vs. Rizin 2	PFL Vault	Bellator 298: Storley vs. Ward	Bellator 273: Bader vs. Moldavsky
21:30							
22:00	PFL Vault	PFL Vault	PFL Vault	PFL Vault	PFL Vault	Bellator 298: Storley vs. Ward	PFL Vault
22:30							
23:00	Pancrase in 60 - UFC Veterans	Bellator 289: Stots vs. Sabatello	IMPACT in 60 - Frankie Kazarian	PFL Vault	Bellator vs. Rizin 2	Bellator 298: Storley vs. Ward	Bellator 298: Storley vs. Ward
23:30							
0:00	Retrospective - Joe Valtellini Part 2	Bellator 289: Stots vs. Sabatello	IMPACT in 60 - Generation Me	BKFC 31	Bellator vs. Rizin 2	Bare Knuckle Boxing 30	Bellator 298: Storley vs. Ward
0:30	After The Fight - GLORY 54 Birmingham						
1:00	Diary with Sami Callihan Part 2	Bellator 289: Stots vs. Sabatello	IMPACT in 60 - Generation Me	BKFC 31	Bellator vs. Rizin 2	Bare Knuckle Boxing 30	Bellator 298: Storley vs. Ward
1:30	Immersed - Mike Santana: Part 1						
2:00	Carjitsu Championship	Fight Network Recharged - Lion Fight Knockouts Vol. 5	TNA iMPACT! S25	BKFC Ice Wars 1: Battle of the Borders	Fight Network Recharged - Lion Fight Knockouts Vol. 5	PFL Vault	PFL Vault
2:30							
3:00	SlapFIGHT Championship: PLN Friday Night Fights	Fight Network Recharged - Lion Fight Knockouts Vol. 6	International Wrestling Syndicate	BKFC Ice Wars 1: Battle of the Borders	BYB: Bare Knuckle Brawls - Lightweight Championship: Juarez vs. Medina	PFL Vault	BYB: Bare Knuckle Brawls - Lightweight Championship: Juarez vs. Medina
3:30			Classic All-Star Wrestling				
4:00	SlapFIGHT Championship: PLN Friday Night Fights	PFL Vault	ROH Classics	Dog or Pass Podcast	PFL Vault	PFL Vault	PFL Vault
4:30							
5:00	PFL Vault	PFL Vault	Heroes of Lucha Libre	Bumps & Bites	PFL Vault	PFL Vault	PFL Vault
5:30				Immersed - Mike Santana: Part 1			