

Western European Time	MONDAY Mar 9, 2026	TUESDAY Mar 10, 2026	WEDNESDAY Mar 11, 2026	THURSDAY Mar 12, 2026	FRIDAY Mar 13, 2026	SATURDAY Mar 14, 2026	SUNDAY Mar 15, 2026
6:00	PFL Vault	Retrospective - Rory MacDonald	BYB: Bare Knuckle Brawls - Women's Welterweight Championship: Cotton vs. Barber	Heroes of Lucha Libre	PFL Vault	Bellator 238	IMPACT in 60 - Su Yung
6:30		After The Fight - GLORY 60 Lyon					
7:00	PFL Vault	Diary: Karina Rodriguez	PFL Vault	Heroes of Lucha Libre	PFL Vault	Bellator 238	IMPACT in 60 - Kazarian
7:30		Immersed - Leon Slater					
8:00	Pancrase in 60 - Best of UFC Vets Vol. 3	Fight Network Recharged - Yodsanklai Fairtex	PFL Vault	Ultimate Strongman 2017 - Masters World Championship	WSOF 11: Gaethje vs. Newell	Immersed - Leon Slater	Ultimate Strongman 2017 - Masters World Championship
8:30							
9:00	Fight Network Recharged - Jason Andrada Part 1	Fight Network Recharged - Canadian Muay Thai	Fight Network Recharged - Yodsanklai Fairtex	UK's Strongest Man 2013 - Part 4/5	WSOF 11: Gaethje vs. Newell	Fight Network Recharged - Cosmo Alexandre	UK's Strongest Man 2013 - Part 4/5
9:30							
10:00	Fight Network Recharged - Jason Andrada Part 2	Fight Network Recharged - Cosmo Alexandre	Fight Network Recharged - Canadian Muay Thai	World Armwrestling League	WSOF 11: Gaethje vs. Newell	Fight Network Recharged - Malaipet Sasiprapa Part 1	World Armwrestling League
10:30							
11:00	Fight Network Recharged - Ognjen Topic	Fight Network Recharged - Malaipet Sasiprapa Part 1	Fight Network Recharged - Cosmo Alexandre	Retrospective - Rory MacDonald	Diary: Karina Rodriguez	PFL Vault	Diary: Karina Rodriguez
11:30				After The Fight - GLORY 60 Lyon			
12:00	Fight Network Recharged - Marianna Kheifets	Abu Dhabi Grand Slam UAE 2019 Part 6/10	Fight Network Recharged - Malaipet Sasiprapa Part 1	Diary: Karina Rodriguez	Retrospective - Rory MacDonald	Fight Network Recharged - Yodsanklai Fairtex	Bellator 289: Stots vs. Sabatello
12:30				Immersed - Leon Slater			
13:00	IJF 2025: Abu Dhabi Grand Slam Part 5/6	IJF 2026: Paris Grand Slam Part 1/4	IJF 2026: Paris Grand Slam Part 3/4	IJF 2025: Tokyo Grand Slam Part 1/4	IJF 2025: Tokyo Grand Slam Part 3/4	Fight Network Recharged - Canadian Muay Thai	Bellator 289: Stots vs. Sabatello
13:30							
14:00	IJF 2025: Abu Dhabi Grand Slam Part 6/6	IJF 2026: Paris Grand Slam Part 2/4	IJF 2026: Paris Grand Slam Part 4/4	IJF 2025: Tokyo Grand Slam Part 2/4	IJF 2025: Tokyo Grand Slam Part 4/4	Bumps & Bites	Bellator 289: Stots vs. Sabatello
14:30						After The Fight - GLORY 60 Lyon	
15:00	PGF Documentaries	Pancrase in 60 - Jason DeLucia	Tristar Stories - GSP and the Next Generation	PFL Vault	PFL Vault	Pancrase in 60 - Jason DeLucia	Retrospective - Rory MacDonald
15:30			Bumps & Bites				Tristar Stories - GSP and the Next Generation
16:00	Pro Grapplers Federation	PFL Vault	PFL Vault	PFL Vault	PFL Vault	IMPACT in 60 - Su Yung	Diary: Karina Rodriguez
16:30							Immersed - Leon Slater
17:00	Immersed - Frankie Kazarian: Against All Odds	Bumps & Bites	After The Fight - GLORY 60 Lyon	Diary: Karina Rodriguez	Bellator 237	IMPACT in 60 - Kazarian	Bellator 292: Nurmagomedov vs. ...
17:30	Tristar Stories - GSP and the Next Generation	Untold Story of Simon "The One" Marcus: The	Immersed - Leon Slater	Retrospective - Rory MacDonald			
18:00	Fight Network Recharged - Yodsanklai Fairtex	Retrospective - Rory MacDonald	IMPACT on Spike S8	PFL Vault	Bellator 237	Tristar Stories - GSP and the Next Generation	Bellator 292: Nurmagomedov vs. ...
18:30		Diary: Karina Rodriguez					
19:00	Fight Network Recharged - Canadian Muay Thai	Bellator 292: Nurmagomedov vs. ...	IMPACT on Spike S8	Bellator 238	PFL Vault	Diary: Karina Rodriguez	PFL Vault
19:30						Immersed - Leon Slater	
20:00	Fight Network Recharged - Cosmo Alexandre	Bellator 292: Nurmagomedov vs. ...	IMPACT on Spike S8	Bellator 238	TNA iMPACT! S26	Bellator 237	PFL Vault
20:30							
21:00	Fight Network Recharged - Malaipet Sasiprapa Part 1	Fight Network Recharged - Yodsanklai Fairtex	IMPACT on Spike S8	Bumps & Bites	TNA iMPACT! S26	Bellator 237	PFL Vault
21:30							
22:00	PFL Vault	PFL Vault	PFL Vault	PFL Vault	PFL Vault	PFL Vault	PFL Vault
22:30							
23:00	Pancrase in 60 - Jason DeLucia	Bellator 289: Stots vs. Sabatello	Pancrase in 60 - Jason DeLucia	After The Fight - GLORY 60 Lyon	Fight Network Recharged - Yodsanklai Fairtex	Bare Knuckle Boxing 36	Bellator 238
23:30				Immersed - Leon Slater			
0:00	Retrospective - Rory MacDonald	Bellator 289: Stots vs. Sabatello	IMPACT in 60 - Su Yung	BKFC Fight Night Temecula	Fight Network Recharged - Canadian Muay Thai	Bare Knuckle Boxing 36	Bellator 238
0:30	After The Fight - GLORY 60 Lyon						
1:00	Diary: Karina Rodriguez	Bellator 289: Stots vs. Sabatello	IMPACT in 60 - Kazarian	BKFC Ice Wars 1: Battle of the Borders	Fight Network Recharged - Cosmo Alexandre	Bare Knuckle Boxing 36	Bellator 238
1:30	Immersed - Leon Slater						
2:00	Carjitsu Championship	PFL Vault	TNA iMPACT! S26	BKFC Ice Wars 1: Battle of the Borders	Fight Network Recharged - Malaipet Sasiprapa Part 1	Untold Story of Simon "The One" Marcus: The	PFL Vault
2:30						Bumps & Bites	
3:00	SlapFIGHT Championship	BYB 33	TNA iMPACT! S26	BKFC Ice Wars 1: Battle of the Borders	BYB: Bare Knuckle Brawls - BYB Welterweight Championship: Guerra vs. Shaffer	PFL Vault	BYB: Bare Knuckle Brawls - BYB Welterweight Championship: Guerra vs. Shaffer
3:30							
4:00	Invicta Elite	BYB 33	International Wrestling Syndicate	Dog or Pass Podcast	PFL Vault	PFL Vault	PFL Vault
4:30			Classic All-Star Wrestling				
5:00	Invicta Elite	BYB 33	ROH Classics	Bumps & Bites	TNA Xplosion	PFL Vault	PFL Vault
5:30				Immersed - Leon Slater			

Western European Time	MONDAY Mar 16, 2026	TUESDAY Mar 17, 2026	WEDNESDAY Mar 18, 2026	THURSDAY Mar 19, 2026	FRIDAY Mar 20, 2026	SATURDAY Mar 21, 2026	SUNDAY Mar 22, 2026
6:00	PFL Vault	Retrospective - Eric Young	BYB: Bare Knuckle Brawls - BYB Welterweight Championship; Guerra vs. Shaffer	Heroes of Lucha Libre	PFL Vault	Bellator 232	IMPACT in 60 - Clockwork Orange House of Fun
6:30		After The Fight - UFC 231					
7:00	PFL Vault	Diary: Jordynne Grace	PFL Vault	Heroes of Lucha Libre	PFL Vault	Untold Story of Simon "The One" Marcus: The	IMPACT in 60 - X-Division Championship
7:30		Immersed - Cody Deaner: Part 1					
8:00	Pancrase in 60 - Jason DeLucia	Fight Network Recharged - Malaipet Sasiprapa Part 2	PFL Vault	Ultimate Strongman 2017 - The Battle of Britain	WSOF 12: Palomino vs. Gonzalez	Fight Network Recharged - Women of Muay Thai	Ultimate Strongman 2017 - The Battle of Britain
8:30							
9:00	Fight Network Recharged - Yodsanklai Fairtex	Fight Network Recharged - Women of Muay Thai	Fight Network Recharged - Malaipet Sasiprapa Part 2	UK's Strongest Man 2013 - Part 5/5	WSOF 12: Palomino vs. Gonzalez	Fight Network Recharged - Nick Chasteen	UK's Strongest Man 2013 - Part 5/5
9:30							
10:00	Fight Network Recharged - Canadian Muay Thai	Fight Network Recharged - Nick Chasteen	Fight Network Recharged - Women of Muay Thai	World Armwrestling League	WSOF 12: Palomino vs. Gonzalez	Fight Network Recharged - Gaston Bolanos Part 2	Fight Network Recharged - Malaipet Sasiprapa Part 2
10:30							
11:00	Fight Network Recharged - Cosmo Alexandre	Fight Network Recharged - Gaston Bolanos Part 2	Fight Network Recharged - Nick Chasteen	Retrospective - Eric Young	Diary: Jordynne Grace	PFL Vault	Fight Network Recharged - Women of Muay Thai
11:30				After The Fight - UFC 231			
12:00	Fight Network Recharged - Malaipet Sasiprapa Part 1	Abu Dhabi Grand Slam UAE 2019 Part 7/10	Fight Network Recharged - Gaston Bolanos Part 2	Diary: Jordynne Grace	Retrospective - Eric Young	Fight Network Recharged - Malaipet Sasiprapa Part 2	Fight Network Recharged - Nick Chasteen
12:30				Immersed - Cody Deaner: Part 1			
13:00	IJF 2026: Paris Grand Slam Part 1/4	IJF 2026: Paris Grand Slam Part 3/4	IJF 2026: IJF Tashkent Grand Slam Part 1/6	IJF 2026: IJF Tashkent Grand Slam Part 3/6	IJF Tbilisi Grand Slam Day 1 LIVE!	IJF Tbilisi Grand Slam Day 2 LIVE!	IJF Tbilisi Grand Slam Day 3 LIVE!
13:30							
14:00	IJF 2026: Paris Grand Slam Part 2/4	IJF 2026: Paris Grand Slam Part 4/4	IJF 2026: IJF Tashkent Grand Slam Part 2/6	IJF 2026: IJF Tashkent Grand Slam Part 4/6	IJF Tbilisi Grand Slam Day 1 LIVE!	IJF Tbilisi Grand Slam Day 2 LIVE!	IJF Tbilisi Grand Slam Day 3 LIVE!
14:30							
15:00	PGF Documentaries	Pancrase in 60 - Ricardo Almeida	Tristar Stories - Calderwood and Duffy	PFL Vault	Bumps & Bites	Pancrase in 60 - Ricardo Almeida	Tristar Stories - Calderwood and Duffy
15:30			Bumps & Bites				
16:00	Pro Grapplers Federation	PFL Vault	PFL Vault	PFL Vault	PFL Vault	IMPACT in 60 - Clockwork Orange House of Fun	Diary: Jordynne Grace
16:30							
17:00	Untold Story of Simon "The One" Marcus: The	Bumps & Bites	After The Fight - UFC 231	Diary: Jordynne Grace	Bellator 225	IMPACT in 60 - X-Division Championship	Bellator 232
17:30	Tristar Stories - Calderwood and Duffy	Diary: Jordynne Grace	Immersed - Cody Deaner: Part 1	Retrospective - Eric Young			
18:00	Fight Network Recharged - Malaipet Sasiprapa Part 2	Retrospective - Eric Young	IMPACT on Spike S8	PFL Vault	Bellator 225	Tristar Stories - Calderwood and Duffy	Bellator 232
18:30		After The Fight - UFC 231					
19:00	Fight Network Recharged - Women of Muay Thai	WSOF 7: Karakhanyan vs. Palmer	IMPACT on Spike S8	Bellator 232	PFL Vault	Diary: Jordynne Grace	PFL Vault
19:30							
20:00	Fight Network Recharged - Nick Chasteen	WSOF 7: Karakhanyan vs. Palmer	IMPACT on Spike S8	Bumps & Bites	TNA iMPACT! S26	Bellator 225	PFL Vault
20:30							
21:00	Fight Network Recharged - Gaston Bolanos Part 2	WSOF 7: Karakhanyan vs. Palmer	IMPACT on Spike S8	PFL Vault	TNA iMPACT! S26	Bellator 225	PFL Vault
21:30							
22:00	PFL Vault	PFL Vault	PFL Vault	PFL Vault	PFL Vault	PFL Vault	PFL Vault
22:30							
23:00	Pancrase in 60 - Ricardo Almeida	Bellator 276: Borics vs. Burnell	Pancrase in 60 - Ricardo Almeida	After The Fight - UFC 231	Fight Network Recharged - Malaipet Sasiprapa Part 2	Bare Knuckle Boxing 37	WSOF 7: Karakhanyan vs. Palmer
23:30			Immersed - Cody Deaner: Part 1				
0:00	Retrospective - Eric Young	Bellator 276: Borics vs. Burnell	IMPACT in 60 - Clockwork Orange House of Fun	BKFC 36	Fight Network Recharged - Women of Muay Thai	Bare Knuckle Boxing 37	WSOF 7: Karakhanyan vs. Palmer
0:30	After The Fight - UFC 231						
1:00	Diary: Jordynne Grace	Bellator 276: Borics vs. Burnell	IMPACT in 60 - X-Division Championship	BKFC Ice Wars 2: River Cree Rumble	Fight Network Recharged - Nick Chasteen	Bare Knuckle Boxing 37	WSOF 7: Karakhanyan vs. Palmer
1:30	Immersed - Cody Deaner: Part 1						
2:00	Carjitsu Championship	PFL Vault	TNA iMPACT! S26	BKFC Ice Wars 2: River Cree Rumble	Fight Network Recharged - Gaston Bolanos Part 2	PFL Vault	PFL Vault
2:30							
3:00	SlapFIGHT Championship	BYB 34	TNA iMPACT! S26	BKFC 16: Garcia vs. Elmore	BYB: Bare Knuckle Brawls - BYB's London Debut: Driver vs. Dreiling	PFL Vault	BYB: Bare Knuckle Brawls - BYB's London Debut: Driver vs. Dreiling
3:30							
4:00	PFL Vault	BYB 34	International Wrestling Syndicate	Dog or Pass Podcast	PFL Vault	PFL Vault	PFL Vault
4:30			Classic All-Star Wrestling				
5:00	Pancrase in 60 - Ricardo Almeida	BYB 34	ROH Classics	Bumps & Bites	TNA Xplosion	PFL Vault	PFL Vault
5:30				Immersed - Cody Deaner: Part 1			

Western European Time	MONDAY Mar 23, 2026	TUESDAY Mar 24, 2026	WEDNESDAY Mar 25, 2026	THURSDAY Mar 26, 2026	FRIDAY Mar 27, 2026	SATURDAY Mar 28, 2026	SUNDAY Mar 29, 2026	
6:00	PFL Vault	Retrospective - Miesha Tate	BYB: Bare Knuckle Brawls - BYB's London Debut: Driver vs. Dreiling	Heroes of Lucha Libre	PFL Vault	Bellator 222	IMPACT in 60 - Holiday Edition	
6:30		After The Fight - Fight Night Lethbridge						
7:00	PFL Vault	Diary: Rosemary	PFL Vault	Heroes of Lucha Libre	PFL Vault			
7:30		Immersed - Cody Deaner: Part 2						
8:00	Pancrase in 60 - Ricardo Almeida	Fight Network Recharged - Chris Curtis Part 2	PFL Vault	Ultimate Strongman 2018 - Team World Championship	WSOF 13: Moraes vs. Bollinger	Fight Network Recharged - French Muay Thai	Ultimate Strongman 2018 - Team World Championship	
8:30				UK's Strongest Man 2014		Fight Network Recharged - 'Smokin' Joe Nattawut Part 3		UK's Strongest Man 2014
9:00	Fight Network Recharged - Malaipet Sasiprapa Part 2	Fight Network Recharged - French Muay Thai	Fight Network Recharged - Chris Curtis Part 2	World Armwrestling League		Fight Network Recharged - French Muay Thai		World Armwrestling League
9:30	Fight Network Recharged - Women of Muay Thai	Fight Network Recharged - 'Smokin' Joe Nattawut Part 3	Fight Network Recharged - French Muay Thai	World Armwrestling League		Fight Network Recharged - French Muay Thai		World Armwrestling League
10:00	Fight Network Recharged - Nick Chasteen	Fight Network Recharged - Jorina Baars	Fight Network Recharged - 'Smokin' Joe Nattawut Part 3	Retrospective - Miesha Tate	Diary: Rosemary	PFL Vault	Diary: Rosemary	
11:00				After The Fight - Fight Night Lethbridge	Immersed - Cody Deaner: Part 2		Immersed - Cody Deaner: Part 2	
11:30	Fight Network Recharged - Gaston Bolanos Part 2	Abu Dhabi Grand Slam UAE 2019 Part 8/10	Fight Network Recharged - Jorina Baars	Diary: Rosemary	Retrospective - Miesha Tate	Fight Network Recharged - Chris Curtis Part 2	Bellator 281: MVP vs. Storley	
12:00				Immersed - Cody Deaner: Part 2	Tristar Stories - A Day with Firas Zahabi			
12:30	IJF 2026: IJF Tashkent Grand Slam Part 5/6	IJF 2025: Abu Dhabi Grand Slam Part 1/6	IJF 2025: Abu Dhabi Grand Slam Part 3/6	IJF 2025: Abu Dhabi Grand Slam Part 5/6	IJF 2025: Tokyo Grand Slam Part 1/4	Fight Network Recharged - French Muay Thai		
13:00						Fight Network Recharged - French Muay Thai		
13:30	IJF 2026: IJF Tashkent Grand Slam Part 6/6	IJF 2025: Abu Dhabi Grand Slam Part 2/6	IJF 2025: Abu Dhabi Grand Slam Part 4/6	IJF 2025: Abu Dhabi Grand Slam Part 6/6	IJF 2025: Tokyo Grand Slam Part 2/4	Bumps & Bites		
14:00						After The Fight - Fight Night Lethbridge		
14:30	PGF Documentaries	Pancrase in 60 - First Round Submissions	Tristar Stories - A Day with Firas Zahabi	PFL Vault	PFL Vault	Pancrase in 60 - First Round Submissions	Retrospective - Miesha Tate	
15:00			Bumps & Bites				Tristar Stories - A Day with Firas Zahabi	
15:30	Pro Grapplers Federation	PFL Vault	PFL Vault	PFL Vault	PFL Vault	IMPACT in 60 - Holiday Edition	Diary: Rosemary	
16:00							Immersed - Cody Deaner: Part 2	
16:30	Immersed - Cody Deaner: Part 1	Bumps & Bites	After The Fight - Fight Night Lethbridge	Diary: Rosemary	Bellator 221	IMPACT in 60 - Beer Money	Bellator 296: Mousasi vs. Edwards	
17:00								Tristar Stories - A Day with Firas Zahabi
17:30	Fight Network Recharged - Chris Curtis Part 2	Retrospective - Miesha Tate	IMPACT on Spike S8	PFL Vault	Bumps & Bites	Tristar Stories - A Day with Firas Zahabi		
18:00						After The Fight - Fight Night Lethbridge	Retrospective - Miesha Tate	
18:30	Fight Network Recharged - French Muay Thai	Bellator 281: MVP vs. Storley	IMPACT on Spike S8	Bellator 222	IMPACT in 60 - Beer Money	Diary: Rosemary		
19:00						Immersed - Cody Deaner: Part 2		
19:30	Fight Network Recharged - 'Smokin' Joe Nattawut Part 3	Bellator 281: MVP vs. Storley	IMPACT on Spike S8	PFL Vault	TNA iMPACT! S26	Bellator 221		
20:00						Bumps & Bites		
20:30	Fight Network Recharged - Jorina Baars	PFL Vault	PFL Vault	PFL Vault	PFL Vault	PFL Vault		
21:00								
21:30	PFL Vault	PFL Vault	PFL Vault	PFL Vault	PFL Vault	PFL Vault		
22:00								
22:30	Pancrase in 60 - First Round Submissions	Bellator 296: Mousasi vs. Edwards	Pancrase in 60 - First Round Submissions	After The Fight - Fight Night Lethbridge	Fight Network Recharged - Chris Curtis Part 2	PFL Vault		
23:00				Immersed - Cody Deaner: Part 2				
23:30	Retrospective - Miesha Tate	Bellator 296: Mousasi vs. Edwards	IMPACT in 60 - Holiday Edition	BKFC 39	Fight Network Recharged - French Muay Thai	TAWF Preseason Game 2 LIVE!	Bellator 222	
0:00	After The Fight - Fight Night Lethbridge							
0:30	Diary: Rosemary							
1:00	Immersed - Cody Deaner: Part 2							
1:30	CarJitsu Championship	PFL Vault	TNA iMPACT! S26	BKFC Ice Wars 3: Bare Knuckle Brawls	Fight Network Recharged - Jorina Baars	TAWF Preseason Game 2 LIVE!	PFL Vault	
2:00								
2:30	SlapFIGHT Championship	BYB 35	International Wrestling Syndicate	BKFC 59	BYB: Bare Knuckle Brawls - BYB's London Debut: Nelson vs. Decastro	Dog or Pass Podcast	PFL Vault	
3:00								
3:30	Pancrase in 60 - First Round Submissions	ROH Classics	Classic All-Star Wrestling	Bumps & Bites	TNA Xplosion	PFL Vault		
4:00								
4:30	Pancrase in 60 - First Round Submissions	ROH Classics	ROH Classics	Immersed - Cody Deaner: Part 2	Tristar Stories - A Day with Firas Zahabi	PFL Vault		
5:00								
5:30	Pancrase in 60 - First Round Submissions	ROH Classics	ROH Classics	Immersed - Cody Deaner: Part 2	Tristar Stories - A Day with Firas Zahabi	PFL Vault		
5:30								