



Eastern	MONDAY Aug 17, 2026	TUESDAY Aug 18, 2026	WEDNESDAY Aug 19, 2026	THURSDAY Aug 20, 2026	FRIDAY Aug 21, 2026	SATURDAY Aug 22, 2026	SUNDAY Aug 23, 2026		
6:00	Fight Network Recharged - French Muay Thai	Fight Network Recharged - Brett Hlavacek	PGF Documentaries	Retrospective - Joe Valtellini Part 2	Diary: Rosemary	International Sumo League	Fight Network Recharged - Lion Fights Knockouts Part 13		
6:30				After The Fight - GLORY 56 Denver	Immersed - Cody Deaner: Part 2				
7:00	Fight Network Recharged - 'Smokin' Joe Nattawut Part 3	Abu Dhabi Grand Slam Rio Part 1/4	Pro Grapplers Federation	Diary: Rosemary	Fight Network Recharged - Jorina Baars	Fight Network Recharged - Lion Fights Knockouts Part 13	Fight Network Recharged - Lion Fights Knockouts Part 14		
7:30				Immersed - Cody Deaner: Part 2					
8:00	Pancrase in 60 - Carlos Condit	Retrospective - Joe Valtellini Part 2	ISKA 2026: US Open - World Breaking Championship	Fight Network Recharged - Lion Fights Knockouts Part 13	Ultimate Strongman 2017 - The Battle of Britain	Fight Network Recharged - Jorina Baars	ISKA 2026: US Open - World Breaking Championship		
8:30		Immersed - KC Navarro: Worth the Fight							
9:00	Diary: Jordynne Grace	Diary: Rosemary	PFL Vault	Fight Network Recharged - Lion Fights Knockouts Part 14	UK's Strongest Man 2020 - Part 2/5	Fight Network Recharged - Brett Hlavacek	PFL Vault		
9:30	Immersed - Cody Deaner: Part 1	Immersed - Cody Deaner: Part 2							
10:00	PGF Documentaries	Pancrase in 60 - UFC Veterans	Fight Network Recharged - Jorina Baars	IMPACT in 60 - The Naturals	World Armwrestling League	Diary: Rosemary	After The Fight - GLORY 56 Denver		
10:30						Immersed - KC Navarro: Worth the Fight	Retrospective - Joe Valtellini Part 2		
11:00	Pro Grapplers Federation	Fight Network Recharged - Lion Fights Knockouts Part 13	Fight Network Recharged - Brett Hlavacek	IMPACT in 60 - Best of D'Lo Brown	Fight Network Recharged - Brett Hlavacek	IMPACT in 60 - The Naturals	Fight Network Recharged - Lion Fights Knockouts Part 14		
11:30									
12:00	Paid Programming	Paid Programming	Paid Programming	Immersed - KC Navarro: Worth the Fight	Immersed - KC Navarro: Worth the Fight	IMPACT in 60 - Best of D'Lo Brown	Pancrase in 60 - UFC Veterans		
12:30	Immersed - KC Navarro: Worth the Fight	Retrospective - Joe Valtellini Part 2	Immersed - Cody Deaner: Part 2	Retrospective - Joe Valtellini Part 2	After The Fight - GLORY 56 Denver				
13:00	Fight Network Recharged - Lion Fights Knockouts Part 13	ISKA 2026: US Open - World Breaking Championship	IMPACT on Spike S9	Fight Network Recharged - Brett Hlavacek	Invicta FC 51: Tennant vs. Bernardo	Paid Programming	Paid Programming		
13:30						Retrospective - Joe Valtellini Part 2	Immersed - Cody Deaner: Part 2		
14:00	Fight Network Recharged - Lion Fights Knockouts Part 14	RIZIN Landmark 5 in Yoyogi	IMPACT on Spike S9	Bellator 227		After The Fight - GLORY 56 Denver	Fight Network Recharged - Lion Fights Knockouts Part 13		
14:30									
15:00	Fight Network Recharged - Jorina Baars		IMPACT on Spike S9	Bellator 227	Fight Network Recharged - Lion Fights Knockouts Part 14	WSOF 35: Ivanov vs. Jordan	RIZIN 54		
15:30									
16:00	Fight Network Recharged - Brett Hlavacek	PFL Vault	PFL Vault	PFL Vault	PFL Vault	PFL Vault			
16:30									
17:00	PFL Vault	PFL Vault	PFL Vault	PFL Vault	PFL Vault	PFL Vault			
17:30									
18:00	Pancrase in 60 - UFC Veterans	RIZIN 42	PFL Vault	Bellator 226	BKFC Fight Night Mohegan Sun: Henry vs. Trinidad Prelims LIVE!	Fight Network Recharged - Lion Fights Knockouts Part 14	PFL Vault		
18:30			IMPACT in 60 - The Naturals		Fight Network Recharged - Lion Fights Knockouts Part 13			Fight Network Recharged - Jorina Baars	
19:00	Retrospective - Joe Valtellini Part 2		IMPACT in 60 - Best of D'Lo Brown	PFL Vault	Fight Network Recharged - Jorina Baars	Retrospective - Joe Valtellini Part 2	Fight Network Recharged - Brett Hlavacek		
19:30	After The Fight - GLORY 56 Denver					Diary: Rosemary		Immersed - Cody Deaner: Part 2	
20:00	Diary: Rosemary	RIZIN Landmark 5 in Yoyogi	TNA IMPACT! S26	BKFC 56	Dog or Pass Podcast	Pancrase in 60 - UFC Veterans			
20:30	Immersed - Cody Deaner: Part 2						BKFC Fight Night Sturgis: Acheson vs. Jones Prelims	Immersed - KC Navarro: Worth the Fight	
21:00	Carjitsu Championship			Heroes of Lucha Libre	Heroes of Lucha Libre		Dog or Pass Podcast	After The Fight - GLORY 56 Denver	BKB 52: No Turning Back
21:30									
22:00	SlapFIGHT Championship: Friday Night Fights	Heroes of Lucha Libre	ROH Classics	Dog or Pass Podcast	After The Fight - GLORY 56 Denver	BKB 52: No Turning Back			
22:30							International Wrestling Syndicate	Diary: Rosemary	Immersed - Cody Deaner: Part 2
23:00	SlapFIGHT Championship: Friday Night Fights	Classic All-Star Wrestling	Heroes of Lucha Libre	Dog or Pass Podcast	After The Fight - GLORY 56 Denver	BKB 52: No Turning Back			
23:30							IMPACT in 60 - The Naturals	Immersed - Cody Deaner: Part 2	
0:00	BKFC Fight Night Sturgis: Acheson vs. Jones Prelims	Heroes of Lucha Libre	Heroes of Lucha Libre	Dog or Pass Podcast	After The Fight - GLORY 56 Denver	BKB 52: No Turning Back			
0:30							Immersed - KC Navarro: Worth the Fight	Immersed - Cody Deaner: Part 2	
1:00	BKFC Fight Night Sturgis: Acheson vs. Jones	Heroes of Lucha Libre	ROH Classics	Dog or Pass Podcast	After The Fight - GLORY 56 Denver	BKB 52: No Turning Back			
1:30							Immersed - KC Navarro: Worth the Fight	Immersed - Cody Deaner: Part 2	
2:00	BKFC Fight Night Sturgis: Acheson vs. Jones	Heroes of Lucha Libre	ROH Classics	Dog or Pass Podcast	After The Fight - GLORY 56 Denver	BKB 52: No Turning Back			
2:30							Immersed - KC Navarro: Worth the Fight	Immersed - Cody Deaner: Part 2	
3:00	Retrospective - Joe Valtellini Part 2	Pancrase in 60 - UFC Veterans	Ultimate Strongman 2017 - The Battle of Britain	Retrospective - Joe Valtellini Part 2	Diary: Rosemary	IMPACT in 60 - The Naturals			
3:30							Immersed - Cody Deaner: Part 2	Immersed - Cody Deaner: Part 2	
4:00	Fight Network Recharged - Lion Fights Knockouts Part 14	Fight Network Recharged - Lion Fights Knockouts Part 13	UK's Strongest Man 2020 - Part 2/5	Fight Network Recharged - Brett Hlavacek	Retrospective - Joe Valtellini Part 2	IMPACT in 60 - Best of D'Lo Brown			
4:30					Immersed - Cody Deaner: Part 2		Immersed - Cody Deaner: Part 2		
5:00	Fight Network Recharged - Jorina Baars	Fight Network Recharged - Lion Fights Knockouts Part 14	World Armwrestling League	Pancrase in 60 - UFC Veterans	IMPACT in 60 - Best of D'Lo Brown	Fight Network Recharged - Brett Hlavacek			
5:30							Retrospective - Joe Valtellini Part 2	After The Fight - GLORY 56 Denver	

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