

Western European Time	MONDAY Mar 23, 2026	TUESDAY Mar 24, 2026	WEDNESDAY Mar 25, 2026	THURSDAY Mar 26, 2026	FRIDAY Mar 27, 2026	SATURDAY Mar 28, 2026	SUNDAY Mar 29, 2026
6:00	PFL Vault	Retrospective - Miesha Tate	BYB: Bare Knuckle Brawls - BYB's London Debut: Driver vs. Dreiling	Heroes of Lucha Libre	PFL Vault	Bellator 222	IMPACT in 60 - Holiday Edition
6:30		After The Fight - Fight Night Lethbridge					
7:00	PFL Vault	Diary: Rosemary	PFL Vault	Heroes of Lucha Libre	PFL Vault	Bellator 222	IMPACT in 60 - Beer Money
7:30		Immersed - Cody Deaner: Part 2					
8:00	Pancrase in 60 - Ricardo Almeida	Fight Network Recharged - Chris Curtis Part 2	PFL Vault	Ultimate Strongman 2018 - Team World Championship	WSOF 13: Moraes vs. Bollinger	Fight Network Recharged - French Muay Thai	Ultimate Strongman 2018 - Team World Championship
8:30							
9:00	Fight Network Recharged - Malaipet Sasiprapa Part 2	Fight Network Recharged - French Muay Thai	Fight Network Recharged - Chris Curtis Part 2	UK's Strongest Man 2014	WSOF 13: Moraes vs. Bollinger	Fight Network Recharged - 'Smokin' Joe Nattawut Part 3	UK's Strongest Man 2014
9:30							
10:00	Fight Network Recharged - Women of Muay Thai	Fight Network Recharged - 'Smokin' Joe Nattawut Part 3	Fight Network Recharged - French Muay Thai	World Armwrestling League	WSOF 13: Moraes vs. Bollinger	Fight Network Recharged - Jorina Baars	World Armwrestling League
10:30							
11:00	Fight Network Recharged - Nick Chasteen	Fight Network Recharged - Jorina Baars	Fight Network Recharged - 'Smokin' Joe Nattawut Part 3	Retrospective - Miesha Tate	Diary: Rosemary	PFL Vault	Diary: Rosemary
11:30				After The Fight - Fight Night Lethbridge	Immersed - Cody Deaner: Part 2		Immersed - Cody Deaner: Part 2
12:00	Fight Network Recharged - Gaston Bolanos Part 2	Abu Dhabi Grand Slam UAE 2019 Part 8/10	Fight Network Recharged - Jorina Baars	Diary: Rosemary	Retrospective - Miesha Tate	Fight Network Recharged - Chris Curtis Part 2	Bellator 281: MVP vs. Storley
12:30				Immersed - Cody Deaner: Part 2	Tristar Stories - A Day with Firas Zahabi		
13:00	IJF 2026: IJF Tashkent Grand Slam Part 3/6	IJF 2026: IJF Tashkent Grand Slam Part 5/6	IJF 2025: Abu Dhabi Grand Slam Part 1/6	IJF 2025: Abu Dhabi Grand Slam Part 3/6	IJF 2025: Abu Dhabi Grand Slam Part 5/6	Fight Network Recharged - French Muay Thai	Bellator 281: MVP vs. Storley
13:30							
14:00	IJF 2026: IJF Tashkent Grand Slam Part 4/6	IJF 2026: IJF Tashkent Grand Slam Part 6/6	IJF 2025: Abu Dhabi Grand Slam Part 2/6	IJF 2025: Abu Dhabi Grand Slam Part 4/6	IJF 2025: Abu Dhabi Grand Slam Part 6/6	Bumps & Bites	Bellator 281: MVP vs. Storley
14:30						After The Fight - Fight Night Lethbridge	
15:00	PGF Documentaries	Pancrase in 60 - First Round Submissions	Tristar Stories - A Day with Firas Zahabi	PFL Vault	PFL Vault	Pancrase in 60 - First Round Submissions	Retrospective - Miesha Tate
15:30			Bumps & Bites				Tristar Stories - A Day with Firas Zahabi
16:00	Pro Grapplers Federation	PFL Vault	PFL Vault	PFL Vault	PFL Vault	IMPACT in 60 - Holiday Edition	Diary: Rosemary
16:30							Immersed - Cody Deaner: Part 2
17:00	Immersed - Cody Deaner: Part 1	Bumps & Bites	After The Fight - Fight Night Lethbridge	Diary: Rosemary	Bellator 221	IMPACT in 60 - Beer Money	Bellator 296: Mousasi vs. Edwards
17:30	Tristar Stories - A Day with Firas Zahabi	Diary: Rosemary	Immersed - Cody Deaner: Part 2	Retrospective - Miesha Tate		Tristar Stories - A Day with Firas Zahabi	
18:00	Fight Network Recharged - Chris Curtis Part 2	Retrospective - Miesha Tate	IMPACT on Spike S8	PFL Vault	Bumps & Bites	Retrospective - Miesha Tate	Bellator 296: Mousasi vs. Edwards
18:30		After The Fight - Fight Night Lethbridge					
19:00	Fight Network Recharged - French Muay Thai	Bellator 281: MVP vs. Storley	IMPACT on Spike S8	Bellator 222	IMPACT in 60 - Beer Money	Diary: Rosemary	Bellator 296: Mousasi vs. Edwards
19:30						Immersed - Cody Deaner: Part 2	
20:00	Fight Network Recharged - 'Smokin' Joe Nattawut Part 3	Bellator 281: MVP vs. Storley	IMPACT on Spike S8	PFL Vault	TNA iMPACT! S26	Bellator 221	PFL Vault
20:30						Bumps & Bites	
21:00	Fight Network Recharged - Jorina Baars	Bellator 281: MVP vs. Storley	IMPACT on Spike S8	PFL Vault	TNA iMPACT! S26	Bumps & Bites	PFL Vault
21:30						Bumps & Bites	
22:00	PFL Vault	PFL Vault	PFL Vault	PFL Vault	PFL Vault	PFL Vault	Bare Knuckle Boxing 38
22:30							
23:00	Pancrase in 60 - First Round Submissions	Bellator 296: Mousasi vs. Edwards	Pancrase in 60 - First Round Submissions	After The Fight - Fight Night Lethbridge	Fight Network Recharged - Chris Curtis Part 2	PFL Vault	Bellator 222
23:30			IMPACT in 60 - Holiday Edition	Immersed - Cody Deaner: Part 2			
0:00	Retrospective - Miesha Tate	Bellator 296: Mousasi vs. Edwards	IMPACT in 60 - Holiday Edition	BKFC 39	Fight Network Recharged - French Muay Thai	BKFC 59	Bellator 222
0:30	After The Fight - Fight Night Lethbridge						
1:00	Diary: Rosemary	Bellator 296: Mousasi vs. Edwards	IMPACT in 60 - Beer Money	BKFC 39	Fight Network Recharged - 'Smokin' Joe Nattawut Part 3	CRTC for Spring Time Change	Bellator 222
1:30	Immersed - Cody Deaner: Part 2						
2:00	CarJitsu Championship	PFL Vault	TNA iMPACT! S26	BKFC Ice Wars 3: Bare Knuckle Brawls	Fight Network Recharged - Jorina Baars	Bellator 222	PFL Vault
2:30							
3:00	SlapFIGHT Championship	BYB 35	International Wrestling Syndicate	BKFC 59	BYB: Bare Knuckle Brawls - BYB's London Debut: Nelson vs. Decastro	Bellator 222	BYB: Bare Knuckle Brawls - BYB's London Debut: Nelson vs. Decastro
3:30							
4:00	SlapFIGHT Championship	BYB 35	Classic All-Star Wrestling	BKFC 59	Dog or Pass Podcast	PFL Vault	PFL Vault
4:30							
5:00	Pancrase in 60 - First Round Submissions	BYB 35	ROH Classics	Bumps & Bites	Immersed - Cody Deaner: Part 2	TNA Xplosion	PFL Vault
5:30							

Western European Time	MONDAY Mar 30, 2026	TUESDAY Mar 31, 2026	WEDNESDAY Apr 1, 2026	THURSDAY Apr 2, 2026	FRIDAY Apr 3, 2026	SATURDAY Apr 4, 2026	SUNDAY Apr 5, 2026	
6:00	PFL Vault	Retrospective - Anthony Carelli Part 1	BYB: Bare Knuckle Brawls - BYB's London Debut: Nelson vs. Decastro	Heroes of Lucha Libre	PFL Vault	Bellator 244	IMPACT in 60 - Deonna Purrazzo	
6:30		After The Fight - GLORY 54 Birmingham						
7:00	PFL Vault	Diary: Bhupinder Gujjar	PFL Vault	Heroes of Lucha Libre	PFL Vault			
7:30		Immersed - Ash by Elegance						
8:00	Pancrase in 60 - First Round Submissions	Fight Network Recharged - Brett Hlavacek	PFL Vault	Ultimate Strongman 2018 - Masters World Championship	WSOF 14: Ford vs. Shields	Fight Network Recharged - Lion Fights Knockouts Part 13	Ultimate Strongman 2018 - Masters World Championship	
8:30								
9:00	Fight Network Recharged - Chris Curtis Part 2	Fight Network Recharged - Lion Fights Knockouts Part 13	Fight Network Recharged - Brett Hlavacek	UK's Strongest Man 2015 - Part 1/3		Fight Network Recharged - Lion Fights Knockouts Part 14	UK's Strongest Man 2015 - Part 1/3	
9:30								
10:00	Fight Network Recharged - French Muay Thai	Fight Network Recharged - Lion Fights Knockouts Part 14	Fight Network Recharged - Lion Fights Knockouts Part 13	World Armwrestling League	Fight Network Recharged - Lion Fights Knockouts Part 15	World Armwrestling League		
10:30								
11:00	Fight Network Recharged - 'Smokin' Joe Nattawut Part 3	Fight Network Recharged - Lion Fights Knockouts Part 15	Fight Network Recharged - Lion Fights Knockouts Part 14	Retrospective - Anthony Carelli Part 1	Diary: Bhupinder Gujjar	PFL Vault	Diary: Bhupinder Gujjar	
11:30				After The Fight - GLORY 54 Birmingham				Immersed - Ash by Elegance
12:00	Fight Network Recharged - Jorina Baars	Abu Dhabi Grand Slam UAE 2019 Part 9/10	Fight Network Recharged - Lion Fights Knockouts Part 15	Diary: Bhupinder Gujjar	Retrospective - Anthony Carelli Part 1		Fight Network Recharged - Brett Hlavacek	
12:30				Immersed - Ash by Elegance				Tristar Stories - The History
13:00	IJF 2025: Tokyo Grand Slam Part 1/4	IJF 2025: Tokyo Grand Slam Part 3/4	IJF 2026: Paris Grand Slam Part 1/6	IJF 2026: Paris Grand Slam Part 3/6	IJF 2026: Paris Grand Slam Part 5/6	Fight Network Recharged - Lion Fights Knockouts Part 13	WSOF 14: Ford vs. Shields	
13:30								
14:00	IJF 2025: Tokyo Grand Slam Part 2/4	IJF 2025: Tokyo Grand Slam Part 4/4	IJF 2026: Paris Grand Slam Part 2/6	IJF 2026: Paris Grand Slam Part 4/6	IJF 2026: Paris Grand Slam Part 6/6	Bumps & Bites		
14:30								After The Fight - GLORY 54 Birmingham
15:00	PGF Documentaries	Pancrase in 60 - Akihiro Gono	Tristar Stories - The History	PFL Vault	PFL Vault	Pancrase in 60 - Akihiro Gono	Retrospective - Anthony Carelli Part 1	
15:30			Bumps & Bites				Tristar Stories - The History	
16:00	Pro Grapplers Federation	PFL Vault	PFL Vault	PFL Vault	PFL Vault	IMPACT in 60 - Deonna Purrazzo	Diary: Bhupinder Gujjar	
16:30							Immersed - Ash by Elegance	
17:00	Immersed - Cody Deaner: Part 2	Bumps & Bites	After The Fight - GLORY 54 Birmingham	Diary: Bhupinder Gujjar	Bellator 244	IMPACT in 60 - Hidden Gems	Bellator 244	
17:30	Tristar Stories - The History	Diary: Bhupinder Gujjar	Immersed - Ash by Elegance	Retrospective - Anthony Carelli Part 1				
18:00	Fight Network Recharged - Brett Hlavacek	Retrospective - Anthony Carelli Part 1	IMPACT on Spike S8	PFL Vault		Tristar Stories - The History		
18:30		After The Fight - GLORY 54 Birmingham						Retrospective - Anthony Carelli Part 1
19:00	Fight Network Recharged - Lion Fights Knockouts Part 13	Bellator 255: Pitbull vs. Sanchez 2	IMPACT on Spike S8	Bellator 245	IMPACT in 60 - Hidden Gems	Diary: Bhupinder Gujjar	Bellator 245	
19:30						Immersed - Ash by Elegance		
20:00	Fight Network Recharged - Lion Fights Knockouts Part 14		IMPACT on Spike S8	PFL Vault	TNA iMPACT! S26	Bellator 244		
20:30								
21:00	Fight Network Recharged - Lion Fights Knockouts Part 15	PFL Vault	PFL Vault	PFL Vault	PFL Vault	PFL Vault	Bare Knuckle Boxing 39	
21:30								
22:00	PFL Vault	PFL Vault	PFL Vault	PFL Vault	PFL Vault	PFL Vault		
22:30								
23:00	Pancrase in 60 - Akihiro Gono	Bellator 293: Golm vs. James	Pancrase in 60 - Akihiro Gono	After The Fight - GLORY 54 Birmingham	Fight Network Recharged - Brett Hlavacek	PFL Vault		
23:30							Immersed - Ash by Elegance	
0:00	Retrospective - Anthony Carelli Part 1		IMPACT in 60 - Deonna Purrazzo	IMPACT in 60 - Hidden Gems	BKFC 38	Fight Network Recharged - Lion Fights Knockouts Part 13	Fight Network Recharged - Lion Fights Knockouts Part 14	Fight Network Recharged - Lion Fights Knockouts Part 14
0:30	After The Fight - GLORY 54 Birmingham							
1:00	Diary: Bhupinder Gujjar	Immersed - Ash by Elegance	TNA iMPACT! S26	BKFC Ice Wars 1: Battle of the Borders	Fight Network Recharged - Lion Fights Knockouts Part 14	BKB 52: No Turning Back	Fighter League Championship 8	
1:30	Immersed - Ash by Elegance							
2:00	CarJitsu Championship	PFL Vault	TNA iMPACT! S26	BYB: Bare Knuckle Brawls - BYB Interim Super Middleweight Championship: Nelson v	Fight Network Recharged - Lion Fights Knockouts Part 15	PFL Vault		
2:30								
3:00		SlapFIGHT Championship	BYB 36	International Wrestling Syndicate	Dog or Pass Podcast	PFL Vault		
3:30	Classic All-Star Wrestling							
4:00	Pancrase in 60 - Akihiro Gono	ROH Classics	ROH Classics	Bumps & Bites	Tristar Stories - The History	TNA Xplosion	PFL Vault	
4:30								Immersed - Ash by Elegance
5:00	Pancrase in 60 - Akihiro Gono	ROH Classics	ROH Classics	Bumps & Bites	Tristar Stories - The History	TNA Xplosion	PFL Vault	
5:30								Immersed - Ash by Elegance

Western European Time	MONDAY Apr 6, 2026	TUESDAY Apr 7, 2026	WEDNESDAY Apr 8, 2026	THURSDAY Apr 9, 2026	FRIDAY Apr 10, 2026	SATURDAY Apr 11, 2026	SUNDAY Apr 12, 2026
6:00	PFL Vault	Retrospective - Anthony Carelli Part 2	BYB: Bare Knuckle Brawls - BYB Interim Super Middleweight Championship: Nelson v	Heroes of Lucha Libre	PFL Vault	Bellator 242	IMPACT in 60 - The Hardys
6:30		After The Fight - GLORY 55 New York					
7:00	PFL Vault	Diary: Gisele Shaw	PFL Vault	Heroes of Lucha Libre	PFL Vault		IMPACT in 60 - Knockouts Tag Team Championship
7:30		Immersed - Mike Santana: Part 1					
8:00	Pancrase in 60 - Akihiro Gono	Fight Network Recharged - Tiffany Van Soest	PFL Vault	Ultimate Strongman 2014 - Team World Championship	WSOF 15: Branch vs. Okami	Fight Network Recharged - Regian Eersel	Ultimate Strongman 2014 - Team World Championship
8:30							
9:00	Fight Network Recharged - Brett Hlavacek	Fight Network Recharged - Regian Eersel	Fight Network Recharged - Tiffany Van Soest	UK's Strongest Man 2015 - Part 2/3		Fight Network Recharged - Julian Lane	UK's Strongest Man 2015 - Part 2/3
9:30							
10:00	Fight Network Recharged - Lion Fights Knockouts Part 13	Fight Network Recharged - Julian Lane	Fight Network Recharged - Regian Eersel	World Armwrestling League		Fight Network Recharged - Matt Besette	World Armwrestling League
10:30							
11:00	Fight Network Recharged - Lion Fights Knockouts Part 14	Fight Network Recharged - Matt Besette	Fight Network Recharged - Julian Lane	Retrospective - Anthony Carelli Part 2	Diary: Gisele Shaw	PFL Vault	Diary: Gisele Shaw
11:30				After The Fight - GLORY 55 New York	Immersed - Mike Santana: Part 1		Immersed - Mike Santana: Part 1
12:00	Fight Network Recharged - Lion Fights Knockouts Part 15	Abu Dhabi Grand Slam UAE 2019 Part 10/10	Fight Network Recharged - Matt Besette	Diary: Gisele Shaw	Retrospective - Anthony Carelli Part 2	Fight Network Recharged - Tiffany Van Soest	Fight Network Recharged - Tiffany Van Soest
12:30				Immersed - Mike Santana: Part 1	Tristar Stories - GSP and the Next Generation		
13:00	IJF 2026: Upper Austria Grand Prix Part 1/6	IJF 2026: Upper Austria Grand Prix Part 3/6	IJF 2026: Upper Austria Grand Prix Part 5/6	IJF 2026: Tbilisi Grand Slam Part 1/6	IJF 2026: Tbilisi Grand Slam Part 3/6	Fight Network Recharged - Regian Eersel	Fight Network Recharged - Regian Eersel
13:30							
14:00	IJF 2026: Upper Austria Grand Prix Part 2/6	IJF 2026: Upper Austria Grand Prix Part 4/6	IJF 2026: Upper Austria Grand Prix Part 6/6	IJF 2026: Tbilisi Grand Slam Part 2/6	IJF 2026: Tbilisi Grand Slam Part 4/6	Bumps & Bites	TNA Xplosion
14:30						After The Fight - GLORY 55 New York	
15:00	PGF Documentaries	Pancrase in 60 - Look Ma, No Hands	Tristar Stories - GSP and the Next Generation	PFL Vault	PFL Vault	Pancrase in 60 - Look Ma, No Hands	Retrospective - Anthony Carelli Part 2
15:30			Bumps & Bites				Tristar Stories - GSP and the Next Generation
16:00	Pro Grapplers Federation	PFL Vault	PFL Vault	PFL Vault	PFL Vault	IMPACT in 60 - The Hardys	Diary: Gisele Shaw
16:30							Immersed - Mike Santana: Part 1
17:00	Immersed - Ash by Elegance	Bumps & Bites	After The Fight - GLORY 55 New York	Diary: Gisele Shaw	Bellator 242	IMPACT in 60 - Knockouts Tag Team Championship	Bellator 255: Pitbull vs. Sanchez 2
17:30	Tristar Stories - GSP and the Next Generation	Diary: Gisele Shaw	Immersed - Mike Santana: Part 1	Retrospective - Anthony Carelli Part 2			
18:00	Fight Network Recharged - Tiffany Van Soest	Retrospective - Anthony Carelli Part 2	IMPACT on Spike S8	PFL Vault	Bellator 242	Tristar Stories - GSP and the Next Generation	Bellator 255: Pitbull vs. Sanchez 2
18:30		After The Fight - GLORY 55 New York					
19:00	Fight Network Recharged - Regian Eersel	Bellator 255: Pitbull vs. Sanchez 2	IMPACT on Spike S8	Bellator 243	IMPACT in 60 - Knockouts Tag Team Championship	Diary: Gisele Shaw	Bellator 255: Pitbull vs. Sanchez 2
19:30						Immersed - Mike Santana: Part 1	
20:00	Fight Network Recharged - Julian Lane	Bellator 255: Pitbull vs. Sanchez 2	IMPACT on Spike S8	Bumps & Bites	TNA iMPACT! S26	Bellator 243	PFL Vault
20:30				PFL Vault			
21:00	Fight Network Recharged - Matt Besette	PFL Vault	PFL Vault	PFL Vault	PFL Vault	PFL Vault	Bare Knuckle Boxing 21
21:30							
22:00	PFL Vault	PFL Vault	PFL Vault	PFL Vault	PFL Vault	PFL Vault	Bare Knuckle Boxing 21
22:30							
23:00	Pancrase in 60 - Look Ma, No Hands	Bellator 256: Bader vs. Machida 2	Pancrase in 60 - Look Ma, No Hands	After The Fight - GLORY 55 New York	Fight Network Recharged - Tiffany Van Soest	PFL Vault	Bellator 242
23:30				Immersed - Mike Santana: Part 1			
0:00	Retrospective - Anthony Carelli Part 2	Bellator 256: Bader vs. Machida 2	IMPACT in 60 - The Hardys	BKFC 41	Fight Network Recharged - Regian Eersel	Countdown to TNA Rebellion 2026 LIVE!	Bellator 242
0:30	After The Fight - GLORY 55 New York						
1:00	Diary: Gisele Shaw	BYB 37: Denver Brawl IV	IMPACT in 60 - Knockouts Tag Team Championship	BKFC Ice Wars 2: River Cree Rumble	Fight Network Recharged - Julian Lane	Bellator 255: Pitbull vs. Sanchez 2	Bellator 242
1:30	Immersed - Mike Santana: Part 1						
2:00	Carjitsu Championship	PFL Vault	TNA iMPACT! S26	Bellator 255: Pitbull vs. Sanchez 2	Fight Network Recharged - Matt Besette	Bellator 255: Pitbull vs. Sanchez 2	PFL Vault
2:30							
3:00	SlapFIGHT Championship	BYB 37: Denver Brawl IV	International Wrestling Syndicate	BYB: Bare Knuckle Brawls - BYB Carolina Brawl: Williams vs. De La Torre	Fight Network Recharged - Matt Besette	Bellator 255: Pitbull vs. Sanchez 2	BYB: Bare Knuckle Brawls - BYB Carolina Brawl: Williams vs. De La Torre
3:30							
4:00	PGF Documentaries	BYB 37: Denver Brawl IV	Classic All-Star Wrestling	Dog or Pass Podcast	PFL Vault	PFL Vault	PFL Vault
4:30							
5:00	Pancrase in 60 - Look Ma, No Hands	PFL Vault	ROH Classics	Tristar Stories - GSP and the Next Generation	PFL Vault	PFL Vault	PFL Vault
5:30							

Western European Time	MONDAY Apr 13, 2026	TUESDAY Apr 14, 2026	WEDNESDAY Apr 15, 2026	THURSDAY Apr 16, 2026	FRIDAY Apr 17, 2026	SATURDAY Apr 18, 2026	SUNDAY Apr 19, 2026
6:00	PFL Vault	Retrospective - Patrick Cote	BYB: Bare Knuckle Brawls - BYB Carolina Brawl: Williams vs. De La Torre	Heroes of Lucha Libre	PFL Vault	PGF Documentaries	IMPACT in 60 - Super X Cup
6:30		After The Fight - GLORY 56 Denver					
7:00	PFL Vault	Diary: Josh Alexander Part 1	PFL Vault	Heroes of Lucha Libre	PFL Vault	Pro Grapplers Federation	IMPACT in 60 - Madison Rayne
7:30		Immersed - Mike Santana: Part 2					
8:00	Pancrase in 60 - Look Ma, No Hands	Fight Network Recharged - 'Smokin' Jo Nattawut Part 1	PFL Vault	Ultimate Strongman 2014 - Masters World Championship	WSOF 16: Palhares vs. Fitch	Fight Network Recharged - 'Smokin' Jo Nattawut Part 2	Ultimate Strongman 2014 - Masters World Championship
8:30							
9:00	Fight Network Recharged - Tiffany Van Soest	Fight Network Recharged - 'Smokin' Jo Nattawut Part 2	Fight Network Recharged - 'Smokin' Jo Nattawut Part 1	UK's Strongest Man 2015 - Part 3/3	WSOF 16: Palhares vs. Fitch	Fight Network Recharged - Chip Moraza Pollard	UK's Strongest Man 2015 - Part 3/3
9:30							
10:00	Fight Network Recharged - Regian Eersel	Fight Network Recharged - Chip Moraza Pollard	Fight Network Recharged - 'Smokin' Jo Nattawut Part 2	World Armwrestling League	WSOF 16: Palhares vs. Fitch	Fight Network Recharged - Andre Soukamhtath	World Armwrestling League
10:30							
11:00	Fight Network Recharged - Julian Lane	Fight Network Recharged - Andre Soukamhtath	Fight Network Recharged - Chip Moraza Pollard	Retrospective - Patrick Cote	Diary: Josh Alexander Part 1	PFL Vault	Diary: Josh Alexander Part 1
11:30				After The Fight - GLORY 56 Denver			
12:00	Fight Network Recharged - Matt Bessette	Abu Dhabi Grand Slam London 2019 Part 1/9	Fight Network Recharged - Andre Soukamhtath	Diary: Josh Alexander Part 1	Retrospective - Patrick Cote	Fight Network Recharged - 'Smokin' Jo Nattawut Part 1	Fight Network Recharged - 'Smokin' Jo Nattawut Part 1
12:30				Immersed - Mike Santana: Part 2			
13:00	IJF 2026: Tbilisi Grand Slam Part 5/6	IJF 2025: Abu Dhabi Grand Slam Part 1/6	IJF 2025: Abu Dhabi Grand Slam Part 3/6	IJF 2025: Abu Dhabi Grand Slam Part 5/6	IJF 2025: Tokyo Grand Slam Part 1/4	Fight Network Recharged - 'Smokin' Jo Nattawut Part 2	Fight Network Recharged - 'Smokin' Jo Nattawut Part 2
13:30							
14:00	IJF 2026: Tbilisi Grand Slam Part 6/6	IJF 2025: Abu Dhabi Grand Slam Part 2/6	IJF 2025: Abu Dhabi Grand Slam Part 4/6	IJF 2025: Abu Dhabi Grand Slam Part 6/6	IJF 2025: Tokyo Grand Slam Part 2/4	Bumps & Bites	Fight Network Recharged - Chip Moraza Pollard
14:30						After The Fight - GLORY 56 Denver	
15:00	PGF Documentaries	Pancrase in 60 - Minowaman	Tristar Stories - Calderwood and Duffy	PFL Vault	PFL Vault	Pancrase in 60 - Minowaman	Retrospective - Patrick Cote
15:30			Bumps & Bites				Tristar Stories - Calderwood and Duffy
16:00	Pro Grapplers Federation	PFL Vault	PFL Vault	PFL Vault	PFL Vault	IMPACT in 60 - Super X Cup	Diary: Josh Alexander Part 1
16:30							Immersed - Mike Santana: Part 2
17:00	Immersed - Mike Santana: Part 1	Bumps & Bites	After The Fight - GLORY 56 Denver	Diary: Josh Alexander Part 1	Bellator 231	IMPACT in 60 - Madison Rayne	IMPACT in 60 - Madison Rayne
17:30	Tristar Stories - Calderwood and Duffy		Immersed - Mike Santana: Part 2	Retrospective - Patrick Cote			
18:00	Fight Network Recharged - 'Smokin' Jo Nattawut Part 1	Retrospective - Patrick Cote	IMPACT on Spike S8	PFL Vault	Bellator 234	Diary: Josh Alexander Part 1	Bellator 257: Nemkov vs. Davis 2
18:30		After The Fight - GLORY 56 Denver					
19:00	Fight Network Recharged - 'Smokin' Jo Nattawut Part 2	Bellator 257: Nemkov vs. Davis 2	IMPACT on Spike S8	PFL Vault	TNA iMPACT! S26	Immersed - Mike Santana: Part 2	PFL Vault
19:30							
20:00	Fight Network Recharged - Chip Moraza Pollard	Bellator 257: Nemkov vs. Davis 2	IMPACT on Spike S8	PFL Vault	TNA iMPACT! S26	Bellator 277: McKee vs. Pitbull 2	PFL Vault
20:30							
21:00	Fight Network Recharged - Andre Soukamhtath	Bellator 257: Nemkov vs. Davis 2	IMPACT on Spike S8	PFL Vault	TNA iMPACT! S26	Bellator 277: McKee vs. Pitbull 2	PFL Vault
21:30							
22:00	PFL Vault	PFL Vault	PFL Vault	PFL Vault	PFL Vault	Bellator 277: McKee vs. Pitbull 2	Bare Knuckle Boxing 22
22:30							
23:00	Pancrase in 60 - Minowaman	Bellator 277: McKee vs. Pitbull 2	Pancrase in 60 - Minowaman	After The Fight - GLORY 56 Denver	Fight Network Recharged - 'Smokin' Jo Nattawut Part 1	PFL Vault	Bellator 277: McKee vs. Pitbull 2
23:30				Immersed - Mike Santana: Part 2			
0:00	Retrospective - Patrick Cote	Bellator 277: McKee vs. Pitbull 2	IMPACT in 60 - Super X Cup	BKFC 63	Fight Network Recharged - 'Smokin' Jo Nattawut Part 2	Bellator 231	Bellator 234
0:30	After The Fight - GLORY 56 Denver						
1:00	Diary: Josh Alexander Part 1						
1:30	Immersed - Mike Santana: Part 2						
2:00	Carjitsu Championship	PFL Vault	TNA iMPACT! S26	BKFC Ice Wars 3: Bare Knuckle Brawls	Fight Network Recharged - Andre Soukamhtath	Bellator 234	PFL Vault
2:30							
3:00	SlapFIGHT Championship	BKB 38: Wolves Brawl II	International Wrestling Syndicate	Fight Network Recharged - 'Smokin' Jo Nattawut Part 1	BYB: Bare Knuckle Brawls - BYB Carolina Brawl: Jett vs. Mitchell	PFL Vault	BYB: Bare Knuckle Brawls - BYB Carolina Brawl: Jett vs. Mitchell
3:30							
4:00	PGF Documentaries	BKB 38: Wolves Brawl II	Classic All-Star Wrestling	Dog or Pass Podcast	PFL Vault	PFL Vault	PFL Vault
4:30							
5:00	Pancrase in 60 - Minowaman	BKB 38: Wolves Brawl II	ROH Classics	Bumps & Bites	TNA Xplosion	PFL Vault	PFL Vault
5:30				Immersed - Mike Santana: Part 2			

Western European Time	MONDAY Apr 20, 2026	TUESDAY Apr 21, 2026	WEDNESDAY Apr 22, 2026	THURSDAY Apr 23, 2026	FRIDAY Apr 24, 2026	SATURDAY Apr 25, 2026	SUNDAY Apr 26, 2026
6:00	PFL Vault	Retrospective - Anthony Pettis	BYB: Bare Knuckle Brawls - BYB Carolina Brawl: Jett vs. Mitchell	Heroes of Lucha Libre	PFL Vault	PGF Documentaries	IMPACT in 60 - Amazing Red
6:30		After The Fight - UFC 228					
7:00	PFL Vault	Diary: Josh Alexander Part 2	PFL Vault	Heroes of Lucha Libre	PFL Vault	Pro Grapplers Federation	IMPACT in 60 - Rich Swann
7:30		Immersed - JDC					
8:00	Pancrase in 60 - Minowaman	Fight Network Recharged - Muay Thai Legends Vol. 1	PFL Vault	Ultimate Strongman 2015 - Team World Championship	WSOF 17: Shields vs. Foster	Fight Network Recharged - Muay Thai Legends Vol. 2	Ultimate Strongman 2015 - Team World Championship
8:30				UK's Strongest Man 2016 - Part 1/3			
9:00	Fight Network Recharged - 'Smokin' Jo Nattawut Part 1	Fight Network Recharged - Muay Thai Legends Vol. 2	Fight Network Recharged - Muay Thai Legends Vol. 1	World Armwrestling League	WSOF 17: Shields vs. Foster	Fight Network Recharged - Chris Curtis	UK's Strongest Man 2016 - Part 1/3
9:30	Fight Network Recharged - 'Smokin' Jo Nattawut Part 2						
10:00	Fight Network Recharged - Chip Moraza Pollard	Fight Network Recharged - Stars by State: Massachusetts	Fight Network Recharged - Chris Curtis	Retrospective - Anthony Pettis	Diary: Josh Alexander Part 2	PFL Vault	Diary: Josh Alexander Part 2
10:30				After The Fight - UFC 228			
11:00	Fight Network Recharged - Andre Soukamthath	Abu Dhabi Grand Slam London 2019 Part 2/9	Fight Network Recharged - Stars by State: Massachusetts	Diary: Josh Alexander Part 2	Retrospective - Anthony Pettis	Fight Network Recharged - Muay Thai Legends Vol. 1	Fight Network Recharged - Muay Thai Legends Vol. 1
11:30				Immersed - JDC			
12:00	IJF 2025: Tokyo Grand Slam Part 3/4	IJF 2026: Paris Grand Slam Part 1/6	IJF 2026: Paris Grand Slam Part 3/6	IJF 2026: Paris Grand Slam Part 5/6	IJF 2026: IJF Tashkent Grand Slam Part 1/6	Fight Network Recharged - Muay Thai Legends Vol. 2	Fight Network Recharged - Muay Thai Legends Vol. 2
12:30							
13:00	IJF 2025: Tokyo Grand Slam Part 4/4	IJF 2026: Paris Grand Slam Part 2/6	IJF 2026: Paris Grand Slam Part 4/6	IJF 2026: Paris Grand Slam Part 6/6	IJF 2026: IJF Tashkent Grand Slam Part 2/6	Bumps & Bites	Fight Network Recharged - Chris Curtis
13:30							
14:00	PGF Documentaries	Pancrase in 60 - Guy Mezger	Tristar Stories - A Day with Firas Zahabi	PFL Vault	PFL Vault	Pancrase in 60 - Guy Mezger	Retrospective - Anthony Pettis
14:30			Bumps & Bites				
15:00	Pro Grapplers Federation	PFL Vault	PFL Vault	PFL Vault	PFL Vault	IMPACT in 60 - Amazing Red	Diary: Josh Alexander Part 2
15:30							Immersed - JDC
16:00	Immersed - Mike Santana: Part 2	Bumps & Bites	After The Fight - UFC 228	Diary: Josh Alexander Part 2	Bellator 229	IMPACT in 60 - Rich Swann	Bellator 278: Velasquez vs. Carmouche
16:30	Tristar Stories - A Day with Firas Zahabi	Retrospective - Anthony Pettis	Immersed - JDC	Retrospective - Anthony Pettis			
17:00	Fight Network Recharged - Muay Thai Legends Vol. 1	After The Fight - UFC 228	IMPACT on Spike S8	PFL Vault	Bellator 229	Tristar Stories - A Day with Firas Zahabi	Bellator 278: Velasquez vs. Carmouche
17:30	Retrospective - Anthony Pettis						
18:00	Fight Network Recharged - Muay Thai Legends Vol. 2	Bellator 278: Velasquez vs. Carmouche	IMPACT on Spike S8	Bellator 230	IMPACT in 60 - Rich Swann	Diary: Josh Alexander Part 2	Bellator 278: Velasquez vs. Carmouche
18:30	After The Fight - UFC 228						
19:00	Fight Network Recharged - Stars by State: Massachusetts	Bellator 278: Velasquez vs. Carmouche	IMPACT on Spike S8	PFL Vault	TNA iMPACT! S26	Diary: Josh Alexander Part 2	Bellator 279: Cyborg vs. Blencowe
19:30	Immersed - JDC						
20:00	PFL Vault	PFL Vault	PFL Vault	PFL Vault	PFL Vault	Bellator 279: Cyborg vs. Blencowe	PFL Vault
20:30							
21:00	Pancrase in 60 - Guy Mezger	Bellator 279: Cyborg vs. Blencowe	Pancrase in 60 - Guy Mezger	After The Fight - UFC 228	Fight Network Recharged - Muay Thai Legends Vol. 1	PFL Vault	Bellator 279: Cyborg vs. Blencowe
21:30							
22:00	Retrospective - Anthony Pettis	Bellator 279: Cyborg vs. Blencowe	IMPACT in 60 - Amazing Red	BKFC 42	Fight Network Recharged - Muay Thai Legends Vol. 2	Bellator 229	Bellator 230
22:30							
23:00	Carjitsu Championship	PFL Vault	IMPACT in 60 - Rich Swann	BKFC Ice Wars 1: Battle of the Borders	Fight Network Recharged - Chris Curtis	Bellator 229	Bellator 230
23:30							
0:00	SlapFIGHT Championship: Friday Night Fights	BKB 39: Brawl at the Beach	IMPACT in 60 - Rich Swann	BKFC Ice Wars 1: Battle of the Borders	Fight Network Recharged - Stars by State: Massachusetts	Bellator 229	Bellator 230
0:30							
1:00	PGF Documentaries	BKB 39: Brawl at the Beach	IMPACT in 60 - Rich Swann	BKFC Ice Wars 1: Battle of the Borders	BYB: Bare Knuckle Brawls - PG World Diamond Belt: Martinjak vs. Hatch	Bellator 229	Bellator 230
1:30							
2:00	PFL Vault	PFL Vault	PFL Vault	PFL Vault	Dog or Pass Podcast	TNA Xplosion	PFL Vault
2:30							
3:00	SlapFIGHT Championship: Friday Night Fights	BKB 39: Brawl at the Beach	International Wrestling Syndicate	Bumps & Bites	Tristar Stories - A Day with Firas Zahabi	TNA Xplosion	PFL Vault
3:30							
4:00	PGF Documentaries	BKB 39: Brawl at the Beach	Classic All-Star Wrestling	Bumps & Bites	Tristar Stories - A Day with Firas Zahabi	TNA Xplosion	PFL Vault
4:30							
5:00	PFL Vault	PFL Vault	PFL Vault	PFL Vault	PFL Vault	PFL Vault	PFL Vault
5:30							

Western European Time	MONDAY Apr 27, 2026	TUESDAY Apr 28, 2026	WEDNESDAY Apr 29, 2026	THURSDAY Apr 30, 2026	FRIDAY May 1, 2026	SATURDAY May 2, 2026	SUNDAY May 3, 2026
6:00	PFL Vault	Retrospective - Vampiro	BYB: Bare Knuckle Brawls - PG World Diamond Belt: Martinjak vs. Hatch	Heroes of Lucha Libre	PFL Vault	PGF Documentaries	IMPACT in 60 - The Rock 'n' Rave Infection
6:30		After The Fight - GLORY 58 Chicago					
7:00	PFL Vault	Diary: Kay Hansen	PFL Vault	Heroes of Lucha Libre	PFL Vault	Pro Grapplers Federation	IMPACT in 60 - Motor City Machine Guns
7:30		Immersed - Frankie Kazarian: Against All Odds					
8:00	Pancrase in 60 - Guy Mezger	Fight Network Recharged - UFC Vets Vol. 1	PFL Vault	Ultimate Strongman 2015 - Masters World Championship	WSOF 18: Moraes vs. Hill	Fight Network Recharged - UFC Vets Vol. 2	Ultimate Strongman 2015 - Masters World Championship
8:30							
9:00	Fight Network Recharged - Muay Thai Legends Vol. 1	Fight Network Recharged - UFC Vets Vol. 2	Fight Network Recharged - UFC Vets Vol. 1	UK's Strongest Man 2016 - Part 2/3	WSOF 18: Moraes vs. Hill	Fight Network Recharged - Bellator Stars	UK's Strongest Man 2016 - Part 2/3
9:30							
10:00	Fight Network Recharged - Muay Thai Legends Vol. 2	Fight Network Recharged - Bellator Stars	Fight Network Recharged - UFC Vets Vol. 2	World Armwrestling League	WSOF 18: Moraes vs. Hill	Fight Network Recharged - Gaston Bolanos	World Armwrestling League
10:30							
11:00	Fight Network Recharged - Chris Curtis	Fight Network Recharged - Gaston Bolanos	Fight Network Recharged - Bellator Stars	Retrospective - Vampiro	Diary: Kay Hansen	PFL Vault	Diary: Kay Hansen
11:30				After The Fight - GLORY 58 Chicago	Immersed - Frankie Kazarian: Against All Odds		Immersed - Frankie Kazarian: Against All Odds
12:00	Fight Network Recharged - Stars by State: Massachusetts	Abu Dhabi Grand Slam London 2019 Part 3/9	Fight Network Recharged - Gaston Bolanos	Diary: Kay Hansen	Retrospective - Vampiro	Fight Network Recharged - UFC Vets Vol. 1	Fight Network Recharged - UFC Vets Vol. 1
12:30				Immersed - Frankie Kazarian: Against All Odds	Tristar Stories - The History		
13:00	IJF 2026: IJF Tashkent Grand Slam Part 3/6	IJF 2026: IJF Tashkent Grand Slam Part 5/6	IJF 2026: Upper Austria Grand Prix Part 1/6	IJF 2026: Upper Austria Grand Prix Part 3/6	IJF Dushanbe Grand Prix Day 1 LIVE!	IJF Dushanbe Grand Prix Day 2 LIVE!	IJF Dushanbe Grand Prix Day 3 LIVE!
13:30							
14:00	IJF 2026: IJF Tashkent Grand Slam Part 4/6	IJF 2026: IJF Tashkent Grand Slam Part 6/6	IJF 2026: Upper Austria Grand Prix Part 2/6	IJF 2026: Upper Austria Grand Prix Part 4/6	IJF Dushanbe Grand Prix Day 1 LIVE!	IJF Dushanbe Grand Prix Day 2 LIVE!	IJF Dushanbe Grand Prix Day 3 LIVE!
14:30							
15:00	PGF Documentaries	Pancrase in 60 - Kickboxers	Tristar Stories - The History	PFL Vault	Bumps & Bites	Pancrase in 60 - Kickboxers	Tristar Stories - The History
15:30			Bumps & Bites				
16:00	Pro Grapplers Federation	PFL Vault	PFL Vault	PFL Vault	PFL Vault	IMPACT in 60 - The Rock 'n' Rave Infection	Fight Network Recharged - UFC Vets Vol. 2
16:30							
17:00	Immersed - JDC	Bumps & Bites	After The Fight - GLORY 58 Chicago	Diary: Kay Hansen	Bellator 208	IMPACT in 60 - Motor City Machine Guns	Bellator 295: Stots vs. Mix
17:30	Tristar Stories - The History	Diary: Kay Hansen	Immersed - Frankie Kazarian: Against All Odds	Retrospective - Vampiro			
18:00	Fight Network Recharged - UFC Vets Vol. 1	Retrospective - Vampiro	IMPACT on Spike S8	PFL Vault	Bellator 208	Tristar Stories - The History	Bellator 295: Stots vs. Mix
18:30		After The Fight - GLORY 58 Chicago				Retrospective - Vampiro	
19:00	Fight Network Recharged - UFC Vets Vol. 2	Bellator 294: Carmouche vs. Bennett	IMPACT on Spike S8	Bellator 228	IMPACT in 60 - Motor City Machine Guns	Diary: Kay Hansen	Immersed - Frankie Kazarian: Against All Odds
19:30						Immersed - Frankie Kazarian: Against All Odds	
20:00	Fight Network Recharged - Bellator Stars	Bellator 294: Carmouche vs. Bennett	IMPACT on Spike S8	Bellator 228	TNA iMPACT! S26	Bellator 208	PFL Vault
20:30							
21:00	Fight Network Recharged - Gaston Bolanos	Bellator 294: Carmouche vs. Bennett	IMPACT on Spike S8	Bellator 228	TNA iMPACT! S26	Bellator 208	PFL Vault
21:30							
22:00	PFL Vault	PFL Vault	PFL Vault	PFL Vault	PFL Vault	PFL Vault	Bare Knuckle Boxing 24
22:30							
23:00	Pancrase in 60 - Kickboxers	Bellator 295: Stots vs. Mix	Pancrase in 60 - Kickboxers	After The Fight - GLORY 58 Chicago	Fight Network Recharged - UFC Vets Vol. 1	PFL Vault	Bellator 295: Stots vs. Mix
23:30				Immersed - Frankie Kazarian: Against All Odds			
0:00	Retrospective - Vampiro	Bellator 295: Stots vs. Mix	IMPACT in 60 - The Rock 'n' Rave Infection	BKFC 43	Fight Network Recharged - UFC Vets Vol. 2	Bellator 228	Bellator 294: Carmouche vs. Bennett
0:30	After The Fight - GLORY 58 Chicago						
1:00	Diary: Kay Hansen	Bellator 295: Stots vs. Mix	IMPACT in 60 - Motor City Machine Guns	BKFC Ice Wars 2: River Cree Rumble	Fight Network Recharged - Bellator Stars	Bellator 228	Bellator 294: Carmouche vs. Bennett
1:30	Immersed - Frankie Kazarian: Against All Odds						
2:00	Carjitsu Championship	PFL Vault	TNA iMPACT! S26	BKFC Ice Wars 2: River Cree Rumble	Fight Network Recharged - Gaston Bolanos	Bellator 228	Bellator 294: Carmouche vs. Bennett
2:30							
3:00	SlapFIGHT Championship: PLN Friday Night Fights	BKB 40: Cardiff Brawl III	TNA iMPACT! S26	Bellator 216	BYB: Bare Knuckle Brawls - BYB Dubai: Olsen vs. Leak	Bumps & Bites	BYB: Bare Knuckle Brawls - BYB Dubai: Olsen vs. Leak
3:30						Retrospective - Vampiro	
4:00	SlapFIGHT Championship: PLN Friday Night Fights	BKB 40: Cardiff Brawl III	TNA iMPACT! S26	Bellator 216	BYB: Bare Knuckle Brawls - BYB Dubai: Olsen vs. Leak	PFL Vault	PFL Vault
4:30							
5:00	PGF Documentaries	BKB 40: Cardiff Brawl III	ROH Classics	Bumps & Bites	Dog or Pass Podcast	TNA Xplosion	PFL Vault
5:30							