



FIGHT NETWORK

Eastern	MONDAY Mar 16, 2026	TUESDAY Mar 17, 2026	WEDNESDAY Mar 18, 2026	THURSDAY Mar 19, 2026	FRIDAY Mar 20, 2026	SATURDAY Mar 21, 2026	SUNDAY Mar 22, 2026					
6:00	Fight Network Recharged - Cosmo Alexandre	It's Showtime Special	PGF Documentaries	Retrospective - Eric Young	Diary: Rosemary	Fight Network Recharged - Malaipet Sasiprapa Part 2	Ultimate Strongman 2017 - The Battle of Britain					
6:30				After The Fight - UFC 231	Immersed - Cody Deaner: Part 1							
7:00	Fight Network Recharged - Malaipet Sasiprapa Part 1	Abu Dhabi Grand Slam UAE 2019 Part 7/10	Pro Grapplers Federation	Diary: Rosemary	Fight Network Recharged - Nick Chasteen	Fight Network Recharged - Gaston Bolanos Part 2	World Armwrestling League					
7:30				Immersed - Cody Deaner: Part 1								
8:00	IJF 2026: Paris Grand Slam Part 1/4	IJF 2026: Paris Grand Slam Part 3/4	IJF 2026: IJF Tashkent Grand Slam Part 1/6	IJF 2026: IJF Tashkent Grand Slam Part 3/6	Fight Network Recharged - Gaston Bolanos Part 2	Pancrase in 60 - Ricardo Almeida	Fight Network Recharged - Gaston Bolanos Part 2					
8:30												
9:00	IJF 2026: Paris Grand Slam Part 2/4	IJF 2026: Paris Grand Slam Part 4/4	IJF 2026: IJF Tashkent Grand Slam Part 2/6	IJF 2026: IJF Tashkent Grand Slam Part 4/6	IJF Tbilisi Grand Slam Day 1 LIVE!	IJF Tbilisi Grand Slam Day 2 LIVE!	IJF Tbilisi Grand Slam Day 3 LIVE!					
9:30												
10:00	PGF Documentaries	Pancrase in 60 - Ricardo Almeida	Abu Dhabi Grand Slam UAE 2019 Part 7/10	IMPACT in 60 - Clockwork Orange House of Fun	IMPACT in 60 - X-Division Championship	IMPACT in 60 - Clockwork Orange House of Fun	Immersed - Cody Deaner: Part 1					
10:30												
11:00	Pro Grapplers Federation	Diary: Rosemary	Pancrase in 60 - Ricardo Almeida	IMPACT in 60 - X-Division Championship	Retrospective - Eric Young	IMPACT in 60 - Clockwork Orange House of Fun	Immersed - Cody Deaner: Part 1					
11:30		Immersed - Cody Deaner: Part 1										
12:00	Tristar Stories - Calderwood and Duffy	Retrospective - Eric Young	Diary: Rosemary	Tristar Stories - Calderwood and Duffy	IMPACT in 60 - Clockwork Orange House of Fun	IMPACT in 60 - X-Division Championship	Pancrase in 60 - Ricardo Almeida					
12:30	Immersed - Leon Slater	Bumps & Bites	After The Fight - UFC 231	Retrospective - Eric Young	IMPACT in 60 - X-Division Championship	IMPACT in 60 - X-Division Championship	It's Showtime Special					
13:00	Fight Network Recharged - Malaipet Sasiprapa Part 2	Tristar Stories - Calderwood and Duffy	IMPACT on Spike S8	Ultimate Strongman 2017 - The Battle of Britain								
13:30		After The Fight - UFC 231		UK's Strongest Man 2013 - Part 5/5								
14:00	Fight Network Recharged - Women of Muay Thai	Fight Network Recharged - Malaipet Sasiprapa Part 2	IMPACT on Spike S8	World Armwrestling League	IMPACT on Spike S8	Immersed - Cody Deaner: Part 1	Fight Network Recharged - Malaipet Sasiprapa Part 2					
14:30						Diary: Rosemary						
15:00	Fight Network Recharged - Nick Chasteen	Fight Network Recharged - Women of Muay Thai	IMPACT on Spike S8	World Armwrestling League	IMPACT on Spike S8	Retrospective - Eric Young	Fight Network Recharged - Women of Muay Thai					
15:30						After The Fight - UFC 231						
16:00	Fight Network Recharged - Gaston Bolanos Part 2	Fight Network Recharged - Nick Chasteen	Immersed - Cody Deaner: Part 1	IMPACT in 60 - Clockwork Orange House of Fun	IMPACT on Spike S8	Fight Network Recharged - Malaipet Sasiprapa Part 2	Bumps & Bites					
16:30							Diary: Rosemary					
17:00	It's Showtime Special	Fight Network Recharged - Gaston Bolanos Part 2	Immersed - Cody Deaner: Part 1	IMPACT in 60 - X-Division Championship	IMPACT on Spike S8	Fight Network Recharged - Nick Chasteen	BKB 40: Cardiff Brawl III					
17:30			Retrospective - Eric Young									
18:00	Pancrase in 60 - Ricardo Almeida	Pancrase in 60 - Ricardo Almeida	Bumps & Bites	TNA iMPACT! S26	It's Showtime Special	Fight Network Recharged - Women of Muay Thai	BKB 40: Cardiff Brawl III					
18:30			Tristar Stories - Calderwood and Duffy									
19:00	Retrospective - Eric Young	It's Showtime Special	IMPACT in 60 - Clockwork Orange House of Fun	TNA iMPACT! S26	BKFC 87 Prelims LIVE!	IMPACT in 60 - X-Division Championship	BKB 40: Cardiff Brawl III					
19:30	After The Fight - UFC 231											
20:00	Diary: Rosemary	BKB 40: Cardiff Brawl III	IMPACT in 60 - X-Division Championship	Fight Network Recharged - Nick Chasteen	SlapFIGHT Championship	IMPACT in 60 - Clockwork Orange House of Fun	Fight Network Recharged - Nick Chasteen					
20:30	Immersed - Cody Deaner: Part 1											
21:00	Carjitsu Championship	BKB 40: Cardiff Brawl III	TNA iMPACT! S26	BKFC 36	Pancrase in 60 - Ricardo Almeida	BKFC Fight Night Newcastle Prelims	Fight Network Recharged - Gaston Bolanos Part 2					
21:30												
22:00	SlapFIGHT Championship	BKB 40: Cardiff Brawl III	TNA iMPACT! S26	BKFC 36	Pancrase in 60 - Ricardo Almeida	BKFC Fight Night Newcastle Prelims	Fight Network Recharged - Gaston Bolanos Part 2					
22:30												
23:00	BKB 39: Brawl at the Beach	Retrospective - Eric Young	International Wrestling Syndicate	BKFC Ice Wars 1: Battle of the Borders	BYB: Bare Knuckle Brawls - BYB's London Debut: Driver vs. Dreiling	BKFC Fight Night Newcastle: Terrill vs.	BYB: Bare Knuckle Brawls - BYB's London Debut: Driver vs. Dreiling					
23:30		Tristar Stories - Calderwood and Duffy	Classic All-Star Wrestling									
0:00		Diary: Rosemary	Heroes of Lucha Libre									
0:30		Immersed - Cody Deaner: Part 1	Heroes of Lucha Libre									
1:00		BYB: Bare Knuckle Brawls - BYB Welterweight Championship; Guerra vs. Shaffer	Heroes of Lucha Libre									
1:30			Heroes of Lucha Libre									
2:00	Untold Story of Simon "The One" Marcus: The	BKB 39: Brawl at the Beach	ROH Classics	Dog or Pass Podcast	Dog or Pass Podcast	Fight Network Recharged - Women of Muay Thai	IMPACT in 60 - Clockwork Orange House of Fun					
2:30	Retrospective - Eric Young											
3:00	Fight Network Recharged - Malaipet Sasiprapa Part 2							Ultimate Strongman 2017 - The Battle of Britain	Retrospective - Eric Young	TNA iMPACT! S26	Fight Network Recharged - Nick Chasteen	IMPACT in 60 - X-Division Championship
3:30												
4:00	Fight Network Recharged - Women of Muay Thai							UK's Strongest Man 2013 - Part 5/5	IMPACT in 60 - Clockwork Orange House of Fun	TNA iMPACT! S26	It's Showtime Special	Fight Network Recharged - Malaipet Sasiprapa Part 2
4:30												
5:00	Fight Network Recharged - Nick Chasteen	Fight Network Recharged - Malaipet Sasiprapa Part 2	World Armwrestling League	IMPACT in 60 - X-Division Championship	Immersed - Cody Deaner: Part 1	Immersed - Cody Deaner: Part 1	Fight Network Recharged - Women of Muay Thai					
5:30						Diary: Rosemary						



FIGHT NETWORK

Eastern	MONDAY Mar 23, 2026	TUESDAY Mar 24, 2026	WEDNESDAY Mar 25, 2026	THURSDAY Mar 26, 2026	FRIDAY Mar 27, 2026	SATURDAY Mar 28, 2026	SUNDAY Mar 29, 2026
6:00	Fight Network Recharged - Nick Chasteen	It's Showtime Special	PGF Documentaries	Retrospective - Miesha Tate	Diary: Bhupinder Gujjar	Fight Network Recharged - Chris Curtis Part 2	Ultimate Strongman 2018 - Team World Championship
6:30				After The Fight - Fight Night Lethbridge	Immersed - Cody Deaner: Part 2		
7:00	Fight Network Recharged - Gaston Bolanos Part 2	Abu Dhabi Grand Slam UAE 2019 Part 8/10	Pro Grapplers Federation	Diary: Bhupinder Gujjar	Fight Network Recharged - French Muay Thai	IMPACT in 60 - Holiday Edition	Pancrase in 60 - First Round Submissions
7:30				Immersed - Cody Deaner: Part 2			
8:00	IJF 2026: IJF Tashkent Grand Slam Part 5/6	IJF 2025: Abu Dhabi Grand Slam Part 1/6	IJF 2025: Abu Dhabi Grand Slam Part 3/6	IJF 2025: Abu Dhabi Grand Slam Part 5/6	IJF 2025: Tokyo Grand Slam Part 1/4	IMPACT in 60 - Beer Money	It's Showtime Special
8:30							
9:00	IJF 2026: IJF Tashkent Grand Slam Part 6/6	IJF 2025: Abu Dhabi Grand Slam Part 2/6	IJF 2025: Abu Dhabi Grand Slam Part 4/6	IJF 2025: Abu Dhabi Grand Slam Part 6/6	IJF 2025: Tokyo Grand Slam Part 2/4	Fight Network Recharged - Jorina Baars	Bumps & Bites
9:30							
10:00	PGF Documentaries	Pancrase in 60 - First Round Submissions	Abu Dhabi Grand Slam UAE 2019 Part 8/10	IMPACT in 60 - Holiday Edition	Fight Network Recharged - 'Smokin' Joe Nattawut Part 3	Pancrase in 60 - First Round Submissions	World Armwrestling League
10:30							Tristar Stories - A Day with Firas Zahabi
11:00	Pro Grapplers Federation	Diary: Bhupinder Gujjar	Pancrase in 60 - First Round Submissions	IMPACT in 60 - Beer Money	Fight Network Recharged - Jorina Baars	IMPACT in 60 - Holiday Edition	After The Fight - Fight Night Lethbridge
11:30		Immersed - Cody Deaner: Part 2					Immersed - Cody Deaner: Part 2
12:00	Tristar Stories - A Day with Firas Zahabi	Retrospective - Miesha Tate	Diary: Bhupinder Gujjar	Tristar Stories - A Day with Firas Zahabi	IMPACT in 60 - Holiday Edition	IMPACT in 60 - Beer Money	Pancrase in 60 - First Round Submissions
12:30	Immersed - Cody Deaner: Part 1	Bumps & Bites	After The Fight - Fight Night Lethbridge	Retrospective - Miesha Tate			
13:00	Fight Network Recharged - Chris Curtis Part 2	Tristar Stories - A Day with Firas Zahabi	IMPACT on Spike S8	Ultimate Strongman 2018 - Team World Championship	IMPACT in 60 - Beer Money	Fight Network Recharged - Chris Curtis Part 2	It's Showtime Special
13:30		After The Fight - Fight Night Lethbridge					
14:00	Fight Network Recharged - French Muay Thai	Fight Network Recharged - Chris Curtis Part 2	IMPACT on Spike S8	UK's Strongest Man 2014	IMPACT on Spike S8	Immersed - Cody Deaner: Part 2	Fight Network Recharged - Chris Curtis Part 2
14:30				Diary: Bhupinder Gujjar			
15:00	Fight Network Recharged - 'Smokin' Joe Nattawut Part 3	Fight Network Recharged - French Muay Thai	IMPACT on Spike S8	World Armwrestling League	IMPACT on Spike S8	Retrospective - Miesha Tate	Fight Network Recharged - French Muay Thai
15:30				After The Fight - Fight Night Lethbridge			
16:00	Fight Network Recharged - Jorina Baars	Fight Network Recharged - 'Smokin' Joe Nattawut Part 3	IMPACT on Spike S8	IMPACT in 60 - Holiday Edition	IMPACT on Spike S8	Fight Network Recharged - Chris Curtis Part 2	Bumps & Bites
16:30				Diary: Bhupinder Gujjar			
17:00	It's Showtime Special	Fight Network Recharged - Jorina Baars	Immersed - Cody Deaner: Part 2	IMPACT in 60 - Beer Money	IMPACT on Spike S8	Fight Network Recharged - 'Smokin' Joe Nattawut Part 3	BKB 42: Music City Brawl
17:30			Retrospective - Miesha Tate				
18:00	Pancrase in 60 - First Round Submissions	Pancrase in 60 - First Round Submissions	Bumps & Bites	TNA iMPACT! S26	CarJitsu Championship	BKFC Fight Night Mohegan Sun Prelims LIVE!	BKB 42: Music City Brawl
18:30			Tristar Stories - A Day with Firas Zahabi				
19:00	Retrospective - Miesha Tate	It's Showtime Special	IMPACT in 60 - Holiday Edition	TNA iMPACT! S26	CarJitsu Championship	Fight Network Recharged - French Muay Thai	BKB 42: Music City Brawl
19:30	After The Fight - Fight Night Lethbridge						
20:00	Diary: Bhupinder Gujjar	BKB 42: Music City Brawl	IMPACT in 60 - Beer Money	Fight Network Recharged - 'Smokin' Joe Nattawut Part 3	SlapFIGHT Championship	TAWF Preseason Game 2 LIVE!	Fight Network Recharged - 'Smokin' Joe Nattawut Part 3
20:30	Immersed - Cody Deaner: Part 2						
21:00	CarJitsu Championship	BKB 42: Music City Brawl	TNA iMPACT! S26	BKFC 39	Pancrase in 60 - First Round Submissions	TAWF Preseason Game 2 LIVE!	Fight Network Recharged - Jorina Baars
21:30							
22:00	CarJitsu Championship	BKB 42: Music City Brawl	TNA iMPACT! S26	BKFC Ice Wars 2: River Cree Rumble	BYB: Bare Knuckle Brawls - BYB's London Debut: Nelson vs. Decastro	TAWF Preseason Game 2 LIVE!	BYB: Bare Knuckle Brawls - BYB's London Debut: Nelson vs. Decastro
22:30							
23:00	SlapFIGHT Championship	Retrospective - Miesha Tate	International Wrestling Syndicate	BKFC Ice Wars 2: River Cree Rumble	BYB: Bare Knuckle Brawls - BYB's London Debut: Nelson vs. Decastro	TAWF Preseason Game 2 LIVE!	BYB: Bare Knuckle Brawls - BYB's London Debut: Nelson vs. Decastro
23:30		Tristar Stories - A Day with Firas Zahabi	Classic All-Star Wrestling				
0:00	BKB 41: Brawl in Duval II	Diary: Bhupinder Gujjar	Heroes of Lucha Libre	BKFC 35	BKB 43: Bolton Brawl	TNA iMPACT! S26	BKB 43: Bolton Brawl
0:30		Immersed - Cody Deaner: Part 2					
1:00	BKB 41: Brawl in Duval II	BYB: Bare Knuckle Brawls - BYB's London Debut: Driver vs. Dreiling	Heroes of Lucha Libre	BKFC 36	BKB 43: Bolton Brawl	TNA Xplosion	Bumps & Bites
1:30							
2:00	BKB 41: Brawl in Duval II	BKB 41: Brawl in Duval II	ROH Classics	Dog or Pass Podcast	Dog or Pass Podcast	BKFC 87 Hollywood Prelims	IMPACT in 60 - Holiday Edition
2:30							
3:00	Fight Network Recharged - Chris Curtis Part 2	BKB 41: Brawl in Duval II	Ultimate Strongman 2018 - Team World Championship	Retrospective - Miesha Tate	TNA iMPACT! S26	BKFC 87 Hollywood: Stewart vs. Gaffie	IMPACT in 60 - Beer Money
3:30							
4:00	Fight Network Recharged - French Muay Thai	BKB 41: Brawl in Duval II	UK's Strongest Man 2014	IMPACT in 60 - Holiday Edition	TNA iMPACT! S26	BKFC 87 Hollywood: Stewart vs. Gaffie	Fight Network Recharged - Chris Curtis Part 2
4:30							
5:00	Fight Network Recharged - 'Smokin' Joe Nattawut Part 3	Fight Network Recharged - Chris Curtis Part 2	World Armwrestling League	IMPACT in 60 - Beer Money	Diary: Bhupinder Gujjar	Fight Network Recharged - French Muay Thai	
5:30					Immersed - Cody Deaner: Part 2		