



Program Grid

Eastern	MONDAY Aug 8, 2022	TUESDAY Aug 9, 2022	WEDNESDAY Aug 10, 2022	THURSDAY Aug 11, 2022	FRIDAY Aug 12, 2022	SATURDAY Aug 13, 2022	SUNDAY Aug 14, 2022		
6:00	TKO 44: Hunter vs. Barriault	World Armwrestling League	Fight Network Recharged - Regian Eersel	Pancrase in 60 - Carlos Condit	IMPACT in 60 - Sienna	Ring of Honor Wrestling - Era of Honor Part 3	BKFC 23		
6:30									
7:00		Fight Network Recharged - Tiffany Van Soest	Fight Network Recharged - Julian Lane	Alphabet Soup: Boxing's Sanctioning Bodies	New Japan Pro Wrestling	ROH Classics			
7:30				Retrospective - Rob Van Dam Part 1					
8:00			King of Kings 84: World Series in Vilnius	Classic All-Star Wrestling	Fight Network Recharged - Tiffany Van Soest	Fight Network Recharged - 'Smokin' Jo Nattawut Part 1		International Wrestling Syndicate	Abu Dhabi Grand Slam London 2018 - Part 6/8
8:30		Diary with LAX Part 1				Boxing World Weekly			
9:00	TKO 45 Prelims		BRAVE Combat 59	Fight Network Recharged - Regian Eersel	Fight Network Recharged - Tiffany Van Soest	Paid Programming	Paid Programming		
9:30							Fight Network Recharged - Tiffany Van Soest	Retrospective - Rob Van Dam Part 1	
10:00								IMPACT in 60 - Sienna	
10:30		Diary with LAX Part 1				Fight Network Recharged - Julian Lane	Fight Network Recharged - Regian Eersel		
11:00				Abu Dhabi Grand Slam London 2018 - Part 6/8		Fight Network Recharged - 'Smokin' Jo Nattawut Part 1	After The Fight - UFC 231	Fight Network Recharged - Regian Eersel	IMPACT! Wrestling
11:30					Retrospective - Rob Van Dam Part 1				
12:00	Paid Programming	Paid Programming	Paid Programming	Paid Programming	Paid Programming	Dog or Pass Podcast			
12:30	Diary with LAX Part 1	Retrospective - Rob Van Dam Part 1	After The Fight - UFC 231	Judo World Championships Astana	Boxing World Weekly				
13:00	IMPACT! Wrestling	World Armwrestling League	ROH Classics	IMPACT on Spike	New Japan Pro Wrestling	Paid Programming	Paid Programming		
13:30						Retrospective - Rob Van Dam Part 1	After The Fight - UFC 231		
14:00					IMPACT on Spike	New Japan Pro Wrestling	ROH Classics	IMPACT on Spike	
14:30									
15:00	Ultimate Strongman 2018 - Masters World Championship	BRAVE Combat 59	UAE Warriors 20: International	TNA Victory Road 2008	New Japan Pro Wrestling	XMMA 4: Black Magic	New Japan Pro Wrestling		
15:30									IMPACT in 60 - Laurel Van Ness
16:00	UK's Strongest Man 2019 - Part 1/3								
16:30					IMPACT in 60 - Sienna				
17:00	Fight Network Recharged - Tiffany Van Soest	TKO 45 Prelims	Pancrase in 60 - Carlos Condit			BRAVE Combat 58 Prelims	BKFC 23		
17:30									
18:00	Fight Network Recharged - Regian Eersel			Fight Network Recharged - 'Smokin' Jo Nattawut Part 1	Alphabet Soup: Boxing's Sanctioning Bodies			Boxing World Weekly	
18:30									
19:00				Fight Network Recharged - Julian Lane	IMPACT in 60 - Sienna				
19:30	King of Kings 84: World Series in Vilnius					BRAVE Combat 58 Prelims	IMPACT in 60 - Sienna		
20:00			Fight Network Recharged - Julian Lane	Boxing World Weekly	IMPACT! Wrestling			Lux Fight League 25 Challenge LIVE!	
20:30				Alphabet Soup: Boxing's Sanctioning Bodies					
21:00			Retrospective - Rob Van Dam Part 1						
21:30		Diary with LAX Part 1	Classic All-Star Wrestling						
22:00		Ring of Honor Wrestling - Era of Honor Part 3	CES MMA 44: Bessette vs. Trujillo	New Japan Pro Wrestling	Dog or Pass Podcast	BRAVE Combat 58 Prelims			
22:30	BRAVE Combat 59								
23:00		ROH Classics							
23:30					Dog or Pass Podcast		International Wrestling Syndicate		
0:00			New Japan Pro Wrestling						
0:30					Boxing World Weekly				
1:00	TKO 45 Prelims	New Japan Pro Wrestling	Lion Fight 34	New Japan Pro Wrestling	BRAVE Combat 58 Prelims	TNA Victory Road 2008	XMMA 4: Black Magic		
1:30									
2:00									
2:30			New Frontier Pro						
3:00									
3:30			New Frontier Pro	TNA Victory Road 2008	IMPACT on Spike	Fight Network Recharged - Regian Eersel			
4:00	Ultimate Strongman 2018 - Masters World Championship	Ring of Honor Wrestling - Era of Honor Part 3			IMPACT on Spike	Fight Network Recharged - Julian Lane	BKFC 23		
4:30									
5:00	UK's Strongest Man 2019 - Part 1/3	ROH Classics	Boxing World Weekly		New Japan Pro Wrestling	Fight Network Recharged - 'Smokin' Jo Nattawut Part 1			
5:30			After The Fight - UFC 231	Boxing World Weekly					



Program Grid

Eastern	MONDAY Aug 15, 2022	TUESDAY Aug 16, 2022	WEDNESDAY Aug 17, 2022	THURSDAY Aug 18, 2022	FRIDAY Aug 19, 2022	SATURDAY Aug 20, 2022	SUNDAY Aug 21, 2022		
6:00	TKO 45 Prelims	World Armwrestling League	Fight Network Recharged - Matt Bessette	Pancrase in 60 - UFC Veterans	IMPACT in 60 - The Disciples of the New Church	Ring of Honor Wrestling - HOF: Briscoe Bros	BKFC Fight Night: Montana		
6:30									
7:00		Fight Network Recharged - 'Smokin' Jo Nattawut Part 2	Fight Network Recharged - Chip Moraza Pollard	Viral Violence: Changing Boxing Landscape from Retrospective - Rob Van Dam Part 2	New Japan Pro Wrestling	ROH Classics			
7:30									
8:00									
8:30			Classic All-Star Wrestling Diary with LAX Part 2	Fight Network Recharged - 'Smokin' Jo Nattawut Part 2	Fight Network Recharged - Andre Soukamhtath	International Wrestling Syndicate Boxing World Weekly	Abu Dhabi Grand Slam London 2018 - Part 7/8		
9:00	TKO 45: Jourdain vs. Morgan	King of Kings 94: World Series in Tallinn	BRAVE Combat 39	Fight Network Recharged - Matt Bessette	Fight Network Recharged - 'Smokin' Jo Nattawut Part 2	Paid Programming	Paid Programming		
9:30							Fight Network Recharged - 'Smokin' Jo Nattawut Part 2	Retrospective - Rob Van Dam Part 2	
10:00									
10:30							IMPACT in 60 - The Disciples of the New Church		
11:00			Abu Dhabi Grand Slam London 2018 - Part 7/8		IMPACT on Spike	After The Fight - Fight Night Lethbridge Retrospective - Rob Van Dam Part 2	Dog or Pass Podcast		
11:30							IMPACT! Wrestling		
12:00	Paid Programming	Paid Programming	Paid Programming	Paid Programming	Paid Programming	Paid Programming			
12:30	Diary with LAX Part 2	Retrospective - Rob Van Dam Part 2	After The Fight - Fight Night Lethbridge	Judo World Championships Astana	Boxing World Weekly	Retrospective - Rob Van Dam Part 2			
13:00	IMPACT! Wrestling	World Armwrestling League	ROH Classics	Viral Violence: Changing Boxing Landscape from	New Japan Pro Wrestling	KSW 73 LIVE!	Paid Programming		
13:30								IMPACT on Spike	
14:00					IMPACT on Spike		New Japan Pro Wrestling		
14:30									IMPACT on Spike
15:00		Ultimate Strongman 2018 - Team World Championship	BRAVE Combat 39	UAE Warriors 21: Arabia 4			New Japan Pro Wrestling		
15:30									
16:00	UK's Strongest Man 2019 - Part 2/3								
16:30				TNA Destination X 2006	IMPACT in 60 - Samoa Joe		New Japan Pro Wrestling		
17:00	Fight Network Recharged - 'Smokin' Jo Nattawut Part 2	TKO 45: Jourdain vs. Morgan	Pancrase in 60 - UFC Veterans		IMPACT in 60 - The Disciples of the New Church	ROH Classics	BKFC Fight Night: Montana		
17:30									
18:00	Fight Network Recharged - Matt Bessette			Fight Network Recharged - Andre Soukamhtath	Viral Violence: Changing Boxing Landscape from	Catalyst Wrestling			
18:30									
19:00									
19:30	King of Kings 94: World Series in Tallinn								
20:00									
20:30			Fight Network Recharged - Chip Moraza Pollard	Boxing World Weekly Viral Violence: Changing Boxing Landscape from		IMPACT! Wrestling	International Wrestling Syndicate Boxing World Weekly	IMPACT! Wrestling	
21:00			Retrospective - Rob Van Dam Part 2						
21:30			Classic All-Star Wrestling						
22:00	BRAVE Combat 39	Ring of Honor Wrestling - HOF: Briscoe Bros	CES MMA 45: Gooch vs. Coutinho	New Japan Pro Wrestling	KSW 72: Romanowski vs. Grzebyk	BKFC Fight Night: Montana	Lux Fight League 25 Challenge		
22:30									
23:00			ROH Classics						
23:30					Dog or Pass Podcast				
0:00									
0:30		New Japan Pro Wrestling				TNA Destination X 2006			
1:00	TKO 45: Jourdain vs. Morgan								
1:30			New Japan Pro Wrestling	Lion Fight 35	New Japan Pro Wrestling	Lux Fight League 25 Challenge			
2:00									
2:30									
3:00			New Frontier Pro						
3:30									
4:00	Ultimate Strongman 2018 - Team World Championship	Ring of Honor Wrestling - HOF: Briscoe Bros	New Frontier Pro	TNA Destination X 2006	IMPACT on Spike	Fight Network Recharged - Matt Bessette	BKFC Fight Night: Montana		
4:30									
5:00	UK's Strongest Man 2019 - Part 2/3								
5:30		ROH Classics							
			Boxing World Weekly After The Fight - Fight Night Lethbridge						
				Boxing World Weekly	Catalyst Wrestling	Fight Network Recharged - Andre Soukamhtath			



Program Grid

Eastern	MONDAY Aug 22, 2022	TUESDAY Aug 23, 2022	WEDNESDAY Aug 24, 2022	THURSDAY Aug 25, 2022	FRIDAY Aug 26, 2022	SATURDAY Aug 27, 2022	SUNDAY Aug 28, 2022
6:00	TKO 45: Jourdain vs. Morgan	World Armwrestling League	Fight Network Recharged - Muay Thai Legends Vol. 1	Pancrase in 60 - Nate Marquardt: Middleweight King	IMPACT in 60 - Sabu	Ring of Honor Wrestling - HOF: Bryan Danielson	BKFC Fight Night: Wichita
6:30							
7:00		Fight Network Recharged - Chris Curtis	Fight Network Recharged - Muay Thai Legends Vol. 2	Vicious: Making a Champion	New Japan Pro Wrestling	ROH Classics	
7:30				Retrospective - Rory MacDonald			
8:00			King of Kings: World Series in Slovakia 2021	Classic All-Star Wrestling	Fight Network Recharged - Chris Curtis	Fight Network Recharged - Stars by State: Massachusetts	International Wrestling Syndicate
8:30		Diary with Rhino				Boxing World Weekly	
9:00							Paid Programming
9:30	TKO 47: Jourdain vs. Ronson		BRAVE Combat 40	Fight Network Recharged - Muay Thai Legends Vol. 1	Fight Network Recharged - Chris Curtis	Fight Network Recharged - Chris Curtis	Retrospective - Rory MacDonald
10:00				Fight Network Recharged - Muay Thai Legends Vol. 2	Fight Network Recharged - Muay Thai Legends Vol. 1		IMPACT in 60 - Sabu
10:30						Fight Network Recharged - Muay Thai Legends Vol. 1	
11:00			Abu Dhabi Grand Slam London 2018 - Part 8/8	Ring of Honor Wrestling - HOF: Bryan Danielson	Fight Network Recharged - Stars by State: Massachusetts	After The Fight - GLORY 54 Birmingham	Fight Network Recharged - Muay Thai Legends Vol. 2
11:30					Retrospective - Rory MacDonald		
12:00	Paid Programming	Paid Programming	Paid Programming	Paid Programming	Paid Programming		
12:30	Diary with Rhino	Retrospective - Rory MacDonald	After The Fight - GLORY 54 Birmingham	Judo Qingdao Grand Prix 2015 Highlights	Boxing World Weekly	Classic All-Star Wrestling	
13:00	IMPACT! Wrestling	World Armwrestling League	ROH Classics	IMPACT on Spike	New Japan Pro Wrestling	Paid Programming	Paid Programming
13:30						Retrospective - Rory MacDonald	After The Fight - GLORY 54 Birmingham
14:00							
14:30		BRAVE Combat 40		IMPACT on Spike	New Japan Pro Wrestling	ROH Classics	IMPACT on Spike
15:00	Ultimate Strongman 2015 - Masters World Championship		UAE Warriors 22: International		New Japan Pro Wrestling		IMPACT on Spike
15:30							
16:00	UK's Strongest Man 2019 - Part 3/3	Fight Network Recharged - Muay Thai Legends Vol. 1		TNA No Surrender 2011		BRAVE Combat 61 Prelims	New Japan Pro Wrestling
16:30							
17:00	Fight Network Recharged - Chris Curtis	TKO 47: Jourdain vs. Ronson	Pancrase in 60 - Nate Marquardt: Middleweight King		IMPACT in 60 - Sabu		BKFC Fight Night: Wichita
17:30						Catalyst Wrestling	
18:00	Fight Network Recharged - Muay Thai Legends Vol. 1			Fight Network Recharged - Stars by State: Massachusetts		Vicious: Making a Champion	Vicious: Making a Champion
18:30							
19:00			Fight Network Recharged - Muay Thai Legends Vol. 2	IMPACT in 60 - Sabu	Fight Network Recharged - Stars by State: Massachusetts	BRAVE Combat 61	IMPACT in 60 - Sabu
19:30							
20:00	King of Kings: World Series in Slovakia 2021	Fight Network Recharged - Muay Thai Legends Vol. 2	Boxing World Weekly		International Wrestling Syndicate		IMPACT! Wrestling
20:30			Vicious: Making a Champion	IMPACT! Wrestling	Boxing World Weekly		
21:00			Retrospective - Rory MacDonald				
21:30		Classic All-Star Wrestling					
22:00	BRAVE Combat 40	Ring of Honor Wrestling - HOF: Bryan Danielson	CES MMA 46: Howard vs. Carroll	New Japan Pro Wrestling	BRAVE Combat 61 Prelims		BKFC Fight Night: Wichita
22:30							BRAVE Combat 61 Prelims
23:00			ROH Classics				
23:30					IMPACT! Wrestling		
0:00	Fight Network Recharged - Chris Curtis	New Japan Pro Wrestling				TNA No Surrender 2011	
0:30							
1:00	TKO 47: Jourdain vs. Ronson	New Japan Pro Wrestling	Lion Fight 36	New Japan Pro Wrestling	BRAVE Combat 61		BRAVE Combat 61
1:30							
2:00							
2:30			New Frontier Pro				Catalyst Wrestling
3:00							
3:30			New Frontier Pro	TNA No Surrender 2011	IMPACT on Spike	Fight Network Recharged - Muay Thai Legends Vol. 1	
4:00	Ultimate Strongman 2015 - Masters World Championship	Ring of Honor Wrestling - HOF: Bryan Danielson			IMPACT on Spike	Fight Network Recharged - Muay Thai Legends Vol. 2	BKFC Fight Night: Wichita
4:30							
5:00	UK's Strongest Man 2019 - Part 3/3	ROH Classics	Boxing World Weekly		New Japan Pro Wrestling	Fight Network Recharged - Stars by State: Massachusetts	
5:30			After The Fight - GLORY 54 Birmingham	Boxing World Weekly			