



Eastern	MONDAY Aug 17, 2026	TUESDAY Aug 18, 2026	WEDNESDAY Aug 19, 2026	THURSDAY Aug 20, 2026	FRIDAY Aug 21, 2026	SATURDAY Aug 22, 2026	SUNDAY Aug 23, 2026				
6:00	Fight Network Recharged - French Muay Thai	It's Showtime Special	PGF Documentaries	Retrospective - Joe Valtellini Part 2	Diary: Rosemary	International Sumo League	Ultimate Strongman 2017 - The Battle of Britain				
6:30				After The Fight - GLORY 56 Denver	Immersed - Cody Deaner: Part 2						
7:00	Fight Network Recharged - 'Smokin' Joe Nattawut Part 3	Abu Dhabi Grand Slam Rio Part 1/4	Pro Grapplers Federation	Diary: Rosemary	Fight Network Recharged - Lion Fights Knockouts Part 14	Fight Network Recharged - Brett Hlavacek	Pancrase in 60 - Carlos Condit				
7:30				Immersed - Cody Deaner: Part 2							
8:00	Retrospective - Joe Valtellini Part 1	Tristar Stories - The History	ISKA 2026: US Open - World Breaking Championship	Pancrase in 60 - Carlos Condit	Fight Network Recharged - Lion Fights Knockouts Part 13	Retrospective - Joe Valtellini Part 2	ISKA 2026: US Open - World Breaking Championship				
8:30	After The Fight - GLORY 55 New York	After The Fight - GLORY 56 Denver				After The Fight - GLORY 56 Denver					
9:00	Pancrase in 60 - UFC Champions	Fight Network Recharged - Brett Hlavacek	Fight Network Recharged - Jorina Baars	It's Showtime Special	Fight Network Recharged - Jorina Baars	It's Showtime Special	Fight Network Recharged - Brett Hlavacek				
9:30											
10:00	PGF Documentaries	Pancrase in 60 - Carlos Condit	Abu Dhabi Grand Slam Rio Part 1/4	IMPACT in 60 - The Naturals	After The Fight - GLORY 56 Denver	Pancrase in 60 - Carlos Condit	Diary: Rosemary				
10:30					Tristar Stories - The History		Tristar Stories - The History				
11:00	Pro Grapplers Federation	Diary: Rosemary	Pancrase in 60 - Carlos Condit	IMPACT in 60 - Best of D'Lo Brown	Fight Network Recharged - Brett Hlavacek	IMPACT in 60 - The Naturals	After The Fight - GLORY 56 Denver				
11:30		Immersed - Cody Deaner: Part 2					Immersed - Cody Deaner: Part 2				
12:00	Tristar Stories - The History	Retrospective - Joe Valtellini Part 2	Diary: Rosemary	Tristar Stories - The History	IMPACT in 60 - The Naturals	IMPACT in 60 - Best of D'Lo Brown	Pancrase in 60 - Carlos Condit				
12:30	Immersed - KC Navarro: Worth the Fight	Immersed - KC Navarro: Worth the Fight	After The Fight - GLORY 56 Denver	Retrospective - Joe Valtellini Part 2							
13:00	Fight Network Recharged - Lion Fights Knockouts Part 13	ISKA 2026: US Open - World Breaking Championship	IMPACT on Spike S9	Ultimate Strongman 2017 - The Battle of Britain	IMPACT in 60 - Best of D'Lo Brown	Fight Network Recharged - Lion Fights Knockouts Part 13	It's Showtime Special				
13:30				UK's Strongest Man 2020 - Part 2/5							
14:00	Fight Network Recharged - Lion Fights Knockouts Part 14	Fight Network Recharged - Lion Fights Knockouts Part 13		IMPACT on Spike S9	World Armwrestling League	IMPACT on Spike S9	Immersed - Cody Deaner: Part 2	Fight Network Recharged - Lion Fights Knockouts Part 13			
14:30							Diary: Rosemary				
15:00	Fight Network Recharged - Jorina Baars	Fight Network Recharged - Lion Fights Knockouts Part 14	IMPACT on Spike S9		IMPACT in 60 - The Naturals	IMPACT on Spike S9	Retrospective - Joe Valtellini Part 2	Fight Network Recharged - Lion Fights Knockouts Part 14			
15:30							After The Fight - GLORY 56 Denver				
16:00	Fight Network Recharged - Brett Hlavacek	Fight Network Recharged - Jorina Baars		IMPACT in 60 - The Naturals	IMPACT on Spike S9	IMPACT on Spike S9	Fight Network Recharged - Lion Fights Knockouts Part 13	IMPACT in 60 - Best of D'Lo Brown			
16:30											
17:00	It's Showtime Special	Fight Network Recharged - Brett Hlavacek	Immersed - Cody Deaner: Part 2		IMPACT in 60 - Best of D'Lo Brown	IMPACT on Spike S9	Fight Network Recharged - Jorina Baars	BKB 52: No Turning Back			
17:30			Retrospective - Joe Valtellini Part 2								
18:00	Pancrase in 60 - Carlos Condit	Pancrase in 60 - Carlos Condit	Fight Network Recharged - Lion Fights Knockouts Part 13	TNA IMPACT! S26	BKFC Fight Night Mohegan Sun: Henry vs. Trinidad Prelims LIVE!	It's Showtime Special					
18:30											
19:00	Retrospective - Joe Valtellini Part 2	It's Showtime Special	IMPACT in 60 - The Naturals		Fight Network Recharged - Jorina Baars	Fight Network Recharged - Lion Fights Knockouts Part 14					
19:30	After The Fight - GLORY 56 Denver										
20:00	Diary: Rosemary	BKB 52: No Turning Back	IMPACT in 60 - Best of D'Lo Brown	Fight Network Recharged - Jorina Baars	Fight Network Recharged - Brett Hlavacek	Pancrase in 60 - Carlos Condit	Fight Network Recharged - Jorina Baars				
20:30	Immersed - Cody Deaner: Part 2										
21:00	Carjitsu Championship		BKB 52: No Turning Back	TNA IMPACT! S26	BKFC 56	Dog or Pass Podcast	BKFC Fight Night Newcastle: Garside vs. Taylor Prelims	Fight Network Recharged - Brett Hlavacek			
21:30											
22:00	SlapFIGHT Championship: Friday Night Fights	Retrospective - Joe Valtellini Part 2			International Wrestling Syndicate	BKFC Fight Night Sturgis: Acheson vs. Jones Prelims	Immersed - Cody Deaner: Part 2	BKFC Fight Night Newcastle: Garside vs.	BYB: Bare Knuckle Brawls - BYB 11: Brawl in Doral		
22:30											
23:00			Tristar Stories - The History	Classic All-Star Wrestling		BKFC Fight Night Sturgis: Acheson vs. Jones	BKFC Fight Night Sturgis: Acheson vs. Jones		BKFC Fight Night Sturgis: Acheson vs. Jones	BKFC Fight Night Sturgis: Acheson vs. Jones Prelims	
23:30											
0:00	Diary: Rosemary	Heroes of Lucha Libre	BKFC Fight Night Sturgis: Acheson vs. Jones	BKFC Fight Night Sturgis: Acheson vs. Jones	BKFC Fight Night Sturgis: Acheson vs. Jones			BKFC Fight Night Sturgis: Acheson vs. Jones Prelims			
0:30											Immersed - Cody Deaner: Part 2
1:00	BKFC Fight Night Sturgis: Acheson vs. Jones	BYB: Bare Knuckle Brawls - BYB: Sometimes You're the Hammer...				Heroes of Lucha Libre	IMPACT in 60 - The Naturals		Dog or Pass Podcast	Retrospective - Joe Valtellini Part 2	BKFC Fight Night Sturgis: Acheson vs. Jones
1:30											
2:00											
2:30											
2:30	Retrospective - Joe Valtellini Part 2	Ultimate Strongman 2017 - The Battle of Britain	UK's Strongest Man 2020 - Part 2/5	IMPACT in 60 - The Naturals	TNA IMPACT! S26	Immersed - KC Navarro: Worth the Fight	Fight Network Recharged - Lion Fights Knockouts Part 13				
3:00											
3:30											
4:00											
4:30	Fight Network Recharged - Lion Fights Knockouts Part 14	World Armwrestling League	IMPACT in 60 - Best of D'Lo Brown	UK's Strongest Man 2020 - Part 2/5	IMPACT in 60 - The Naturals	UK's Strongest Man 2020 - Part 2/5	Fight Network Recharged - Lion Fights Knockouts Part 14				
5:00											
5:30	Fight Network Recharged - Jorina Baars	Fight Network Recharged - Lion Fights Knockouts Part 13	World Armwrestling League	IMPACT in 60 - Best of D'Lo Brown	UK's Strongest Man 2020 - Part 2/5	Fight Network Recharged - Lion Fights Knockouts Part 14					



Eastern	MONDAY Aug 24, 2026	TUESDAY Aug 25, 2026	WEDNESDAY Aug 26, 2026	THURSDAY Aug 27, 2026	FRIDAY Aug 28, 2026	SATURDAY Aug 29, 2026	SUNDAY Aug 30, 2026			
6:00	Fight Network Recharged - Jorina Baars	It's Showtime Special	PGF Documentaries	Retrospective - Valentina Shevchenko Part 1	Diary: Bhupinder Gujjar	International Sumo League	Ultimate Strongman 2018 - Team World Championship			
6:30				After The Fight - UFC 228	Immersed - Ash by Elegance					
7:00	Fight Network Recharged - Brett Hlavacek	Abu Dhabi Grand Slam Rio Part 2/4	Pro Grapplers Federation	Diary: Bhupinder Gujjar	Fight Network Recharged - Tiffany Van Soest	Fight Network Recharged - Julian Lane	Pancrase in 60 - UFC Veterans			
7:30				Immersed - Ash by Elegance						
8:00	Retrospective - Joe Valtellini Part 2	Tristar Stories - GSP and the Next Generation	ISKA 2026: US Open - Part 1/3	Pancrase in 60 - UFC Veterans	Fight Network Recharged - Lion Fights Knockouts Part 15	Retrospective - Valentina Shevchenko Part 1	ISKA 2026: US Open - Part 1/3			
8:30	After The Fight - GLORY 56 Denver					After The Fight - UFC 228		After The Fight - UFC 228		
9:00	Pancrase in 60 - Carlos Condit	Fight Network Recharged - Julian Lane	Fight Network Recharged - Regian Eersel	It's Showtime Special	Fight Network Recharged - Regian Eersel	It's Showtime Special	Fight Network Recharged - Julian Lane			
9:30										
10:00	PGF Documentaries	Pancrase in 60 - UFC Veterans	Abu Dhabi Grand Slam Rio Part 2/4	IMPACT in 60 - Jade	After The Fight - UFC 228	Pancrase in 60 - UFC Veterans	Diary: Bhupinder Gujjar			
10:30					Tristar Stories - GSP and the Next Generation		Tristar Stories - GSP and the Next Generation			
11:00	Pro Grapplers Federation	Diary: Bhupinder Gujjar	Pancrase in 60 - UFC Veterans	IMPACT in 60 - Best of Doc Gallows	Fight Network Recharged - Julian Lane	IMPACT in 60 - Jade	After The Fight - UFC 228			
11:30		Immersed - Ash by Elegance					Immersed - Ash by Elegance			
12:00	Tristar Stories - GSP and the Next Generation	Retrospective - Valentina Shevchenko Part 1	Diary: Bhupinder Gujjar	Tristar Stories - GSP and the Next Generation	IMPACT in 60 - Jade	IMPACT in 60 - Best of Doc Gallows	Pancrase in 60 - UFC Veterans			
12:30	Immersed - Joe Hendry: TNA World Champion	Immersed - Joe Hendry: TNA World Champion	After The Fight - UFC 228	Retrospective - Valentina Shevchenko Part 1						
13:00	Fight Network Recharged - Lion Fights Knockouts Part 15	ISKA 2026: US Open - Part 1/3	IMPACT on Spike S9	Ultimate Strongman 2018 - Team World Championship	IMPACT in 60 - Best of Doc Gallows	Fight Network Recharged - Lion Fights Knockouts Part 15	It's Showtime Special			
13:30										
14:00	Fight Network Recharged - Tiffany Van Soest	Fight Network Recharged - Lion Fights Knockouts Part 15	IMPACT on Spike S9	UK's Strongest Man 2020 - Part 3/5	IMPACT on Spike S9	Immersed - Ash by Elegance	Fight Network Recharged - Lion Fights Knockouts Part 15			
14:30				Diary: Bhupinder Gujjar						
15:00	Fight Network Recharged - Regian Eersel	Fight Network Recharged - Tiffany Van Soest	IMPACT on Spike S9	World Armwrestling League	IMPACT on Spike S9	Retrospective - Valentina Shevchenko Part 1	Fight Network Recharged - Tiffany Van Soest			
15:30				After The Fight - UFC 228						
16:00	Fight Network Recharged - Julian Lane	Fight Network Recharged - Regian Eersel	IMPACT in 60 - Jade	IMPACT in 60 - Jade	IMPACT on Spike S9	Fight Network Recharged - Lion Fights Knockouts Part 15	IMPACT in 60 - Best of Doc Gallows			
16:30										
17:00	It's Showtime Special	Fight Network Recharged - Julian Lane	Immersed - Ash by Elegance	IMPACT in 60 - Best of Doc Gallows	IMPACT on Spike S9	Fight Network Recharged - Regian Eersel	BKB 54: Mayhem in Manchester			
17:30			Retrospective - Valentina Shevchenko Part 1							
18:00	Pancrase in 60 - UFC Veterans	Pancrase in 60 - UFC Veterans	Fight Network Recharged - Lion Fights Knockouts Part 15	TNA iMPACT! S26	Fight Network Recharged - Tiffany Van Soest	It's Showtime Special	BKB 54: Mayhem in Manchester			
18:30										
19:00	Retrospective - Valentina Shevchenko Part 1	It's Showtime Special	IMPACT in 60 - Jade	TNA iMPACT! S26	Fight Network Recharged - Regian Eersel	BKFC 92 Boston Prelims LIVE!	BYB: Bare Knuckle Brawls - Heavyweight Championship: Linderman vs. Villanueva			
19:30	After The Fight - UFC 228									
20:00	Diary: Bhupinder Gujjar	BKB 54: Mayhem in Manchester	IMPACT in 60 - Best of Doc Gallows	Fight Network Recharged - Regian Eersel	Fight Network Recharged - Julian Lane	Pancrase in 60 - UFC Veterans	Fight Network Recharged - Regian Eersel			
20:30	Immersed - Ash by Elegance									
21:00	Carjitsu Championship	BKB 54: Mayhem in Manchester	TNA iMPACT! S26	BKFC 57	Dog or Pass Podcast	BKFC Fight Night Mohegan Sun: Henry vs. Trinidad Prelims	Fight Network Recharged - Julian Lane			
21:30										
22:00	SlapFIGHT Championship: PLN Friday Night Fights	Retrospective - Valentina Shevchenko Part 1	International Wrestling Syndicate	BKFC 90 Birmingham Prelims	Immersed - Ash by Elegance	BKFC Fight Night Mohegan Sun: Henry vs.	BYB: Bare Knuckle Brawls - Heavyweight Championship: Linderman vs. Villanueva			
22:30										
23:00										
23:30										
0:00	BKFC Fight Night Sturgis: Acheson vs. Jones	Diary: Bhupinder Gujjar	Heroes of Lucha Libre	BKFC 90 Birmingham	BKB 55: Carnage in Cardiff	BKFC 57	BKB 55: Carnage in Cardiff			
0:30		Immersed - Ash by Elegance								
1:00		BYB: Bare Knuckle Brawls - BYB 11: Brawl in Doral	Heroes of Lucha Libre	Dog or Pass Podcast				BKFC 90 Birmingham Prelims	BKFC Fight Night Mohegan Sun: Henry vs.	BYB: Bare Knuckle Brawls - Heavyweight Championship: Linderman vs. Villanueva
1:30										
2:00	Retrospective - Valentina Shevchenko Part 1	ROH Classics	Dog or Pass Podcast	Retrospective - Valentina Shevchenko Part 1	BKFC 90 Birmingham Prelims	IMPACT in 60 - Jade	IMPACT in 60 - Best of Doc Gallows			
2:30										
3:00	Fight Network Recharged - Lion Fights Knockouts Part 15	BKB 53: The Harder They Fall	Ultimate Strongman 2018 - Team World Championship	Retrospective - Valentina Shevchenko Part 1	After The Fight - UFC 228	BKFC 90 Birmingham	IMPACT in 60 - Best of Doc Gallows			
3:30										
4:00	Fight Network Recharged - Tiffany Van Soest	UK's Strongest Man 2020 - Part 3/5	IMPACT in 60 - Jade	TNA iMPACT! S26	BKFC 90 Birmingham	Fight Network Recharged - Lion Fights Knockouts Part 15				
4:30										
5:00	Fight Network Recharged - Regian Eersel	Fight Network Recharged - Lion Fights Knockouts Part 15	World Armwrestling League	IMPACT in 60 - Best of Doc Gallows	TNA iMPACT! S26	Fight Network Recharged - Tiffany Van Soest				
5:30										