



Eastern	MONDAY Dec 15, 2025	TUESDAY Dec 16, 2025	WEDNESDAY Dec 17, 2025	THURSDAY Dec 18, 2025	FRIDAY Dec 19, 2025	SATURDAY Dec 20, 2025	SUNDAY Dec 21, 2025	
6:00	Fight Network Recharged - UFC Vets Vol. 2	It's Showtime Special	Abu Dhabi Grand Slam Rio 2018 - Part 2/8	Retrospective - Petey Williams	Diary with Eddie Edwards	Fight Network Recharged - Heavyweight KOs Vol. 1	Ultimate Strongman 2016 - Masters World Championship	
6:30				After The Fight - UFC 228	Immersed - Steve Maclin: TNA International			
7:00	Fight Network Recharged - Bellator Stars	Abu Dhabi Grand Slam Rio 2018 - Part 2/8	Pancrase in 60 - Frank Shamrock	Diary with Eddie Edwards	Retrospective - Petey Williams	Fight Network Recharged - Heavyweight KOs Vol. 2	UK's Strongest Man 2021 - Part 2/5	
7:30				Immersed - Steve Maclin: TNA International	Tristar Stories - GSP and the Next Generation			
8:00	IJF 2025: World Championships Part 11/11	IJF 2025: Ulaanbaatar Grand Slam Part 2/6	IJF 2025: Ulaanbaatar Grand Slam Part 4/6	IJF 2025: Ulaanbaatar Grand Slam Part 6/6	IJF 2025: Grand Prix Qingdao Part 2/6	Fight Network Recharged - Gaston Bolanos	World Armwrestling League	
8:30								
9:00	IJF 2025: Ulaanbaatar Grand Slam Part 1/6	IJF 2025: Ulaanbaatar Grand Slam Part 3/6	IJF 2025: Ulaanbaatar Grand Slam Part 5/6	IJF 2025: Grand Prix Qingdao Part 1/6	IJF 2025: Grand Prix Qingdao Part 3/6	Fight Network Recharged - Ky Hollenbeck	Abu Dhabi Grand Slam Rio 2018 - Part 2/8	
9:30								
10:00	Diary with Rhino	IMPACT in 60 - Austin Aries	It's Showtime Special	Fight Network Recharged - Heavyweight KOs Vol. 1	Fight Network Recharged - Gaston Bolanos	Pancrase in 60 - Frank Shamrock	Retrospective - Petey Williams	
10:30	Immersed - Joe Hendry: TNA World Champion						Tristar Stories - GSP and the Next Generation	
11:00	Retrospective - Gail Kim Part 2	SlapFIGHT Championship	IMPACT in 60 - Josh Alexander	Fight Network Recharged - Heavyweight KOs Vol. 2	Fight Network Recharged - Ky Hollenbeck	IMPACT in 60 - Best of UK Invasion	After The Fight - UFC 228	
11:30	After The Fight - GLORY 56 Denver						Immersed - Steve Maclin: TNA International	
12:00	Tristar Stories - GSP and the Next Generation	Immersed - Steve Maclin: TNA International	Diary with Eddie Edwards	Tristar Stories - GSP and the Next Generation	IMPACT in 60 - Best of UK Invasion	IMPACT in 60 - Battle Royals	Pancrase in 60 - Frank Shamrock	
12:30	Retrospective - Gail Kim Part 2	Diary with Eddie Edwards	Immersed - Steve Maclin: TNA International	Retrospective - Petey Williams	IMPACT in 60 - Battle Royals	IMPACT in 60 - Battle Royals	IMPACT in 60 - Best of UK Invasion	
13:00	Fight Network Recharged - Heavyweight KOs Vol. 1	Retrospective - Petey Williams	IMPACT on Spike S7	Ultimate Strongman 2016 - Masters World Championship				
13:30		After The Fight - UFC 228		UK's Strongest Man 2021 - Part 2/5	IMPACT on Spike S7			
14:00	Fight Network Recharged - Heavyweight KOs Vol. 2	Bare Knuckle Boxing 26	IMPACT on Spike S7			World Armwrestling League	IMPACT on Spike S7	BKB 48: Brawl in the Pines V
14:30								
15:00	Fight Network Recharged - Gaston Bolanos	Bare Knuckle Boxing 26	IMPACT on Spike S7	World Armwrestling League	IMPACT on Spike S7	IMPACT on Spike S7	TNA iMPACT! S25	
15:30								
16:00	Fight Network Recharged - Ky Hollenbeck	Bare Knuckle Boxing 26	IMPACT on Spike S7	IMPACT in 60 - Best of UK Invasion	IMPACT on Spike S7	Fight Network Recharged - Ky Hollenbeck	TNA iMPACT! S25	
16:30								
17:00	It's Showtime Special	Fight Network Recharged - Heavyweight KOs Vol. 1	Immersed - Steve Maclin: TNA International	IMPACT in 60 - Battle Royals	IMPACT on Spike S7	Fight Network Recharged - Ky Hollenbeck	TNA iMPACT! S25	
17:30			Retrospective - Petey Williams					
18:00	Pancrase in 60 - Frank Shamrock	Fight Network Recharged - Heavyweight KOs Vol. 2	IMPACT in 60 - Best of UK Invasion	TNA iMPACT! S25	Bare Knuckle Boxing 26	Fight Network Recharged - Heavyweight KOs Vol. 2	BKB 48: Brawl in the Pines V	
18:30								
19:00	Retrospective - Petey Williams	Fight Network Recharged - Gaston Bolanos	IMPACT in 60 - Battle Royals	TNA iMPACT! S25	Bare Knuckle Boxing 26	BKFC Mohegan Sun Prelims LIVE!	BKB 48: Brawl in the Pines V	
19:30	After The Fight - UFC 228							
20:00	Diary with Eddie Edwards	Fight Network Recharged - Ky Hollenbeck	TNA iMPACT! S25	Fight Network Recharged - Gaston Bolanos	Tristar Stories - GSP and the Next Generation	Fight Network Recharged - Heavyweight KOs Vol. 2	Fight Network Recharged - Gaston Bolanos	
20:30	Immersed - Steve Maclin: TNA International							
21:00	CarJitsu Championship	Pancrase in 60 - Frank Shamrock	International Wrestling Syndicate	BKFC 61	Tristar Stories - GSP and the Next Generation	BKFC 61	Fight Network Recharged - Ky Hollenbeck	
21:30								
22:00		It's Showtime Special	Classic All-Star Wrestling	BKFC Ice Wars 1: Battle of the Borders	BYB: Bare Knuckle Brawls - Super Middleweight Monsters: Liera vs. Jett	Diary with Eddie Edwards	BYB: Bare Knuckle Brawls - Super Middleweight Monsters: Liera vs. Jett	
22:30								
23:00	SlapFIGHT Championship	Retrospective - Petey Williams	ROH Classics	BKFC Ice Wars 1: Battle of the Borders	BYB: Bare Knuckle Brawls - Super Middleweight Monsters: Liera vs. Jett	Fight Network Recharged - Ky Hollenbeck	BYB: Bare Knuckle Brawls - Super Middleweight Monsters: Liera vs. Jett	
23:30	Tristar Stories - GSP and the Next Generation							
0:00	Chest Chop: PLN's Friday Nights Fights	Diary with Eddie Edwards	Heroes of Lucha Libre	IMPACT on Spike S7	BYB 24	TNA Xplosion	BYB 24	
0:30		Immersed - Steve Maclin: TNA International	Heroes of Lucha Libre					
1:00		BYB: Bare Knuckle Brawls - BYB Big Men Bleed Best	Heroes of Lucha Libre					Immersed - Steve Maclin: TNA International
1:30								
2:00	Fight Network Recharged - Heavyweight KOs Vol. 1	BYB 23	Ultimate Strongman 2016 - Masters World Championship	IMPACT on Spike S7	TNA iMPACT! S25	BKFC Fight Night Derby	IMPACT in 60 - Best of UK Invasion	
2:30			UK's Strongest Man 2021 - Part 2/5					
3:00	Fight Network Recharged - Heavyweight KOs Vol. 2		World Armwrestling League	IMPACT on Spike S7	IMPACT in 60 - Best of UK Invasion		Fight Network Recharged - Heavyweight KOs Vol. 1	
3:30								
4:00	Fight Network Recharged - Gaston Bolanos	Pancrase in 60 - Frank Shamrock	World Armwrestling League	IMPACT on Spike S7	Diary with Eddie Edwards	It's Showtime Special	Fight Network Recharged - Heavyweight KOs Vol. 2	
4:30								
5:00	Fight Network Recharged - Ky Hollenbeck	Fight Network Recharged - Heavyweight KOs Vol. 1	Pancrase in 60 - Frank Shamrock	Immersed - Steve Maclin: TNA International	It's Showtime Special	Fight Network Recharged - Heavyweight KOs Vol. 2		
5:30								



Eastern	MONDAY Dec 22, 2025	TUESDAY Dec 23, 2025	WEDNESDAY Dec 24, 2025	THURSDAY Dec 25, 2025	FRIDAY Dec 26, 2025	SATURDAY Dec 27, 2025	SUNDAY Dec 28, 2025	
6:00	Fight Network Recharged - Gaston Bolanos	It's Showtime Special	Abu Dhabi Grand Slam Rio 2018 - Part 3/8	Retrospective - Abyss	Diary with Ken Shamrock	Fight Network Recharged - Nate Andrews Vol. 1	Ultimate Strongman 2017 - Team World Championship	
6:30				After The Fight - GLORY 58 Chicago	Kazarian: Against All Odds			
7:00	Fight Network Recharged - Ky Hollenbeck	Abu Dhabi Grand Slam Rio 2018 - Part 3/8	Pancrase in 60 - Bas Rutten	Diary with Ken Shamrock	Retrospective - Abyss	Fight Network Recharged - Greg Rebello	UK's Strongest Man 2021 - Part 3/5	
7:30				Immersed - Frankie Kazarian: Against All Odds	Tristar Stories - Calderwood and Duffy			
8:00	IJF 2025: Grand Prix Qingdao Part 4/6	IJF 2025: Grand Prix Qingdao Part 6/6	IJF 2025: Lima Grand Prix Part 2/6	IJF 2025: Lima Grand Prix Part 4/6	IJF 2025: Lima Grand Prix Part 6/6	Fight Network Recharged - First Round KOs	World Armwrestling League	
8:30								
9:00	IJF 2025: Grand Prix Qingdao Part 5/6	IJF 2025: Lima Grand Prix Part 1/6	IJF 2025: Lima Grand Prix Part 3/6	IJF 2025: Lima Grand Prix Part 5/6	IJF 2025: Guadalajara Grand Prix Part 1/6	Fight Network Recharged - Super Submissions Vol. 1	Abu Dhabi Grand Slam Rio 2018 - Part 3/8	
9:30								
10:00	Diary with Eddie Edwards	IMPACT in 60 - Battle Royals	It's Showtime Special	Fight Network Recharged - Nate Andrews Vol. 1	Fight Network Recharged - First Round KOs	Pancrase in 60 - Bas Rutten	Retrospective - Abyss	
10:30	Immersed - Steve Maclin: TNA International						Tristar Stories - Calderwood and Duffy	
11:00	Retrospective - Petey Williams	SlapFIGHT Championship	IMPACT in 60 - Best of UK Invasion	Fight Network Recharged - Greg Rebello	Fight Network Recharged - Super Submissions Vol. 1	IMPACT in 60 - Brian Cage	After The Fight - GLORY 58 Chicago	
11:30	After The Fight - UFC 228						Immersed - Frankie Kazarian: Against All Odds	
12:00	Tristar Stories - Calderwood and Duffy	Immersed - Frankie Kazarian: Against All Odds	Diary with Ken Shamrock	Tristar Stories - Calderwood and Duffy	IMPACT in 60 - Brian Cage	IMPACT in 60 - Tara	Pancrase in 60 - Bas Rutten	
12:30	Retrospective - Petey Williams	Diary with Ken Shamrock	Immersed - Frankie Kazarian: Against All Odds	Retrospective - Abyss				
13:00	Fight Network Recharged - Nate Andrews Vol. 1	Retrospective - Abyss	IMPACT on Spike S7	Ultimate Strongman 2017 - Team World Championship	IMPACT in 60 - Tara	CarJitsu Championship	It's Showtime Special	
13:30		After The Fight - GLORY 58 Chicago		UK's Strongest Man 2021 - Part 3/5				
14:00	Fight Network Recharged - Greg Rebello	Bare Knuckle Boxing 27	IMPACT on Spike S7	World Armwrestling League	IMPACT on Spike S7	Pancrase in 60 - Bas Rutten	CarJitsu Championship	
14:30								
15:00	Fight Network Recharged - First Round KOs			IMPACT on Spike S7	IMPACT in 60 - Brian Cage	IMPACT on Spike S7	Fight Network Recharged - Nate Andrews Vol. 1	SlapFIGHT Championship
15:30	Fight Network Recharged - Super Submissions Vol. 1							
16:00	It's Showtime Special	Fight Network Recharged - Nate Andrews Vol. 1	Immersed - Frankie Kazarian: Against All Odds	IMPACT in 60 - Tara	Fight Network Recharged - First Round KOs	Bare Knuckle Boxing 27		
16:30								
17:00		Pancrase in 60 - Bas Rutten	Fight Network Recharged - Greg Rebello	IMPACT in 60 - Brian Cage	TNA IMPACT! S25		SlapFIGHT Championship	Fight Network Recharged - Greg Rebello
17:30								
18:00	Retrospective - Abyss	Fight Network Recharged - First Round KOs	IMPACT in 60 - Tara	TNA IMPACT! S25	Chest Chop: PLN's Friday Nights Fights	BKFC Ice Wars 2: River Cree Rumble	Fight Network Recharged - First Round KOs	
18:30	After The Fight - GLORY 58 Chicago							
19:00	Diary with Ken Shamrock	Fight Network Recharged - Super Submissions Vol. 1	TNA IMPACT! S25	Fight Network Recharged - First Round KOs	Chest Chop: PLN's Friday Nights Fights	BKFC Ice Wars 2: River Cree Rumble	Fight Network Recharged - First Round KOs	
20:00	Immersed - Frankie Kazarian: Against All Odds							
20:30	CarJitsu Championship	Pancrase in 60 - Bas Rutten	International Wrestling Syndicate	BKFC 27	Immersed - Frankie Kazarian: Against All Odds	BKFC 27	Fight Network Recharged - Super Submissions Vol. 1	
21:00		It's Showtime Special						Classic All-Star Wrestling
21:30								
22:00		Chest Chop: PLN's Friday Nights Fights	BYB: Bare Knuckle Brawls - Super Middleweight Monsters: Liera vs. Jett	Heroes of Lucha Libre	World Armwrestling League	TNA IMPACT! S25	BKFC Fight Night Mohegan Sun Prelims	IMPACT in 60 - Brian Cage
22:30								
23:00	SlapFIGHT Championship	Retrospective - Abyss	ROH Classics	BKFC Ice Wars 2: River Cree Rumble	BYB 25	Fight Network Recharged - Super Submissions Vol. 1	BYB 25	
23:30		Tristar Stories - Calderwood and Duffy						
0:00	Chest Chop: PLN's Friday Nights Fights	Diary with Ken Shamrock	Heroes of Lucha Libre	Immersed - Frankie Kazarian: Against All Odds	TNA IMPACT! S25	BKFC Fight Night Mohegan Sun	IMPACT in 60 - Tara	
0:30		Immersed - Frankie Kazarian: Against All Odds	Heroes of Lucha Libre	World Armwrestling League				
1:00								
1:30								
2:00	Tristar Stories - Calderwood and Duffy	BYB 24	Ultimate Strongman 2017 - Team World Championship	IMPACT on Spike S7	IMPACT in 60 - Brian Cage	Fight Network Recharged - Nate Andrews Vol. 1	Fight Network Recharged - First Round KOs	
2:30			UK's Strongest Man 2021 - Part 3/5					
3:00	Fight Network Recharged - Nate Andrews Vol. 1		World Armwrestling League	IMPACT on Spike S7				
3:30								
4:00	Fight Network Recharged - Greg Rebello	Fight Network Recharged - Nate Andrews Vol. 1	Pancrase in 60 - Bas Rutten	Diary with Ken Shamrock	Immersed - Frankie Kazarian: Against All Odds	Fight Network Recharged - Greg Rebello		
4:30								
5:00	Fight Network Recharged - First Round KOs	Fight Network Recharged - Nate Andrews Vol. 1	Pancrase in 60 - Bas Rutten	Immersed - Frankie Kazarian: Against All Odds	Diary with Ken Shamrock	Fight Network Recharged - Greg Rebello		
5:30								



Eastern	MONDAY Dec 29, 2025	TUESDAY Dec 30, 2025	WEDNESDAY Dec 31, 2025	THURSDAY Jan 1, 2026	FRIDAY Jan 2, 2026	SATURDAY Jan 3, 2026	SUNDAY Jan 4, 2026
6:00	Fight Network Recharged - First Round KOs	It's Showtime Special	Abu Dhabi Grand Slam Rio 2018 - Part 4/8	Retrospective - Moose	Diary with Cain Velasquez	Fight Network Recharged - Super Submissions Vol. 2	Ultimate Strongman 2017 - Masters World Championship
6:30				After The Fight - GLORY 59 Amsterdam	Immersed - Leon Slater		
7:00	Fight Network Recharged - Super Submissions Vol. 1	Abu Dhabi Grand Slam Rio 2018 - Part 4/8	Pancrase in 60 - Yuki Kondo	Diary with Cain Velasquez	Retrospective - Moose	Fight Network Recharged - Super Submissions Vol. 3	UK's Strongest Man 2021 - Part 4/5
7:30				Immersed - Leon Slater	Tristar Stories - A Day with Firas Zahabi		
8:00	IJF 2025: Guadalajara Grand Prix Part 2/6	IJF 2025: Guadalajara Grand Prix Part 4/6	IJF 2025: Guadalajara Grand Prix Part 6/6	IJF 2025: Zagreb Grand Prix Part 1/6	IJF 2025: Zagreb Grand Prix Part 3/6	Fight Network Recharged - CES Knockouts Vol. 1	World Armwrestling League
8:30							
9:00	IJF 2025: Guadalajara Grand Prix Part 3/6	IJF 2025: Guadalajara Grand Prix Part 5/6	IJF 2025: Zagreb Grand Prix Part 1/6	IJF 2025: Zagreb Grand Prix Part 2/6	IJF 2025: Zagreb Grand Prix Part 4/6	Fight Network Recharged - Lion Fight Knockouts Vol. 1	Abu Dhabi Grand Slam Rio 2018 - Part 4/8
9:30							
10:00	Diary with Ken Shamrock	IMPACT in 60 - Tara	It's Showtime Special	Fight Network Recharged - Super Submissions Vol. 2	Fight Network Recharged - CES Knockouts Vol. 1	Pancrase in 60 - Yuki Kondo	Retrospective - Moose
10:30	Immersed - Frankie Kazarian: Against All Odds						Tristar Stories - A Day with Firas Zahabi
11:00	Retrospective - Abyss	Carjitsu Championship	IMPACT in 60 - Brian Cage	Fight Network Recharged - Super Submissions Vol. 3	Fight Network Recharged - Lion Fight Knockouts Vol. 1	IMPACT in 60 - Killer Kross	After The Fight - GLORY 59 Amsterdam
11:30	After The Fight - GLORY 58 Chicago						Immersed - Leon Slater
12:00	Tristar Stories - A Day with Firas Zahabi	Immersed - Leon Slater	Diary with Cain Velasquez	Tristar Stories - A Day with Firas Zahabi	IMPACT in 60 - Killer Kross	IMPACT in 60 - Mixed Tag-Team Matches	Pancrase in 60 - Yuki Kondo
12:30	Bumps & Bites	Diary with Cain Velasquez	Immersed - Leon Slater	Retrospective - Moose			
13:00	Fight Network Recharged - Super Submissions Vol. 2	Retrospective - Moose	IMPACT on Spike S7	Ultimate Strongman 2017 - Masters World Championship	IMPACT in 60 - Mixed Tag-Team Matches	Fight Network Recharged - Super Submissions Vol. 2	It's Showtime Special
13:30		After The Fight - GLORY 59 Amsterdam					
14:00	Fight Network Recharged - Super Submissions Vol. 3	Bare Knuckle Boxing 28	IMPACT on Spike S7	UK's Strongest Man 2021 - Part 4/5	IMPACT on Spike S7	Immersed - Leon Slater	Carjitsu Championship
14:30						Diary with Cain Velasquez	
15:00	Fight Network Recharged - CES Knockouts Vol. 1		IMPACT on Spike S7	World Armwrestling League	IMPACT on Spike S7	Retrospective - Moose	SlapFIGHT Championship
15:30						After The Fight - GLORY 59 Amsterdam	
16:00	Fight Network Recharged - Lion Fight Knockouts Vol. 1			IMPACT in 60 - Killer Kross	IMPACT on Spike S7	Fight Network Recharged - Super Submissions Vol. 2	Bumps & Bites
16:30						Diary with Cain Velasquez	
17:00	It's Showtime Special	Fight Network Recharged - Super Submissions Vol. 2	Immersed - Leon Slater	IMPACT in 60 - Mixed Tag-Team Matches		Fight Network Recharged - CES Knockouts Vol. 1	
17:30			Retrospective - Moose				
18:00	Pancrase in 60 - Yuki Kondo	Fight Network Recharged - Super Submissions Vol. 3	IMPACT in 60 - Killer Kross	TNA iMPACT! S25	Carjitsu Championship	Fight Network Recharged - Super Submissions Vol. 3	Bare Knuckle Boxing 28
18:30							
19:00	Retrospective - Moose	Fight Network Recharged - CES Knockouts Vol. 1	IMPACT in 60 - Mixed Tag-Team Matches		SlapFIGHT Championship		
19:30	After The Fight - GLORY 59 Amsterdam						
20:00	Diary with Cain Velasquez	Fight Network Recharged - Lion Fight Knockouts Vol. 1	TNA iMPACT! S25	Fight Network Recharged - CES Knockouts Vol. 1	Ultimate Tire Wrestling: PLN's Friday Night Fights	BKFC Ice Wars 3: Bare Knuckle Brawls	Fight Network Recharged - CES Knockouts Vol. 1
20:30	Immersed - Leon Slater						
21:00	Carjitsu Championship	Pancrase in 60 - Yuki Kondo		BKFC 28			Fight Network Recharged - Lion Fight Knockouts Vol. 1
21:30							
22:00	SlapFIGHT Championship	It's Showtime Special	International Wrestling Syndicate		BYB: Bare Knuckle Brawls - BYB 11: Brawl in Doral	BKFC 28	BYB: Bare Knuckle Brawls - BYB 11: Brawl in Doral
22:30			Classic All-Star Wrestling				
23:00	Ultimate Tire Wrestling: PLN's Friday Night Fights	Retrospective - Moose	ROH Classics	BKFC Ice Wars 3: Bare Knuckle Brawls	BYB 26		BYB 26
23:30		Tristar Stories - A Day with Firas Zahabi					
0:00		Diary with Cain Velasquez	Heroes of Lucha Libre				
0:30		Immersed - Leon Slater					
1:00	Pancrase in 60 - Yuki Kondo	BYB: Bare Knuckle Brawls - BYB: Sometimes You're the Hammer...	Heroes of Lucha Libre	Immersed - Leon Slater	Retrospective - Moose	Fight Network Recharged - Super Submissions Vol. 2	
1:30							
2:00	Bumps & Bites	BYB 25	Ultimate Strongman 2017 - Masters World Championship	IMPACT on Spike S7	TNA iMPACT! S25	Fight Network Recharged - Super Submissions Vol. 3	IMPACT in 60 - Killer Kross
2:30	Tristar Stories - A Day with Firas Zahabi						
3:00	Fight Network Recharged - Super Submissions Vol. 2		UK's Strongest Man 2021 - Part 4/5			Fight Network Recharged - CES Knockouts Vol. 1	IMPACT in 60 - Mixed Tag-Team Matches
3:30							
4:00	Fight Network Recharged - Super Submissions Vol. 3		World Armwrestling League	IMPACT on Spike S7	IMPACT in 60 - Killer Kross	It's Showtime Special	Fight Network Recharged - Super Submissions Vol. 2
4:30							
5:00	Fight Network Recharged - CES Knockouts Vol. 1	Fight Network Recharged - Super Submissions Vol. 2	Pancrase in 60 - Yuki Kondo		Diary with Cain Velasquez	Immersed - Leon Slater	Fight Network Recharged - Super Submissions Vol. 3
5:30					Immersed - Leon Slater	Diary with Cain Velasquez	