



Eastern	MONDAY Mar 16, 2026	TUESDAY Mar 17, 2026	WEDNESDAY Mar 18, 2026	THURSDAY Mar 19, 2026	FRIDAY Mar 20, 2026	SATURDAY Mar 21, 2026	SUNDAY Mar 22, 2026
6:00	Fight Network Recharged - Cosmo Alexandre	Fight Network Recharged - Gaston Bolanos Part 2	PGF Documentaries	Retrospective - Eric Young	Diary: Rosemary	Fight Network Recharged - Women of Muay Thai	Fight Network Recharged - Malaipet Sasiprapa Part 2
6:30				After The Fight - UFC 231	Immersed - Cody Deane: Part 1		
7:00	Fight Network Recharged - Malaipet Sasiprapa Part 1	Abu Dhabi Grand Slam UAE 2019 Part 7/10	Pro Grapplers Federation	Diary: Rosemary	Retrospective - Eric Young	Fight Network Recharged - Malaipet Sasiprapa Part 2	Fight Network Recharged - Women of Muay Thai
7:30				Immersed - Cody Deane: Part 1	Tristar Stories - Calderwood and Duffy		
8:00	IJF 2026: Paris Grand Slam Part 1/4	IJF 2026: IJF Tashkent Grand Slam Part 1/6	IJF 2026: IJF Tashkent Grand Slam Part 3/6	IJF 2026: IJF Tashkent Grand Slam Part 5/6	Fight Network Recharged - Nick Chasteen	Fight Network Recharged - Nick Chasteen	Fight Network Recharged - Nick Chasteen
8:30							
9:00	IJF 2026: Paris Grand Slam Part 2/4	IJF 2026: IJF Tashkent Grand Slam Part 2/6	IJF 2026: IJF Tashkent Grand Slam Part 4/6	IJF 2026: IJF Tashkent Grand Slam Part 6/6	IJF Tbilisi Grand Slam Day 1 LIVE!	IJF Tbilisi Grand Slam Day 2 LIVE!	IJF Tbilisi Grand Slam Day 3 LIVE!
9:30							
10:00	PGF Documentaries	Pancrase in 60 - First Round Submissions	Fight Network Recharged - Nick Chasteen	IMPACT in 60 - Clockwork Orange House of Fun	IMPACT in 60 - Clockwork Orange House of Fun	IMPACT in 60 - Clockwork Orange House of Fun	Retrospective - Eric Young
10:30							
11:00	Pro Grapplers Federation	Diary: Rosemary	Fight Network Recharged - Gaston Bolanos Part 2	IMPACT in 60 - X-Division Championship	Bumps & Bites	IMPACT in 60 - Clockwork Orange House of Fun	Retrospective - Eric Young
11:30		Immersed - Cody Deane: Part 1					
12:00	Paid Programming	Tristar Stories - Calderwood and Duffy	Bumps & Bites	Immersed - Cody Deane: Part 1	Retrospective - Eric Young	IMPACT in 60 - X-Division Championship	Pancrase in 60 - First Round Submissions
12:30	Tristar Stories - Calderwood and Duffy	Bumps & Bites	Immersed - Cody Deane: Part 1	Retrospective - Eric Young	After The Fight - UFC 231		
13:00	Fight Network Recharged - Malaipet Sasiprapa Part 2	Retrospective - Eric Young	IMPACT on Spike S8	Fight Network Recharged - Gaston Bolanos Part 2	Invicta FC 49: Delboni vs. DeCoursey	Paid Programming	Bumps & Bites
13:30		After The Fight - UFC 231				Tristar Stories - Calderwood and Duffy	Immersed - Cody Deane: Part 1
14:00	Fight Network Recharged - Women of Muay Thai	RIZIN 30	IMPACT on Spike S8	Bellator 232	Diary: Rosemary	WSOF 12: Palomino vs. Gonzalez	RIZIN 29
14:30							
15:00	Fight Network Recharged - Nick Chasteen	RIZIN 30	IMPACT on Spike S8	PFL Vault	PFL Vault	PFL Vault	PFL Vault
15:30							
16:00	Fight Network Recharged - Gaston Bolanos Part 2	PFL Vault	PFL Vault	PFL Vault	PFL Vault	PFL Vault	PFL Vault
16:30							
17:00	Pancrase in 60 - First Round Submissions	RIZIN 29	IMPACT in 60 - Clockwork Orange House of Fun	Bellator 225	Fight Network Recharged - Women of Muay Thai	RIZIN 29	PFL Vault
17:30							
18:00	Retrospective - Eric Young	RIZIN 29	IMPACT in 60 - Clockwork Orange House of Fun	PFL Vault	BKFC 87 Prelims LIVE!	RIZIN 29	Fight Network Recharged - Nick Chasteen
18:30							
19:00	After The Fight - UFC 231	RIZIN 29	IMPACT in 60 - X-Division Championship	PFL Vault	Fight Network Recharged - Nick Chasteen	Fight Network Recharged - Malaipet Sasiprapa Part 2	Fight Network Recharged - Gaston Bolanos Part 2
19:30							
20:00	Diary: Rosemary	RIZIN 29	TNA iMPACT! S26	BKFC 36	Fight Network Recharged - Gaston Bolanos Part 2	BKFC Fight Night Newcastle Prelims	Pancrase in 60 - First Round Submissions
20:30	Immersed - Cody Deane: Part 1						
21:00	Carjitsu Championship	RIZIN 30	International Wrestling Syndicate	BKFC Ice Wars 1: Battle of the Borders	BYB: Bare Knuckle Brawls - BYB's London Debut: Driver vs. Dreiling	BKFC Fight Night Newcastle: Terrill vs.	BYB: Bare Knuckle Brawls - BYB's London Debut: Driver vs. Dreiling
21:30							
22:00	SlapFIGHT Championship	RIZIN 30	Classic All-Star Wrestling	Heroes of Lucha Libre	BYB 35	TNA Xplosion	BYB 35
22:30							
23:00	Bellator 238	RIZIN 29	Heroes of Lucha Libre	ROH Classics	Dog or Pass Podcast	Bellator 232	IMPACT in 60 - Clockwork Orange House of Fun
23:30							
0:00	Untold Story of Simon "The One" Marcus: The	RIZIN 29	ROH Classics	Dog or Pass Podcast	Dog or Pass Podcast	Bellator 232	IMPACT in 60 - X-Division Championship
0:30							
1:00	PFL Vault	RIZIN 29	ROH Classics	Dog or Pass Podcast	Dog or Pass Podcast	Bellator 232	IMPACT in 60 - X-Division Championship
1:30							
2:00	Pancrase in 60 - First Round Submissions	Ultimate Strongman 2017 - The Battle of Britain	Retrospective - Eric Young	Diary: Rosemary	Bellator 225	Fight Network Recharged - Malaipet Sasiprapa Part 2	Fight Network Recharged - Malaipet Sasiprapa Part 2
2:30							
3:00	Fight Network Recharged - Malaipet Sasiprapa Part 2	Pancrase in 60 - First Round Submissions	Ultimate Strongman 2017 - The Battle of Britain	Retrospective - Eric Young	Diary: Rosemary	Bellator 225	Fight Network Recharged - Malaipet Sasiprapa Part 2
3:30							
4:00	Fight Network Recharged - Women of Muay Thai	Fight Network Recharged - Malaipet Sasiprapa Part 2	UK's Strongest Man 2013 - Part 5/5	Fight Network Recharged - Gaston Bolanos Part 2	Immersed - Cody Deane: Part 1	Bellator 225	Fight Network Recharged - Malaipet Sasiprapa Part 2
4:30							
5:00	Fight Network Recharged - Nick Chasteen	Fight Network Recharged - Women of Muay Thai	World Armwrestling League	Pancrase in 60 - First Round Submissions	IMPACT in 60 - X-Division Championship	Bumps & Bites	Fight Network Recharged - Women of Muay Thai
5:30							



FIGHT NETWORK

Eastern	MONDAY Mar 23, 2026	TUESDAY Mar 24, 2026	WEDNESDAY Mar 25, 2026	THURSDAY Mar 26, 2026	FRIDAY Mar 27, 2026	SATURDAY Mar 28, 2026	SUNDAY Mar 29, 2026
6:00	Fight Network Recharged - Nick Chasteen	Fight Network Recharged - Jorina Baars	PGF Documentaries	Retrospective - Miesha Tate	Diary: Bhupinder Gujjar	Fight Network Recharged - French Muay Thai	Fight Network Recharged - Chris Curtis Part 2
6:30				After The Fight - Fight Night Lethbridge	Immersed - Cody Deaner: Part 2		
7:00	Fight Network Recharged - Gaston Bolanos Part 2	Abu Dhabi Grand Slam UAE 2019 Part 8/10	Pro Grapplers Federation	Diary: Bhupinder Gujjar	Retrospective - Miesha Tate	Fight Network Recharged - Chris Curtis Part 2	Fight Network Recharged - French Muay Thai
7:30				Immersed - Cody Deaner: Part 2	Tristar Stories - A Day with Firas Zahabi		
8:00	IJF 2025: Abu Dhabi Grand Slam Part 1/6	IJF 2025: Abu Dhabi Grand Slam Part 3/6	IJF 2025: Abu Dhabi Grand Slam Part 5/6	IJF 2025: Tokyo Grand Slam Part 1/4	IJF 2025: Tokyo Grand Slam Part 3/4	Fight Network Recharged - 'Smokin' Joe Nattawut Part 3	Fight Network Recharged - 'Smokin' Joe Nattawut Part 3
8:30							
9:00	IJF 2025: Abu Dhabi Grand Slam Part 2/6	IJF 2025: Abu Dhabi Grand Slam Part 4/6	IJF 2025: Abu Dhabi Grand Slam Part 6/6	IJF 2025: Tokyo Grand Slam Part 2/4	IJF 2025: Tokyo Grand Slam Part 4/4	Fight Network Recharged - Jorina Baars	Fight Network Recharged - Jorina Baars
9:30							
10:00	PGF Documentaries	Pancrase in 60 - Akihiro Gono	Fight Network Recharged - 'Smokin' Joe Nattawut Part 3	IMPACT in 60 - Holiday Edition	Fight Network Recharged - 'Smokin' Joe Nattawut Part 3	Pancrase in 60 - Akihiro Gono	Retrospective - Miesha Tate
10:30							Tristar Stories - A Day with Firas Zahabi
11:00	Pro Grapplers Federation	Diary: Bhupinder Gujjar	Fight Network Recharged - Jorina Baars	IMPACT in 60 - Beer Money	Fight Network Recharged - Jorina Baars	IMPACT in 60 - Holiday Edition	Fight Network Recharged - French Muay Thai
11:30		Immersed - Cody Deaner: Part 2					
12:00	Paid Programming	Tristar Stories - A Day with Firas Zahabi	Bumps & Bites	Immersed - Cody Deaner: Part 2	Retrospective - Miesha Tate	IMPACT in 60 - Beer Money	Pancrase in 60 - Akihiro Gono
12:30	Tristar Stories - A Day with Firas Zahabi	Bumps & Bites	Immersed - Cody Deaner: Part 2	Retrospective - Miesha Tate	After The Fight - Fight Night Lethbridge		
13:00	Fight Network Recharged - Chris Curtis Part 2	Retrospective - Miesha Tate	IMPACT on Spike S8	Fight Network Recharged - Jorina Baars	Invicta FC 50: Strawweight Title Tournament	Paid Programming	Bumps & Bites
13:30		After The Fight - Fight Night Lethbridge					
14:00	Fight Network Recharged - French Muay Thai	RIZIN 28	IMPACT on Spike S8	Bellator 222	WSOF 13: Moraes vs. Bollinger	RIZIN 27	
14:30							
15:00	Fight Network Recharged - 'Smokin' Joe Nattawut Part 3	RIZIN 28	IMPACT on Spike S8	PFL Vault	PFL Vault	RIZIN 27	
15:30							
16:00	Fight Network Recharged - Jorina Baars	PFL Vault	PFL Vault	PFL Vault	PFL Vault	PFL Vault	
16:30							
17:00	PFL Vault	PFL Vault	PFL Vault	PFL Vault	PFL Vault	Diary: Bhupinder Gujjar	PFL Vault
17:30						Immersed - Cody Deaner: Part 2	
18:00	Pancrase in 60 - Akihiro Gono	RIZIN 27	PFL Vault	Bellator 221	Fight Network Recharged - Chris Curtis Part 2	BKFC Fight Night Mohegan Sun Prelims LIVE!	PFL Vault
18:30							
19:00	Retrospective - Miesha Tate	RIZIN 27	IMPACT in 60 - Holiday Edition	Bumps & Bites	Fight Network Recharged - French Muay Thai	BKFC 39	Fight Network Recharged - 'Smokin' Joe Nattawut Part 3
19:30	After The Fight - Fight Night Lethbridge						
20:00	Diary: Bhupinder Gujjar	RIZIN 28	IMPACT in 60 - Beer Money	PFL Vault	Fight Network Recharged - 'Smokin' Joe Nattawut Part 3	TAWF Preseason Game 2 LIVE!	Fight Network Recharged - Jorina Baars
20:30	Immersed - Cody Deaner: Part 2						
21:00	CarJitsu Championship	RIZIN 28	TNA iMPACT! S26	BKFC 39	Fight Network Recharged - Jorina Baars	TAWF Preseason Game 2 LIVE!	Pancrase in 60 - Akihiro Gono
21:30							
22:00	SlapFIGHT Championship	RIZIN 28	International Wrestling Syndicate	BKFC Ice Wars 2: River Cree Rumble	BYB: Bare Knuckle Brawls - BYB's London Debut: Nelson vs. Decastro	Bellator 222	BYB: Bare Knuckle Brawls - BYB's London Debut: Nelson vs. Decastro
22:30							
23:00	SlapFIGHT Championship	RIZIN 27	Classic All-Star Wrestling	Heroes of Lucha Libre	BKFC 35	BYB 36	BYB 36
23:30							
0:00	Bellator 225	RIZIN 27	Heroes of Lucha Libre	BKFC 36	Dog or Pass Podcast	Dog or Pass Podcast	IMPACT in 60 - Holiday Edition
0:30							
1:00	PFL Vault	RIZIN 27	ROH Classics	Dog or Pass Podcast	Dog or Pass Podcast	BKFC 87 Hollywood Prelims	IMPACT in 60 - Beer Money
1:30							
2:00	PFL Vault	RIZIN 27	ROH Classics	Dog or Pass Podcast	Dog or Pass Podcast	BKFC 87 Hollywood Prelims	IMPACT in 60 - Beer Money
2:30							
3:00	Fight Network Recharged - Chris Curtis Part 2	Pancrase in 60 - Akihiro Gono	Ultimate Strongman 2018 - Team World Championship	Retrospective - Miesha Tate	Diary: Bhupinder Gujjar	BKFC 87 Hollywood: Stewart vs. Gaffie	IMPACT in 60 - Beer Money
3:30				Immersed - Cody Deaner: Part 2	Tristar Stories - A Day with Firas Zahabi		
4:00	Fight Network Recharged - French Muay Thai	Fight Network Recharged - Chris Curtis Part 2	UK's Strongest Man 2014	Fight Network Recharged - Jorina Baars	Tristar Stories - A Day with Firas Zahabi	BKFC 87 Hollywood: Stewart vs. Gaffie	Fight Network Recharged - Chris Curtis Part 2
4:30							
5:00	Fight Network Recharged - 'Smokin' Joe Nattawut Part 3	Fight Network Recharged - French Muay Thai	World Armwrestling League	Pancrase in 60 - Akihiro Gono	IMPACT in 60 - Beer Money	Fight Network Recharged - French Muay Thai	
5:30							