



# Program Grid

Eastern	MONDAY Jun 20, 2022	TUESDAY Jun 21, 2022	WEDNESDAY Jun 22, 2022	THURSDAY Jun 23, 2022	FRIDAY Jun 24, 2022	SATURDAY Jun 25, 2022	SUNDAY Jun 26, 2022	
6:00	TKO 39: Ultimatum	Fight Network Recharged - Lion Fight Knockouts Vol. 9	World Armwrestling League	Pancrase in 60 - The Founders	IMPACT in 60 - Juventud Guerrera	Ring of Honor Wrestling - HOF: Briscoe Bros	BKFC 16: Garcia vs. Elmore	
6:30		Fight Network Recharged - Tiffany Van Soest Part 2	Fight Network Recharged - Lion Fight Knockouts Vol. 10	Vicious: Making a Champion	New Japan Pro Wrestling	ROH Classics		
7:00		King of Kings: World Series in Almaty 2021	Diary: GLORY Amsterdam	Classic All-Star Wrestling				Retrospective - Brian Cage
7:30				Diary: GLORY Amsterdam	Fight Network Recharged - Lion Fight Knockouts Vol. 9	Fight Network Recharged - Scott Holtzman		International Wrestling Syndicate
8:00				Diary: GLORY Amsterdam	Diary: GLORY Amsterdam	Fight Network Recharged - Lion Fight Knockouts Vol. 9		Fight Network Recharged - Scott Holtzman
8:30	TKO 40: Denouement	Abu Dhabi Grand Slam UAE 2018 - Part 5/6	BRAVE Combat 50	Fight Network Recharged - Tiffany Van Soest Part 2	Fight Network Recharged - Lion Fight Knockouts Vol. 9	Paid Programming	Paid Programming	
9:00				Fight Network Recharged - Lion Fight Knockouts Vol. 10	Fight Network Recharged - Tiffany Van Soest Part 2	Fight Network Recharged - Lion Fight Knockouts Vol. 9	Fight Network Recharged - Lion Fight Knockouts Vol. 9	Retrospective - Brian Cage
9:30				Diary: GLORY Amsterdam	Fight Network Recharged - Lion Fight Knockouts Vol. 10	Fight Network Recharged - Tiffany Van Soest Part 2	Fight Network Recharged - Lion Fight Knockouts Vol. 9	IMPACT in 60 - Juventud Guerrera
10:00				Abu Dhabi Grand Slam UAE 2018 - Part 5/6	Fight Network Recharged - Scott Holtzman	After The Fight - GLORY 54 Birmingham	Fight Network Recharged - Tiffany Van Soest Part 2	IMPACT! Wrestling
10:30				Retrospective - Brian Cage	Retrospective - Brian Cage	Retrospective - Brian Cage		
11:00				Paid Programming	Paid Programming	Paid Programming	Paid Programming	Paid Programming
11:30	Diary: GLORY Amsterdam	Retrospective - Brian Cage	After The Fight - GLORY 54 Birmingham	Judo Budapest Grand Prix 2015 Highlights	Boxing World Weekly	Dog or Pass Podcast		
12:00	World Armwrestling League	ROH Classics	Pancrase in 60 - The Founders	Boxing World Weekly	New Japan Pro Wrestling		Paid Programming	
12:30	IMPACT! Wrestling	BRAVE Combat 50	UAE Warriors 14	Retrospective - Brian Cage	New Japan Pro Wrestling	Vicious: Making a Champion	After The Fight - GLORY 54 Birmingham	
13:00				Pancrase in 60 - The Founders	New Japan Pro Wrestling	ROH Classics	New Japan Pro Wrestling	
13:30	Ultimate Strongman	BRAVE Combat 50	UAE Warriors 14	TNA Genesis 2010	New Japan Pro Wrestling	Bare Knuckle Boxing 26	New Japan Pro Wrestling	
14:00					IMPACT in 60 - Best of Taylor Wilde			New Japan Pro Wrestling
14:30					IMPACT in 60 - Juventud Guerrera			New Japan Pro Wrestling
15:00	UK's Strongest Man	TKO 40: Denouement	Fight Network Recharged - Scott Holtzman	Classic All-Star Wrestling	IMPACT in 60 - Juventud Guerrera	Lux Fight League 23 Challenge	IMPACT in 60 - Juventud Guerrera	
15:30					Catalyst Wrestling			
16:00	King of Kings: World Series in Almaty 2021	Fight Network Recharged - Lion Fight Knockouts Vol. 10	Boxing World Weekly	IMPACT! Wrestling	IMPACT in 60 - Juventud Guerrera	BKFC 16: Garcia vs. Elmore		
16:30					Vicious: Making a Champion			
17:00					Retrospective - Brian Cage			
17:30					Classic All-Star Wrestling			
18:00	BRAVE Combat 50	Ring of Honor Wrestling - HOF: Briscoe Bros	CES MMA 53: Gravely vs. Nordby	New Japan Pro Wrestling	Bare Knuckle Boxing 26	Lux Fight League 23 Challenge		
18:30							ROH Classics	
19:00							New Japan Pro Wrestling	
19:30							Dog or Pass Podcast	
20:00							Boxing World Weekly	
20:30	TKO 40: Denouement	Lion Fight 27	New Japan Pro Wrestling	Lux Fight League 23 Challenge	TNA Genesis 2010	IMPACT! Wrestling		
21:00							Fight Network Recharged - Lion Fight Knockouts Vol. 10	
21:30	Diary: GLORY Amsterdam	Boxing World Weekly	TNA Genesis 2010	New Japan Pro Wrestling	Lux Fight League 23 Challenge	Bare Knuckle Boxing 26		
22:00	Classic All-Star Wrestling							
22:30	Ultimate Strongman	Ring of Honor Wrestling - HOF: Briscoe Bros	Fight Network Recharged - Scott Holtzman	IMPACT in 60 - Best of Taylor Wilde	Fight Network Recharged - Lion Fight Knockouts Vol. 10	BKFC 16: Garcia vs. Elmore		
23:00							Retrospective - Brian Cage	
23:30							Diary: GLORY Amsterdam	
0:00	UK's Strongest Man	ROH Classics	After The Fight - GLORY 54 Birmingham	Boxing World Weekly	IMPACT in 60 - Juventud Guerrera	Fight Network Recharged - Scott Holtzman		
0:30							After The Fight - GLORY 54 Birmingham	
1:00	TKO 40: Denouement	Diary: GLORY Amsterdam	Pancrase in 60 - The Founders	TNA Genesis 2010	Catalyst Wrestling	Bare Knuckle Boxing 26		
1:30							Retrospective - Brian Cage	
2:00	Ultimate Strongman	Ring of Honor Wrestling - HOF: Briscoe Bros	Fight Network Recharged - Scott Holtzman	IMPACT in 60 - Best of Taylor Wilde	Fight Network Recharged - Lion Fight Knockouts Vol. 10	BKFC 16: Garcia vs. Elmore		
2:30							Diary: GLORY Amsterdam	
3:00	UK's Strongest Man	ROH Classics	After The Fight - GLORY 54 Birmingham	Boxing World Weekly	IMPACT in 60 - Juventud Guerrera	Fight Network Recharged - Scott Holtzman		
3:30							After The Fight - GLORY 54 Birmingham	
4:00	TKO 40: Denouement	Diary: GLORY Amsterdam	Pancrase in 60 - The Founders	TNA Genesis 2010	Catalyst Wrestling	Bare Knuckle Boxing 26		
4:30							Retrospective - Brian Cage	
5:00	Ultimate Strongman	Ring of Honor Wrestling - HOF: Briscoe Bros	Fight Network Recharged - Scott Holtzman	IMPACT in 60 - Best of Taylor Wilde	Fight Network Recharged - Lion Fight Knockouts Vol. 10	BKFC 16: Garcia vs. Elmore		
5:30							Diary: GLORY Amsterdam	



# Program Grid

Eastern	MONDAY Jun 27, 2022	TUESDAY Jun 28, 2022	WEDNESDAY Jun 29, 2022	THURSDAY Jun 30, 2022	FRIDAY Jul 1, 2022	SATURDAY Jul 2, 2022	SUNDAY Jul 3, 2022		
6:00	TKO 40: Denouement	Fight Network Recharged - Lion Fight Knockouts Vol. 11	World Armwrestling League	Pancrase in 60 - Ken Shamrock	IMPACT in 60 - Dustin Rhodes	Ring of Honor Wrestling - HOF: Bryan Danielson	BKFC 17: Tate vs. Burns		
6:30		Fight Network Recharged - Eric Reynolds	Fight Network Recharged - Lion Fight Knockouts Vol. 12	Punch Too Many; A	New Japan Pro Wrestling	ROH Classics			
7:00		King of Kings: World Series in Vilnius 2021	Classic All-Star Wrestling	Fight Network Recharged - Lion Fight Knockouts Vol. 11		Fight Network Recharged - Jason Andrada Part 1	International Wrestling Syndicate	Abu Dhabi Grand Slam UAE 2018 - Part 6/6	
7:30				Diary with Sami Callihan Part 1	Fight Network Recharged - Lion Fight Knockouts Vol. 11	After The Fight - GLORY 55 New York	Boxing World Weekly		
8:00			Catalyst Wrestling	Diary with Sami Callihan Part 1		Fight Network Recharged - Eric Reynolds	Fight Network Recharged - Lion Fight Knockouts Vol. 11	Paid Programming	Paid Programming
8:30	Abu Dhabi Grand Slam UAE 2018 - Part 6/6	Diary with Sami Callihan Part 1	Diary with Sami Callihan Part 1	Fight Network Recharged - Lion Fight Knockouts Vol. 12	Fight Network Recharged - Eric Reynolds	Fight Network Recharged - Lion Fight Knockouts Vol. 11	Retrospective - Joe Valtellini Part 1		
9:00	TKO 41: Champions	Abu Dhabi Grand Slam UAE 2018 - Part 6/6	BRAVE Combat 52	Fight Network Recharged - Jason Andrada Part 1	After The Fight - GLORY 55 New York	Fight Network Recharged - Eric Reynolds	IMPACT in 60 - Dustin Rhodes		
9:30		Paid Programming		Paid Programming	Paid Programming	Paid Programming	Paid Programming	IMPACT! Wrestling	
10:00		Diary with Sami Callihan Part 1		Retrospective - Joe Valtellini Part 1	After The Fight - GLORY 55 New York	Judo Ulaanbaatar Grand Prix 2015 Highlights	Boxing World Weekly	Dog or Pass Podcast	
10:30		Diary with Sami Callihan Part 1		World Armwrestling League	ROH Classics	Boxing World Weekly	BETONLINE The Fight Guys	New Japan Pro Wrestling	Paid Programming
11:00	Ultimate Strongman	BRAVE Combat 52	UAE Warriors 15	Pancrase in 60 - Ken Shamrock	New Japan Pro Wrestling	ROH Classics	Paid Programming		
11:30						UK's Strongest Man	TNA Lockdown 2006	IMPACT in 60 - Best of Drew Galloway	ROAD FC 58 Prelims
12:00	Fight Network Recharged - Lion Fight Knockouts Vol. 11	TKO 41: Champions	Pancrase in 60 - Ken Shamrock	IMPACT in 60 - Ken Shamrock	New Japan Pro Wrestling	ROAD FC 58	BKFC 17: Tate vs. Burns		
12:30	Fight Network Recharged - Eric Reynolds		Fight Network Recharged - Jason Andrada Part 1			BETONLINE The Fight Guys	IMPACT in 60 - Dustin Rhodes	Catalyst Wrestling	
13:00	King of Kings: World Series in Vilnius 2021		Fight Network Recharged - Lion Fight Knockouts Vol. 12	Fight Network Recharged - Lion Fight Knockouts Vol. 12	IMPACT in 60 - Dustin Rhodes	Dog or Pass Podcast	New Japan Pro Wrestling	IMPACT in 60 - Dustin Rhodes	
13:30	Vicious: Making a Champion	Fight Network Recharged - Lion Fight Knockouts Vol. 12	Boxing World Weekly	IMPACT! Wrestling	International Wrestling Syndicate	New Japan Pro Wrestling	IMPACT! Wrestling		
14:00		Diary with Sami Callihan Part 1	Punch Too Many; A		Boxing World Weekly			Boxing World Weekly	
14:30	BRAVE Combat 52	Ring of Honor Wrestling - HOF: Bryan Danielson	CES MMA 36: Andrews vs. Muro	New Japan Pro Wrestling	ROAD FC 58 Prelims	BKFC 17: Tate vs. Burns	KSW 66 Prelims		
15:00		ROH Classics	Lion Fight 28					Dog or Pass Podcast	ROAD FC 58
15:30		New Japan Pro Wrestling						BETONLINE The Fight Guys	TNA Lockdown 2006
16:00	TKO 41: Champions	New Japan Pro Wrestling	Lion Fight 28	New Japan Pro Wrestling	New Japan Pro Wrestling	KSW 66: Ziolkowski vs. Mankowski			
16:30		Fight Network Recharged - Lion Fight Knockouts Vol. 12	Boxing World Weekly	New Japan Pro Wrestling	Catalyst Wrestling				
17:00	Ultimate Strongman	Diary with Sami Callihan Part 1	Pancrase in 60 - Ken Shamrock	TNA Lockdown 2006	Catalyst Wrestling	Fight Network Recharged - Eric Reynolds	Fight Network Recharged - Jason Andrada Part 1		
17:30		Retrospective - Joe Valtellini Part 1	Fight Network Recharged - Jason Andrada Part 1		IMPACT in 60 - Best of Drew Galloway	International Wrestling Syndicate	Fight Network Recharged - Lion Fight Knockouts Vol. 12		
18:00	UK's Strongest Man	Ring of Honor Wrestling - HOF: Bryan Danielson	Fight Network Recharged - Jason Andrada Part 1	IMPACT in 60 - Dustin Rhodes	Fight Network Recharged - Jason Andrada Part 1	BKFC 17: Tate vs. Burns			
18:30		ROH Classics	Boxing World Weekly						
19:00	TKO 41: Champions	ROH Classics	Boxing World Weekly	IMPACT in 60 - Dustin Rhodes	Fight Network Recharged - Jason Andrada Part 1	BKFC 17: Tate vs. Burns			
19:30		Diary with Sami Callihan Part 1	After The Fight - GLORY 55 New York						
20:00	Ultimate Strongman	ROH Classics	Boxing World Weekly	IMPACT in 60 - Dustin Rhodes	Fight Network Recharged - Jason Andrada Part 1	BKFC 17: Tate vs. Burns			
20:30		Diary with Sami Callihan Part 1	After The Fight - GLORY 55 New York						
21:00	UK's Strongest Man	ROH Classics	Boxing World Weekly	IMPACT in 60 - Dustin Rhodes	Fight Network Recharged - Jason Andrada Part 1	BKFC 17: Tate vs. Burns			
21:30		Diary with Sami Callihan Part 1	After The Fight - GLORY 55 New York						
22:00	TKO 41: Champions	ROH Classics	Boxing World Weekly	IMPACT in 60 - Dustin Rhodes	Fight Network Recharged - Jason Andrada Part 1	BKFC 17: Tate vs. Burns			
22:30		Diary with Sami Callihan Part 1	After The Fight - GLORY 55 New York						
23:00	Ultimate Strongman	ROH Classics	Boxing World Weekly	IMPACT in 60 - Dustin Rhodes	Fight Network Recharged - Jason Andrada Part 1	BKFC 17: Tate vs. Burns			
23:30		Diary with Sami Callihan Part 1	After The Fight - GLORY 55 New York						
0:00	TKO 41: Champions	ROH Classics	Boxing World Weekly	IMPACT in 60 - Dustin Rhodes	Fight Network Recharged - Jason Andrada Part 1	BKFC 17: Tate vs. Burns			
0:30		Diary with Sami Callihan Part 1	After The Fight - GLORY 55 New York						
1:00	UK's Strongest Man	ROH Classics	Boxing World Weekly	IMPACT in 60 - Dustin Rhodes	Fight Network Recharged - Jason Andrada Part 1	BKFC 17: Tate vs. Burns			
1:30		Diary with Sami Callihan Part 1	After The Fight - GLORY 55 New York						
2:00	TKO 41: Champions	ROH Classics	Boxing World Weekly	IMPACT in 60 - Dustin Rhodes	Fight Network Recharged - Jason Andrada Part 1	BKFC 17: Tate vs. Burns			
2:30		Diary with Sami Callihan Part 1	After The Fight - GLORY 55 New York						
3:00	Ultimate Strongman	ROH Classics	Boxing World Weekly	IMPACT in 60 - Dustin Rhodes	Fight Network Recharged - Jason Andrada Part 1	BKFC 17: Tate vs. Burns			
3:30		Diary with Sami Callihan Part 1	After The Fight - GLORY 55 New York						
4:00	UK's Strongest Man	ROH Classics	Boxing World Weekly	IMPACT in 60 - Dustin Rhodes	Fight Network Recharged - Jason Andrada Part 1	BKFC 17: Tate vs. Burns			
4:30		Diary with Sami Callihan Part 1	After The Fight - GLORY 55 New York						
5:00	TKO 41: Champions	ROH Classics	Boxing World Weekly	IMPACT in 60 - Dustin Rhodes	Fight Network Recharged - Jason Andrada Part 1	BKFC 17: Tate vs. Burns			
5:30		Diary with Sami Callihan Part 1	After The Fight - GLORY 55 New York						