Program Grid

Western European Time	MONDAY Aug 8, 2022	TUESDAY Aug 9, 2022	WEDNESDAY Aug 10, 2022	THURSDAY Aug 11, 2022	FRIDAY Aug 12, 2022	SATURDAY Aug 13, 2022	SUNDAY Aug 14, 2022
6:00	New Japan Pro Wrestling - Destruction in Kobe	KSW 42: Narkun vs. Khalidov	UAE Warriors 22: International	Lion Fight 34	New Japan Pro Wrestling	BRAVE Combat 58 Prelims	New Frontier Pro
6:30							
7:00	New Japan Pro Wrestling - G1 CLIMAX 32				New Frontier Pro		
7:30							
8:00	IMPACT in 60 - Fenix						XMMA 4: Black Magic
8:30							
9:00	IMPACT! Wrestling	Diary with LAX Part 1	MFC 29: Conquer	Fight Network Recharged - Julian Lane	New Japan Pro Wrestling - Power Struggle Part 1	IMPACT on Spike	
9:30		Retrospective - Rob Van Dam Part 1					
10:00		It's Showtime Special		Fight Network Recharged - 'Smokin' Jo Nattawut Part 1	New Japan Pro Wrestling - Power Struggle Part 2	IMPACT on Spike	
10:30							
11:00	TNA Hardcore Justice 2010	Ultimate Strongman 2016 - Masters World Championship	ROAD FC 53	CES MMA 44: Bessette vs. Trujillo	Fight Network Recharged - Tiffany Van Soest	ROH Classics	BKFC 23
11:30							
12:00		UK's Strongest Man 2019 - Part 1/3			Fight Network Recharged - Regian Eersel	Fight Network Recharged - 'Smokin' Jo Nattawut Part 1	
12:30							
13:00		World Armwrestling League	ROH Classics		Fight Network Recharged - Julian Lane	Catalyst Wrestling	Ring of Honor Wrestling - Era of Honor Part 3
13:30						Retrospective - Rob Van Dam Part 1	
14:00		We Love MMA 49	Fight Network Recharged - Tiffany Van Soest	Lion Fight 34	Fight Network Recharged - 'Smokin' Jo Nattawut Part 1	New Japan Pro Wrestling - King of Pro-Wrestling Part 1	ROH Classics
14:30	Second to None: Inside Women's Boxing						
15:00	KSW 42: Narkun vs. Khalidov		Fight Network Recharged - Regian Eersel		TNA Victory Road 2008	New Japan Pro Wrestling - King of Pro-Wrestling Part 2	New Japan Pro Wrestling - King of Pro-Wrestling Part 1
15:30							
16:00			Pancrase in 60 - Carlos Condit			Alphabet Soup: Boxing's Sanctioning Bodies	New Japan Pro Wrestling - King of Pro-Wrestling Part 2
16:30						Dog or Pass Podcast	
17:00		Abu Dhabi Grand Slam London 2018 - Part 6/8	KSW 42: Narkun vs. Khalidov	Retrospective - Rob Van Dam Part 1			New Japan Pro Wrestling - Power Struggle Part 1
17:30				Alphabet Soup: Boxing's Sanctioning Bodies			
18:00	Pancrase in 60 - Carlos Condit	BRAVE Combat 59		IMPACT on Spike		TNA Victory Road 2008	New Japan Pro Wrestling - Power Struggle Part 2
18:30					Alphabet Soup: Boxing's Sanctioning Bodies		
19:00	CAGE 47			IMPACT on Spike	BRAVE Combat 59		New Japan Pro Wrestling
19:30							
20:00			UAE Warriors 22: International	TNA Victory Road 2008			IMPACT in 60 - Sienna
20:30							
21:00		Fight Network Recharged - Regian Eersel					IMPACT! Wrestling
21:30						Boxing World Weekly	
22:00	We Love MMA 49	New Japan Pro Wrestling - King of Pro-Wrestling Part 1			Fight Network Recharged - 'Smokin' Jo Nattawut Part 1	XMMA 4: Black Magic	
22:30							
23:00		New Japan Pro Wrestling - King of Pro-Wrestling Part 2	Fight Network Recharged - Julian Lane		Catalyst Wrestling		IMPACT on Spike
23:30				Boxing World Weekly	Alphabet Soup: Boxing's Sanctioning Bodies		
0:00		New Japan Pro Wrestling - Power Struggle Part 1	Fight Network Recharged - 'Smokin' Jo Nattawut Part 1	IMPACT in 60 - Sienna	Lux Fight League 25 Challenge LIVE!		IMPACT on Spike
0:30							
1:00	King of Kings 84: World Series in Vilnius	New Japan Pro Wrestling - Power Struggle Part 2	Boxing World Weekly	IMPACT! Wrestling		BRAVE Combat 58 Prelims	BKFC 23
1:30			Alphabet Soup: Boxing's Sanctioning Bodies				
2:00		Retrospective - Rob Van Dam Part 1	CES MMA 44: Bessette vs. Trujillo				
2:30		Classic All-Star Wrestling					
3:00		Ring of Honor Wrestling - Era of Honor Part 3		New Japan Pro Wrestling	Dog or Pass Podcast		New Japan Pro Wrestling - King of Pro-Wrestling Part 1
3:30	Second to None: Inside Women's Boxing						
4:00	Fight Network Recharged - Tiffany Van Soest	ROH Classics		Dog or Pass Podcast		BKFC 23	New Japan Pro Wrestling - King of Pro-Wrestling Part 2
4:30					Retrospective - Rob Van Dam Part 1		
5:00	Fight Network Recharged - Regian Eersel	After The Fight - GLORY 59 Amsterdam	Fight Network Recharged - 'Smokin' Jo Nattawut Part 1		International Wrestling Syndicate		New Japan Pro Wrestling - Power Struggle Part 1
5:30		Judo World Championships Astana		Retrospective - Rob Van Dam Part 1	Catalyst Wrestling		

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Western European Time	MONDAY Aug 15, 2022	TUESDAY Aug 16, 2022	WEDNESDAY Aug 17, 2022	THURSDAY Aug 18, 2022	FRIDAY Aug 19, 2022	SATURDAY Aug 20, 2022	SUNDAY Aug 21, 2022
6:00	New Japan Pro Wrestling - Power Struggle Part 2	KSW 43: Andrzyszak vs. De Fries	UAE Warriors 23: Arabia 5	Lion Fight 35	New Japan Pro Wrestling	Lux Fight League 25 Challenge	New Frontier Pro
6:30							
7:00	New Japan Pro Wrestling				New Frontier Pro		
7:30							
8:00	IMPACT in 60 - Sienna						KSW 72: Romanowski vs. Grzebyk
8:30							
9:00	IMPACT! Wrestling	Diary with LAX Part 2	MFC 30: Up Close and Personal	Fight Network Recharged - Chip Moraza Pollard	New Japan Pro Wrestling - The New Beginning in Osaka Part 1	ROH Classics	
9:30		Retrospective - Rob Van Dam Part 2					
10:00		It's Showtime Special		Fight Network Recharged - Andre Soukamhtath	New Japan Pro Wrestling - The New Beginning in Osaka Part 2	IMPACT on Spike	
10:30							
11:00	TNA Victory Road 2008	Ultimate Strongman 2017 - Team World Championship	ROAD FC 54	CES MMA 45: Gooch vs. Coutinho	Fight Network Recharged - 'Smokin' Jo Nattawut Part 2	IMPACT on Spike	BKFC Fight Night: Montana
11:30							
12:00		UK's Strongest Man 2019 - Part 2/3			Fight Network Recharged - Matt Bessette		
12:30						Fight Network Recharged - Andre Soukamhtath	
13:00		World Armwrestling League			Fight Network Recharged - Chip Moraza Pollard		Ring of Honor Wrestling - HOF: Briscoe Bros
13:30			Retrospective - Rob Van Dam Part 2			Catalyst Wrestling	
14:00		We Love MMA 50	Fight Network Recharged - 'Smokin' Jo Nattawut Part 2	Lion Fight 35	Fight Network Recharged - Andre Soukamhtath	New Japan Pro Wrestling - The New Beginning in Sapporo Part 1	ROH Classics
14:30	Alphabet Soup: Boxing's Sanctioning Bodies						
15:00	KSW 43: Andrzyszak vs. De Fries		Fight Network Recharged - Matt Bessette		TNA Destination X 2006	New Japan Pro Wrestling - The New Beginning in Sapporo Part 2	New Japan Pro Wrestling - The New Beginning in Sapporo Part 1
15:30							
16:00			Pancrase in 60 - UFC Veterans			Viral Violence: Changing Boxing Landscape from	New Japan Pro Wrestling - The New Beginning in Sapporo Part 2
16:30						Dog or Pass Podcast	
17:00		Abu Dhabi Grand Slam London 2018 - Part 7/8	KSW 43: Andrzyszak vs. De Fries	Retrospective - Rob Van Dam Part 2			New Japan Pro Wrestling - The New Beginning in Osaka Part 1
17:30				Viral Violence: Changing Boxing Landscape from			
18:00	Pancrase in 60 - UFC Veterans	BRAVE Combat 39		IMPACT on Spike		KSW 73 LIVE!	New Japan Pro Wrestling - The New Beginning in Osaka Part 2
18:30					Viral Violence: Changing Boxing Landscape from		
19:00	CAGE 48			IMPACT on Spike	BRAVE Combat 39		New Japan Pro Wrestling
19:30							
20:00			UAE Warriors 23: Arabia 5				International Wrestling Syndicate
20:30				TNA Destination X 2006			IMPACT! Wrestling
21:00		Fight Network Recharged - Matt Bessette					
21:30							
22:00	We Love MMA 50	New Japan Pro Wrestling - The New Beginning in Sapporo Part 1			Fight Network Recharged - Andre Soukamhtath	KSW 72: Romanowski vs. Grzebyk	IMPACT on Spike
22:30							
23:00		New Japan Pro Wrestling - The New Beginning in Sapporo Part 2	Fight Network Recharged - Chip Moraza Pollard		Catalyst Wrestling		
23:30					Dog or Pass Podcast		IMPACT on Spike
0:00		New Japan Pro Wrestling - The New Beginning in Osaka Part 1	Fight Network Recharged - Andre Soukamhtath	IMPACT in 60 - The Disciples of the New Church			
0:30							
1:00	King of Kings 94: World Series in Tallinn	New Japan Pro Wrestling - The New Beginning in Osaka Part 2	Boxing World Weekly	IMPACT! Wrestling	International Wrestling Syndicate	Lux Fight League 25 Challenge	BKFC Fight Night: Montana
1:30			Viral Violence: Changing Boxing Landscape from		Viral Violence: Changing Boxing Landscape from		
2:00		Retrospective - Rob Van Dam Part 2	CES MMA 45: Gooch vs. Coutinho		KSW 72: Romanowski vs. Grzebyk		
2:30		Classic All-Star Wrestling					
3:00		Ring of Honor Wrestling - HOF: Briscoe Bros		New Japan Pro Wrestling			New Japan Pro Wrestling - The New Beginning in Sapporo Part 1
3:30							
4:00	Fight Network Recharged - 'Smokin' Jo Nattawut Part 2	ROH Classics		Dog or Pass Podcast		BKFC Fight Night: Montana	New Japan Pro Wrestling - The New Beginning in Sapporo Part 2
4:30							
5:00	Fight Network Recharged - Matt Bessette	After The Fight - GLORY 60 Lyon	Fight Network Recharged - Andre Soukamhtath		International Wrestling Syndicate		New Japan Pro Wrestling - The New Beginning in Osaka Part 1
5:30		Judo World Championships Astana		Retrospective - Rob Van Dam Part 2	Catalyst Wrestling		

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Western European Time	MONDAY Aug 22, 2022	TUESDAY Aug 23, 2022	WEDNESDAY Aug 24, 2022	THURSDAY Aug 25, 2022	FRIDAY Aug 26, 2022	SATURDAY Aug 27, 2022	SUNDAY Aug 28, 2022
6:00	New Japan Pro Wrestling - The New Beginning in Osaka Part 2	KSW 44: The Game	UAE Warriors 24: International	Lion Fight 36	New Japan Pro Wrestling	BRAVE Combat 61	New Frontier Pro
6:30							
7:00	New Japan Pro Wrestling				New Frontier Pro		
7:30							
8:00	IMPACT in 60 - The Disciples of the New Church						BRAVE Combat 61
8:30							
9:00	IMPACT! Wrestling	Diary with Rhino	MFC 31: Rundown	Fight Network Recharged - Muay Thai Legends Vol. 2	New Japan Pro Wrestling - Sakura Genesis Part 2	IMPACT on Spike	
9:30		Retrospective - Rory MacDonald					
10:00		It's Showtime Special		Fight Network Recharged - Stars by State: Massachusetts	New Japan Pro Wrestling - Wrestling Toyo Province 2017	IMPACT on Spike	
10:30							
11:00	TNA Destination X 2006	Ultimate Strongman 2017 - Masters World Championship	ROAD FC 55	CES MMA 46: Howard vs. Carroll	Fight Network Recharged - Chris Curtis	ROH Classics	BKFC Fight Night: Wichita
11:30							
12:00		UK's Strongest Man 2019 - Part 3/3			Fight Network Recharged - Muay Thai Legends Vol. 1	Fight Network Recharged - Stars by State: Massachusetts	
12:30							
13:00		World Armwrestling League	ROH Classics		Fight Network Recharged - Muay Thai Legends Vol. 2	Catalyst Wrestling	Ring of Honor Wrestling - HOF: Bryan Danielson
13:30						Retrospective - Rory MacDonald	
14:00		We Love MMA 51	Fight Network Recharged - Chris Curtis	Lion Fight 36	Fight Network Recharged - Stars by State: Massachusetts	New Japan Pro Wrestling - New Cup Japan 2017	ROH Classics
14:30	Viral Violence: Changing Boxing Landscape from						
15:00	KSW 44: The Game		Fight Network Recharged - Muay Thai Legends Vol. 1		TNA No Surrender 2011	New Japan Pro Wrestling - Sakura Genesis Part 1	New Japan Pro Wrestling - New Cup Japan 2017
15:30							
16:00			Pancrase in 60 - Nate Marquardt: Middleweight King			New Japan Pro Wrestling	New Japan Pro Wrestling - Sakura Genesis Part 1
16:30							
17:00		Abu Dhabi Grand Slam London 2018 - Part 8/8	KSW 44: The Game	Retrospective - Rory MacDonald		IMPACT in 60 - Sabu	New Japan Pro Wrestling - Sakura Genesis Part 2
17:30				Vicious: Making a Champion			
18:00	Pancrase in 60 - Nate Marquardt: Middleweight King	BRAVE Combat 40		IMPACT on Spike	Vicious: Making a Champion	TNA No Surrender 2011	New Japan Pro Wrestling - Wrestling Toyo Province 2017
18:30							
19:00	CAGE 49			IMPACT on Spike	BRAVE Combat 40		New Japan Pro Wrestling
19:30							
20:00		Fight Network Recharged - Chris Curtis	UAE Warriors 24: International	TNA No Surrender 2011			IMPACT on Spike
20:30							
21:00		Fight Network Recharged - Muay Thai Legends Vol. 1			Fight Network Recharged - Muay Thai Legends Vol. 2		IMPACT! Wrestling
21:30						Boxing World Weekly	
22:00	We Love MMA 51	New Japan Pro Wrestling - New Cup Japan 2017			Fight Network Recharged - Stars by State: Massachusetts	BRAVE Combat 61 Prelims	
22:30							
23:00		New Japan Pro Wrestling - Sakura Genesis Part 1	Fight Network Recharged - Muay Thai Legends Vol. 2		Catalyst Wrestling		IMPACT on Spike
23:30				Boxing World Weekly	Retrospective - Rory MacDonald		
0:00		New Japan Pro Wrestling - Sakura Genesis Part 2	Fight Network Recharged - Stars by State: Massachusetts	IMPACT in 60 - Sabu	Fight Network Recharged - Chris Curtis		IMPACT on Spike
0:30							
1:00	King of Kings 96: World Series in Vilnius	New Japan Pro Wrestling - Wrestling Toyo Province 2017	Boxing World Weekly	IMPACT! Wrestling	International Wrestling Syndicate	BRAVE Combat 61	BKFC Fight Night: Wichita
1:30			Vicious: Making a Champion		Vicious: Making a Champion		
2:00		Retrospective - Rory MacDonald	CES MMA 46: Howard vs. Carroll		BRAVE Combat 61 Prelims		
2:30		Classic All-Star Wrestling					
3:00		Ring of Honor Wrestling - HOF: Bryan Danielson		New Japan Pro Wrestling			New Japan Pro Wrestling - New Cup Japan 2017
3:30							
4:00	Fight Network Recharged - Chris Curtis	ROH Classics		IMPACT! Wrestling		BKFC Fight Night: Wichita	New Japan Pro Wrestling - Sakura Genesis Part 1
4:30							
5:00	Fight Network Recharged - Muay Thai Legends Vol. 1	After The Fight - UFC 231	Fight Network Recharged - Stars by State: Massachusetts		International Wrestling Syndicate		New Japan Pro Wrestling - Sakura Genesis Part 2
5:30		Judo Qingdao Grand Prix 2015 Highlights			Catalyst Wrestling		