



Eastern	MONDAY Dec 8, 2025	TUESDAY Dec 9, 2025	WEDNESDAY Dec 10, 2025	THURSDAY Dec 11, 2025	FRIDAY Dec 12, 2025	SATURDAY Dec 13, 2025	SUNDAY Dec 14, 2025
6:00	Fight Network Recharged - Muay Thai Legends Vol. 2	It's Showtime Special	Abu Dhabi Grand Slam Rio 2018 - Part 1/8	Retrospective - Gail Kim Part 2	Diary with Rhino	Fight Network Recharged - Stars by State: Massachusetts	Ultimate Strongman 2016 - Team World Championship
6:30				After The Fight - GLORY 56 Denver	Immersed - Joe Hendry: TNA World Champion		
7:00	Fight Network Recharged - Chris Curtis	Abu Dhabi Grand Slam Rio 2018 - Part 1/8	Pancrase in 60 - Ken Shamrock	Diary with Rhino	Retrospective - Gail Kim Part 2	Fight Network Recharged - UFC Vets Vol. 1	UK's Strongest Man 2021 - Part 1/5
7:30				Immersed - Joe Hendry: TNA World Champion	Tristar Stories - The History		
8:00	IJF 2025: World Championships Part 1/11	IJF 2025: World Championships Part 3/11	IJF 2025: World Championships Part 5/11	IJF 2025: World Championships Part 7/11	IJF 2025: World Championships Part 9/11	Fight Network Recharged - UFC Vets Vol. 2	World Armwrestling League
8:30							
9:00	IJF 2025: World Championships Part 2/11	IJF 2025: World Championships Part 4/11	IJF 2025: World Championships Part 6/11	IJF 2025: World Championships Part 8/11	IJF 2025: World Championships Part 10/11	Fight Network Recharged - Bellator Stars	Abu Dhabi Grand Slam Rio 2018 - Part 1/8
9:30							
10:00	Diary with LAX Part 2	IMPACT in 60 - Tag-Team Matches	It's Showtime Special	Fight Network Recharged - Stars by State: Massachusetts	Fight Network Recharged - UFC Vets Vol. 2	Pancrase in 60 - Ken Shamrock	Retrospective - Gail Kim Part 2
10:30	Immersed - Mike Santana: Part 2						Tristar Stories - The History
11:00	Retrospective - Gail Kim Part 1	Carjitsu Championship	IMPACT in 60 - Booker T	Fight Network Recharged - UFC Vets Vol. 1	Fight Network Recharged - Bellator Stars	IMPACT in 60 - Josh Alexander	After The Fight - GLORY 56 Denver
11:30	After The Fight - GLORY 55 New York						Immersed - Joe Hendry: TNA World Champion
12:00	Tristar Stories - The History	Immersed - Joe Hendry: TNA World Champion	Diary with Rhino	Tristar Stories - The History	IMPACT in 60 - Josh Alexander	IMPACT in 60 - Austin Aries	Pancrase in 60 - Ken Shamrock
12:30	Retrospective - Gail Kim Part 1	Diary with Rhino	Immersed - Joe Hendry: TNA World Champion	Retrospective - Gail Kim Part 2			
13:00	Fight Network Recharged - Stars by State: Massachusetts	Retrospective - Gail Kim Part 2	IMPACT on Spike S7	Ultimate Strongman 2016 - Team World Championship	IMPACT in 60 - Austin Aries	Retrospective - Gail Kim Part 2	Fight Network Recharged - Bellator Stars
13:30		After The Fight - GLORY 56 Denver				After The Fight - GLORY 56 Denver	
14:00	Fight Network Recharged - UFC Vets Vol. 1	Bare Knuckle Boxing 25	IMPACT on Spike S7	UK's Strongest Man 2021 - Part 1/5	IMPACT on Spike S7	BKFC Derby Prelims LIVE!	Bare Knuckle Boxing 25
14:30						Diary with Rhino	
15:00	Fight Network Recharged - UFC Vets Vol. 2		IMPACT on Spike S7	World Armwrestling League		Immersed - Joe Hendry: TNA World Champion	
15:30							
16:00	Fight Network Recharged - Bellator Stars			IMPACT in 60 - Josh Alexander	IMPACT on Spike S7	Fight Network Recharged - UFC Vets Vol. 2	
16:30							
17:00	It's Showtime Special	Fight Network Recharged - Stars by State: Massachusetts	Immersed - Joe Hendry: TNA World Champion	IMPACT in 60 - Austin Aries		Fight Network Recharged - Bellator Stars	
17:30			Retrospective - Gail Kim Part 2				
18:00	Pancrase in 60 - Ken Shamrock	Fight Network Recharged - UFC Vets Vol. 1	IMPACT in 60 - Josh Alexander	TNA IMPACT! S25	Bare Knuckle Boxing 25	BKFC Ice Wars 3: Bare Knuckle Brawls	BKB 48: Brawl in the Pines V
18:30							
19:00	Retrospective - Gail Kim Part 2	Fight Network Recharged - UFC Vets Vol. 2	IMPACT in 60 - Austin Aries				
19:30	After The Fight - GLORY 56 Denver						
20:00	Diary with Rhino	Fight Network Recharged - Bellator Stars	TNA IMPACT! S25	Fight Network Recharged - UFC Vets Vol. 2			Fight Network Recharged - UFC Vets Vol. 2
20:30	Immersed - Joe Hendry: TNA World Champion				Tristar Stories - The History	BKFC 26	Fight Network Recharged - Bellator Stars
21:00	Carjitsu Championship	Pancrase in 60 - Ken Shamrock		BKFC 26	Immersed - Joe Hendry: TNA World Champion		
21:30			International Wrestling Syndicate		BYB: Bare Knuckle Brawls - BYB Big Men Bleed Best	Immersed - Joe Hendry: TNA World Champion	BYB: Bare Knuckle Brawls - BYB Big Men Bleed Best
22:00	SlapFIGHT Championship	It's Showtime Special	Classic All-Star Wrestling				
22:30		Retrospective - Gail Kim Part 2	ROH Classics	BKFC Ice Wars 3: Bare Knuckle Brawls			
23:00	Coffin Wars: PLN's Friday Nights Fights	Tristar Stories - The History					
23:30		Diary with Rhino	Heroes of Lucha Libre		BYB 23	Death Tour; The	BYB 23
0:00	Tristar Stories - The History	Immersed - Joe Hendry: TNA World Champion					
0:30			Heroes of Lucha Libre			TNA Xplosion	
1:00	BKFC Fight Night: Tampa 2	BYB: Bare Knuckle Brawls - BYB Super Middleweight Championship: Fernandez vs. Bu	Ultimate Strongman 2016 - Team World Championship	Dog or Pass Podcast	TNA IMPACT! S25	IMPACT in 60 - Austin Aries	IMPACT in 60 - Josh Alexander
1:30							
2:00	Retrospective - Gail Kim Part 2	BKB 48: Brawl in the Pines V	UK's Strongest Man 2021 - Part 1/5				IMPACT in 60 - Austin Aries
2:30	Fight Network Recharged - Stars by State: Massachusetts		World Armwrestling League	Bare Knuckle Boxing 25	IMPACT in 60 - Josh Alexander	BKB 48: Brawl in the Pines V	Fight Network Recharged - Stars by State: Massachusetts
3:00					Diary with Rhino		Fight Network Recharged - UFC Vets Vol. 1
3:30	Fight Network Recharged - UFC Vets Vol. 1				Immersed - Joe Hendry: TNA World Champion		
4:00	Fight Network Recharged - UFC Vets Vol. 2	Fight Network Recharged - Stars by State: Massachusetts	Pancrase in 60 - Ken Shamrock				Fight Network Recharged - UFC Vets Vol. 1
4:30							
5:00							
5:30							



Eastern	MONDAY Dec 15, 2025	TUESDAY Dec 16, 2025	WEDNESDAY Dec 17, 2025	THURSDAY Dec 18, 2025	FRIDAY Dec 19, 2025	SATURDAY Dec 20, 2025	SUNDAY Dec 21, 2025	
6:00	Fight Network Recharged - UFC Vets Vol. 2	It's Showtime Special	Abu Dhabi Grand Slam Rio 2018 - Part 2/8	Retrospective - Petey Williams	Diary with Eddie Edwards	Fight Network Recharged - Heavyweight KO's Vol. 1	Ultimate Strongman 2016 - Masters World Championship	
6:30				After The Fight - UFC 228	Immersed - Steve Maclin: TNA International			
7:00	Fight Network Recharged - Bellator Stars	Abu Dhabi Grand Slam Rio 2018 - Part 2/8	Pancrase in 60 - Frank Shamrock	Diary with Eddie Edwards	Retrospective - Petey Williams	Fight Network Recharged - Heavyweight KO's Vol. 2	UK's Strongest Man 2021 - Part 2/5	
7:30				Immersed - Steve Maclin: TNA International	Tristar Stories - GSP and the Next Generation			
8:00	IJF 2025: World Championships Part 11/11	IJF 2025: Ulaanbaatar Grand Slam Part 2/6	IJF 2025: Ulaanbaatar Grand Slam Part 4/6	IJF 2025: Ulaanbaatar Grand Slam Part 6/6	IJF 2025: Grand Prix Qingdao Part 2/6	Fight Network Recharged - Gaston Bolanos	World Armwrestling League	
8:30								
9:00	IJF 2025: Ulaanbaatar Grand Slam Part 1/6	IJF 2025: Ulaanbaatar Grand Slam Part 3/6	IJF 2025: Ulaanbaatar Grand Slam Part 5/6	IJF 2025: Grand Prix Qingdao Part 1/6	IJF 2025: Grand Prix Qingdao Part 3/6	Fight Network Recharged - Ky Hollenbeck	Abu Dhabi Grand Slam Rio 2018 - Part 2/8	
9:30								
10:00	Diary with Rhino	IMPACT in 60 - Austin Aries	It's Showtime Special	Fight Network Recharged - Heavyweight KO's Vol. 1	Fight Network Recharged - Gaston Bolanos	Pancrase in 60 - Frank Shamrock	Retrospective - Petey Williams	
10:30	Immersed - Joe Hendry: TNA World Champion						Tristar Stories - GSP and the Next Generation	
11:00	Retrospective - Gail Kim Part 2	SlapFIGHT Championship	IMPACT in 60 - Josh Alexander	Fight Network Recharged - Heavyweight KO's Vol. 2	Fight Network Recharged - Ky Hollenbeck	IMPACT in 60 - Best of UK Invasion	After The Fight - UFC 228	
11:30	After The Fight - GLORY 56 Denver						Immersed - Steve Maclin: TNA International	
12:00	Tristar Stories - GSP and the Next Generation	Immersed - Steve Maclin: TNA International	Diary with Eddie Edwards	Tristar Stories - GSP and the Next Generation	IMPACT in 60 - Best of UK Invasion	IMPACT in 60 - Battle Royals	Pancrase in 60 - Frank Shamrock	
12:30	Retrospective - Gail Kim Part 2	Diary with Eddie Edwards	Immersed - Steve Maclin: TNA International	Retrospective - Petey Williams	IMPACT in 60 - Battle Royals	BKB 48: Brawl in the Pines V	IMPACT in 60 - Best of UK Invasion	
13:00	Fight Network Recharged - Heavyweight KO's Vol. 1	Retrospective - Petey Williams	IMPACT on Spike S7	Ultimate Strongman 2016 - Masters World Championship				IMPACT on Spike S7
13:30		After The Fight - UFC 228		UK's Strongest Man 2021 - Part 2/5				
14:00	Fight Network Recharged - Heavyweight KO's Vol. 2	Bare Knuckle Boxing 26	IMPACT on Spike S7	World Armwrestling League	IMPACT on Spike S7		TNA iMPACT! S25	
14:30						IMPACT in 60 - Best of UK Invasion		
15:00	Fight Network Recharged - Gaston Bolanos			IMPACT in 60 - Best of UK Invasion				
15:30								
16:00	Fight Network Recharged - Ky Hollenbeck	Fight Network Recharged - Heavyweight KO's Vol. 1	Immersed - Steve Maclin: TNA International	IMPACT in 60 - Battle Royals	IMPACT on Spike S7	Fight Network Recharged - Ky Hollenbeck	TNA iMPACT! S25	
16:30								
17:00	It's Showtime Special	Fight Network Recharged - Heavyweight KO's Vol. 1	Retrospective - Petey Williams	IMPACT in 60 - Battle Royals	IMPACT on Spike S7	TNA iMPACT! S25	BKB 48: Brawl in the Pines V	
17:30								
18:00	Pancrase in 60 - Frank Shamrock	Fight Network Recharged - Heavyweight KO's Vol. 2	IMPACT in 60 - Best of UK Invasion	TNA iMPACT! S25	Bare Knuckle Boxing 26	BKFC Mohegan Sun Prelims LIVE!	BKB 48: Brawl in the Pines V	
18:30								
19:00	Retrospective - Petey Williams	Fight Network Recharged - Gaston Bolanos	IMPACT in 60 - Battle Royals	TNA iMPACT! S25	Bare Knuckle Boxing 26	BKFC Mohegan Sun Prelims LIVE!	BKB 48: Brawl in the Pines V	
19:30	After The Fight - UFC 228							
20:00	Diary with Eddie Edwards	Fight Network Recharged - Ky Hollenbeck	TNA iMPACT! S25	Fight Network Recharged - Gaston Bolanos	Tristar Stories - GSP and the Next Generation	Diary with Eddie Edwards	BYB: Bare Knuckle Brawls - Super Middleweight Monsters: Liera vs. Jett	
20:30	Immersed - Steve Maclin: TNA International							Immersed - Steve Maclin: TNA International
21:00	CarJitsu Championship	Pancrase in 60 - Frank Shamrock	International Wrestling Syndicate	BKFC 61	BYB: Bare Knuckle Brawls - Super Middleweight Monsters: Liera vs. Jett	Diary with Eddie Edwards	BYB: Bare Knuckle Brawls - Super Middleweight Monsters: Liera vs. Jett	
21:30		It's Showtime Special						Classic All-Star Wrestling
22:00		SlapFIGHT Championship	Retrospective - Petey Williams	ROH Classics	BKFC Ice Wars 1: Battle of the Borders	BYB: Bare Knuckle Brawls - Super Middleweight Monsters: Liera vs. Jett	Fight Network Recharged - Ky Hollenbeck	BYB: Bare Knuckle Brawls - Super Middleweight Monsters: Liera vs. Jett
22:30			Tristar Stories - GSP and the Next Generation					
23:00	Chest Chop: PLN's Friday Nights Fights	Diary with Eddie Edwards	Heroes of Lucha Libre	IMPACT on Spike S7	BYB 24	TNA Xplosion	BYB 24	
23:30		Immersed - Steve Maclin: TNA International						Heroes of Lucha Libre
0:00		Fight Network Recharged - Heavyweight KO's Vol. 1	BYB 23	Ultimate Strongman 2016 - Masters World Championship	IMPACT on Spike S7	TNA iMPACT! S25	BKFC Fight Night Derby	IMPACT in 60 - Best of UK Invasion
0:30								
1:00	Fight Network Recharged - Gaston Bolanos	World Armwrestling League	Pancrase in 60 - Frank Shamrock	IMPACT on Spike S7	IMPACT in 60 - Best of UK Invasion	BKFC Fight Night Derby Prelims	Fight Network Recharged - Heavyweight KO's Vol. 1	
1:30								
2:00	Fight Network Recharged - Heavyweight KO's Vol. 1	BYB 23	Ultimate Strongman 2016 - Masters World Championship	IMPACT on Spike S7	TNA iMPACT! S25	BKFC Fight Night Derby	IMPACT in 60 - Best of UK Invasion	
2:30								Immersed - Steve Maclin: TNA International
3:00	Fight Network Recharged - Heavyweight KO's Vol. 2	World Armwrestling League	Pancrase in 60 - Frank Shamrock	IMPACT on Spike S7	IMPACT in 60 - Best of UK Invasion	BKFC Fight Night Derby	IMPACT in 60 - Battle Royals	
3:30								
4:00	Fight Network Recharged - Gaston Bolanos	World Armwrestling League	Pancrase in 60 - Frank Shamrock	IMPACT on Spike S7	IMPACT in 60 - Best of UK Invasion	BKFC Fight Night Derby	IMPACT in 60 - Battle Royals	
4:30								
5:00	Fight Network Recharged - Ky Hollenbeck	Fight Network Recharged - Heavyweight KO's Vol. 1	Pancrase in 60 - Frank Shamrock	IMPACT on Spike S7	Diary with Eddie Edwards	It's Showtime Special	Fight Network Recharged - Heavyweight KO's Vol. 2	
5:30								Immersed - Steve Maclin: TNA International



Eastern	MONDAY Dec 22, 2025	TUESDAY Dec 23, 2025	WEDNESDAY Dec 24, 2025	THURSDAY Dec 25, 2025	FRIDAY Dec 26, 2025	SATURDAY Dec 27, 2025	SUNDAY Dec 28, 2025	
6:00	Fight Network Recharged - Gaston Bolanos	It's Showtime Special	Abu Dhabi Grand Slam Rio 2018 - Part 3/8	Retrospective - Abyss	Diary with Ken Shamrock	Fight Network Recharged - Nate Andrews Vol. 1	Ultimate Strongman 2017 - Team World Championship	
6:30				After The Fight - GLORY 58 Chicago	Immersed - Frankie Kazarian: Against All Odds			
7:00	Fight Network Recharged - Ky Hollenbeck	Abu Dhabi Grand Slam Rio 2018 - Part 3/8	Pancrase in 60 - Bas Rutten	Diary with Ken Shamrock	Retrospective - Abyss	Fight Network Recharged - Greg Rebello	UK's Strongest Man 2021 - Part 3/5	
7:30				Immersed - Frankie Kazarian: Against All Odds	Tristar Stories - Calderwood and Duffy			
8:00	IJF 2025: Grand Prix Qingdao Part 4/6	IJF 2025: Grand Prix Qingdao Part 6/6	IJF 2025: Lima Grand Prix Part 2/6	IJF 2025: Lima Grand Prix Part 4/6	IJF 2025: Lima Grand Prix Part 6/6	Fight Network Recharged - First Round KOs	World Armwrestling League	
8:30								
9:00	IJF 2025: Grand Prix Qingdao Part 5/6	IJF 2025: Lima Grand Prix Part 1/6	IJF 2025: Lima Grand Prix Part 3/6	IJF 2025: Lima Grand Prix Part 5/6	IJF 2025: Guadalajara Grand Prix Part 1/6	Fight Network Recharged - Super Submissions Vol. 1	Abu Dhabi Grand Slam Rio 2018 - Part 3/8	
9:30								
10:00	Diary with Eddie Edwards	IMPACT in 60 - Battle Royals	It's Showtime Special	Fight Network Recharged - Nate Andrews Vol. 1	Fight Network Recharged - First Round KOs	Pancrase in 60 - Bas Rutten	Retrospective - Abyss	
10:30	Immersed - Steve Maclin: TNA International						Tristar Stories - Calderwood and Duffy	
11:00	Retrospective - Petey Williams	SlapFIGHT Championship	IMPACT in 60 - Best of UK Invasion	Fight Network Recharged - Greg Rebello	Fight Network Recharged - Super Submissions Vol. 1	IMPACT in 60 - Brian Cage	After The Fight - GLORY 58 Chicago	
11:30	After The Fight - UFC 228						Immersed - Frankie Kazarian: Against All Odds	
12:00	Tristar Stories - Calderwood and Duffy	Immersed - Frankie Kazarian: Against All Odds	Diary with Ken Shamrock	Tristar Stories - Calderwood and Duffy	IMPACT in 60 - Brian Cage	IMPACT in 60 - Tara	Pancrase in 60 - Bas Rutten	
12:30	Retrospective - Petey Williams	Diary with Ken Shamrock	Immersed - Frankie Kazarian: Against All Odds	Retrospective - Abyss				
13:00	Fight Network Recharged - Nate Andrews Vol. 1	Retrospective - Abyss		Ultimate Strongman 2017 - Team World Championship	IMPACT in 60 - Tara	CarJitsu Championship	It's Showtime Special	
13:30		After The Fight - GLORY 58 Chicago						
14:00	Fight Network Recharged - Greg Rebello	Bare Knuckle Boxing 27	IMPACT on Spike S7	UK's Strongest Man 2021 - Part 3/5	IMPACT on Spike S7	CarJitsu Championship		
14:30								
15:00	Fight Network Recharged - First Round KOs			IMPACT on Spike S7	World Armwrestling League	IMPACT on Spike S7	Pancrase in 60 - Bas Rutten	
15:30								
16:00	Fight Network Recharged - Super Submissions Vol. 1			IMPACT in 60 - Brian Cage	IMPACT on Spike S7	Fight Network Recharged - Nate Andrews Vol. 1	SlapFIGHT Championship	
16:30								
17:00	It's Showtime Special	Fight Network Recharged - Nate Andrews Vol. 1	Immersed - Frankie Kazarian: Against All Odds	IMPACT in 60 - Tara		Fight Network Recharged - First Round KOs	Bare Knuckle Boxing 27	
17:30			Retrospective - Abyss					
18:00	Pancrase in 60 - Bas Rutten	Fight Network Recharged - Greg Rebello	IMPACT in 60 - Brian Cage	TNA iMPACT! S25	SlapFIGHT Championship	Fight Network Recharged - Greg Rebello		
18:30								
19:00	Retrospective - Abyss	Fight Network Recharged - First Round KOs	IMPACT in 60 - Tara					
19:30	After The Fight - GLORY 58 Chicago							
20:00	Diary with Ken Shamrock	Fight Network Recharged - Super Submissions Vol. 1	TNA iMPACT! S25	Fight Network Recharged - First Round KOs	Chest Chop: PLN's Friday Nights Fights	BKFC Ice Wars 2: River Cree Rumble	Fight Network Recharged - First Round KOs	
20:30	Immersed - Frankie Kazarian: Against All Odds							
21:00	CarJitsu Championship	Pancrase in 60 - Bas Rutten		International Wrestling Syndicate	BKFC 27	Immersed - Frankie Kazarian: Against All Odds	BKFC 27	Fight Network Recharged - Super Submissions Vol. 1
21:30								
22:00		It's Showtime Special	Classic All-Star Wrestling		BYB: Bare Knuckle Brawls - BYB: Sometimes You're the Hammer...	Diary with Ken Shamrock	BYB: Bare Knuckle Brawls - BYB: Sometimes You're the Hammer...	
22:30								
23:00	SlapFIGHT Championship	Retrospective - Abyss	ROH Classics	BKFC Ice Wars 2: River Cree Rumble	BYB 25	Fight Network Recharged - Super Submissions Vol. 1		
23:30		Tristar Stories - Calderwood and Duffy						
0:00	Chest Chop: PLN's Friday Nights Fights	Diary with Ken Shamrock	Heroes of Lucha Libre	Immersed - Frankie Kazarian: Against All Odds		TNA Xplosion	BYB 25	
0:30		Immersed - Frankie Kazarian: Against All Odds						
1:00		BYB: Bare Knuckle Brawls - Super Middleweight Monsters: Liera vs. Jett	Heroes of Lucha Libre	World Armwrestling League	IMPACT in 60 - Brian Cage	BKFC Fight Night Mohegan Sun Prelims		
1:30								
2:00	Tristar Stories - Calderwood and Duffy	BYB 24	Ultimate Strongman 2017 - Team World Championship	IMPACT on Spike S7	TNA iMPACT! S25	BKFC Fight Night Mohegan Sun	IMPACT in 60 - Brian Cage	
2:30			UK's Strongest Man 2021 - Part 3/5					
3:00	Fight Network Recharged - Nate Andrews Vol. 1		World Armwrestling League	IMPACT on Spike S7	IMPACT in 60 - Brian Cage		Fight Network Recharged - Nate Andrews Vol. 1	
3:30								
4:00	Fight Network Recharged - Greg Rebello	Fight Network Recharged - Nate Andrews Vol. 1	Pancrase in 60 - Bas Rutten	IMPACT on Spike S7	Diary with Ken Shamrock	Immersed - Frankie Kazarian: Against All Odds	Fight Network Recharged - Greg Rebello	
4:30								
5:00	Fight Network Recharged - First Round KOs	Fight Network Recharged - Nate Andrews Vol. 1	Pancrase in 60 - Bas Rutten	IMPACT on Spike S7	Diary with Ken Shamrock	Immersed - Frankie Kazarian: Against All Odds	Fight Network Recharged - Greg Rebello	
5:30								



Eastern	MONDAY Dec 29, 2025	TUESDAY Dec 30, 2025	WEDNESDAY Dec 31, 2025	THURSDAY Jan 1, 2026	FRIDAY Jan 2, 2026	SATURDAY Jan 3, 2026	SUNDAY Jan 4, 2026		
6:00	Fight Network Recharged - First Round KOs	It's Showtime Special	Abu Dhabi Grand Slam Rio 2018 - Part 4/8	Retrospective - Moose	Diary with Cain Velasquez	Fight Network Recharged - Super Submissions Vol. 2	Ultimate Strongman 2017 - Masters World Championship		
6:30				After The Fight - GLORY 59 Amsterdam	Immersed - Leon Slater				
7:00	Fight Network Recharged - Super Submissions Vol. 1	Abu Dhabi Grand Slam Rio 2018 - Part 4/8	Pancrase in 60 - Yuki Kondo	Diary with Cain Velasquez	Retrospective - Moose	Fight Network Recharged - Super Submissions Vol. 3	UK's Strongest Man 2021 - Part 4/5		
7:30				Immersed - Leon Slater	Tristar Stories - A Day with Firas Zahabi				
8:00	IJF 2025: Guadalajara Grand Prix Part 2/6	IJF 2025: Guadalajara Grand Prix Part 4/6	IJF 2025: Guadalajara Grand Prix Part 6/6	IJF 2025: Zagreb Grand Prix Part 1/6	IJF 2025: Zagreb Grand Prix Part 3/6	Fight Network Recharged - CES Knockouts Vol. 1	World Armwrestling League		
8:30									
9:00	IJF 2025: Guadalajara Grand Prix Part 3/6	IJF 2025: Guadalajara Grand Prix Part 5/6	IJF 2025: Zagreb Grand Prix Part 1/6	IJF 2025: Zagreb Grand Prix Part 2/6	IJF 2025: Zagreb Grand Prix Part 4/6	Fight Network Recharged - Lion Fight Knockouts Vol. 1	Abu Dhabi Grand Slam Rio 2018 - Part 4/8		
9:30									
10:00	Diary with Ken Shamrock	IMPACT in 60 - Tara	It's Showtime Special	Fight Network Recharged - Super Submissions Vol. 2	Fight Network Recharged - CES Knockouts Vol. 1	Pancrase in 60 - Yuki Kondo	Retrospective - Moose		
10:30	Immersed - Frankie Kazarian: Against All Odds						Tristar Stories - A Day with Firas Zahabi		
11:00	Retrospective - Abyss	Carjitsu Championship	IMPACT in 60 - Brian Cage	Fight Network Recharged - Super Submissions Vol. 3	Fight Network Recharged - Lion Fight Knockouts Vol. 1	IMPACT in 60 - Killer Kross	After The Fight - GLORY 59 Amsterdam		
11:30	After The Fight - GLORY 58 Chicago						Immersed - Leon Slater		
12:00	Tristar Stories - A Day with Firas Zahabi	Immersed - Leon Slater	Diary with Cain Velasquez	Tristar Stories - A Day with Firas Zahabi	IMPACT in 60 - Killer Kross	IMPACT in 60 - Mixed Tag-Team Matches	Pancrase in 60 - Yuki Kondo		
12:30	Bumps & Bites	Diary with Cain Velasquez	Immersed - Leon Slater	Retrospective - Moose					
13:00	Fight Network Recharged - Super Submissions Vol. 2	Retrospective - Moose	IMPACT on Spike S7	Ultimate Strongman 2017 - Masters World Championship	IMPACT in 60 - Mixed Tag-Team Matches	Fight Network Recharged - Super Submissions Vol. 2	It's Showtime Special		
13:30		After The Fight - GLORY 59 Amsterdam							
14:00	Fight Network Recharged - Super Submissions Vol. 3	Bare Knuckle Boxing 28	IMPACT on Spike S7	UK's Strongest Man 2021 - Part 4/5	IMPACT on Spike S7	Immersed - Leon Slater	Carjitsu Championship		
14:30						Diary with Cain Velasquez			
15:00	Fight Network Recharged - CES Knockouts Vol. 1			World Armwrestling League		IMPACT on Spike S7	Retrospective - Moose	SlapFIGHT Championship	
15:30					After The Fight - GLORY 59 Amsterdam				
16:00	Fight Network Recharged - Lion Fight Knockouts Vol. 1			IMPACT in 60 - Killer Kross	IMPACT on Spike S7	Fight Network Recharged - Super Submissions Vol. 2	Bumps & Bites		
16:30							Diary with Cain Velasquez		
17:00	It's Showtime Special	Fight Network Recharged - Super Submissions Vol. 2	Immersed - Leon Slater	IMPACT in 60 - Mixed Tag-Team Matches	Fight Network Recharged - CES Knockouts Vol. 1	Bare Knuckle Boxing 28			
17:30			Retrospective - Moose						
18:00	Pancrase in 60 - Yuki Kondo	Fight Network Recharged - Super Submissions Vol. 3	IMPACT in 60 - Killer Kross	TNA iMPACT! S25	Carjitsu Championship	Fight Network Recharged - Super Submissions Vol. 3	Bare Knuckle Boxing 28		
18:30									
19:00	Retrospective - Moose	Fight Network Recharged - CES Knockouts Vol. 1	IMPACT in 60 - Mixed Tag-Team Matches		SlapFIGHT Championship	BKFC Ice Wars 3: Bare Knuckle Brawls	Fight Network Recharged - CES Knockouts Vol. 1		
19:30	After The Fight - GLORY 59 Amsterdam								
20:00	Diary with Cain Velasquez	Fight Network Recharged - Lion Fight Knockouts Vol. 1	TNA iMPACT! S25	Fight Network Recharged - CES Knockouts Vol. 1	Ultimate Tire Wrestling: PLN's Friday Night Fights	BKFC 28	Fight Network Recharged - Lion Fight Knockouts Vol. 1		
20:30	Immersed - Leon Slater								
21:00	Carjitsu Championship	Pancrase in 60 - Yuki Kondo		International Wrestling Syndicate	BKFC 28	BYB: Bare Knuckle Brawls - BYB 11: Brawl in Doral	BKFC 28	BYB: Bare Knuckle Brawls - BYB 11: Brawl in Doral	
21:30									
22:00	SlapFIGHT Championship	It's Showtime Special	Classic All-Star Wrestling	BKFC Ice Wars 3: Bare Knuckle Brawls	BYB 26	Diary with Cain Velasquez	BYB 26		
22:30									
23:00	Ultimate Tire Wrestling: PLN's Friday Night Fights	Retrospective - Moose	ROH Classics	BKFC Ice Wars 3: Bare Knuckle Brawls		Fight Network Recharged - Lion Fight Knockouts Vol. 1			
23:30		Tristar Stories - A Day with Firas Zahabi							
0:00		Diary with Cain Velasquez	Heroes of Lucha Libre					Fight Network Recharged - Super Submissions Vol. 2	IMPACT in 60 - Killer Kross
0:30		Immersed - Leon Slater							
1:00	Pancrase in 60 - Yuki Kondo	BYB: Bare Knuckle Brawls - BYB: Sometimes You're the Hammer...	Heroes of Lucha Libre	Immersed - Leon Slater	Retrospective - Moose	Fight Network Recharged - Super Submissions Vol. 2	IMPACT in 60 - Mixed Tag-Team Matches		
1:30									
2:00	Bumps & Bites	BYB 25	Ultimate Strongman 2017 - Masters World Championship	IMPACT on Spike S7	TNA iMPACT! S25	Fight Network Recharged - Super Submissions Vol. 3	IMPACT in 60 - Killer Kross		
2:30	Tristar Stories - A Day with Firas Zahabi		UK's Strongest Man 2021 - Part 4/5						
3:00	Fight Network Recharged - Super Submissions Vol. 2		World Armwrestling League	IMPACT on Spike S7	IMPACT in 60 - Killer Kross	It's Showtime Special	Fight Network Recharged - Super Submissions Vol. 2		
3:30									
4:00	Fight Network Recharged - Super Submissions Vol. 3		Pancrase in 60 - Yuki Kondo		Diary with Cain Velasquez	Immersed - Leon Slater	Fight Network Recharged - Super Submissions Vol. 3		
4:30									
5:00	Fight Network Recharged - CES Knockouts Vol. 1	Fight Network Recharged - Super Submissions Vol. 2			Immersed - Leon Slater	Diary with Cain Velasquez	Fight Network Recharged - Super Submissions Vol. 3		
5:30									