

Program Grid

Western European Time	MONDAY May 23, 2022	TUESDAY May 24, 2022	WEDNESDAY May 25, 2022	THURSDAY May 26, 2022	FRIDAY May 27, 2022	SATURDAY May 28, 2022	SUNDAY May 29, 2022	
6:00	New Japan Pro Wrestling	KSW 36: Materla vs. Palhares	UAE Warriors 20: International	Lion Fight 23	New Japan Pro Wrestling	KSW 61: To Fight or Not To Fight	Catalyst Wrestling	
6:30					New Japan Pro Wrestling		Boxing World Weekly	
7:00	New Japan Pro Wrestling				IMPACT in 60 - IMPACT 20 - Wrestling Icons			
7:30	IMPACT in 60 - IMPACT 20 - Tag Teams							
8:00	IMPACT! Wrestling		Retrospective - Petey Williams		New Japan Pro Wrestling		Boxing World Weekly	
8:30		Diary - Destiny: Alexander vs. Bailey	Fight Network Recharged - Super Submissions Vol. 7	IMPACT in 60 - IMPACT 20 - Wrestling Icons	KSW 55: Askham vs. Khalidov 2			
9:00	Retrospective - Petey Williams	MFC 30: Up Close and Personal	Fight Network Recharged - Lion Fight Knockouts Vol. 2	Ring of Honor Wrestling - HOF: Awards TV				
9:30	It's Showtime Special		UAE Warriors 20: International	Fight Network Recharged - CES Knockouts Vol. 4		ROH Classics		
10:00	TNA Bound for Glory 2007	Ultimate Strongman	ROAD FC 44 Prelims	UAE Warriors 20: International		Fight Network Recharged - Lion Fight Knockouts Vol. 4	Fight Network Recharged - Lion Fight Knockouts Vol. 2	BKFC 13: Beltran vs. Stamps
11:00		UK's Strongest Man			Fight Network Recharged - Super Submissions Vol. 7	Vicious: Making a Champion		
11:30		World Armwrestling League			Retrospective - Petey Williams	Diary - Destiny: Alexander vs. Bailey	Catalyst Wrestling	Ring of Honor Wrestling - HOF: Awards TV
12:00		We Love MMA 38	Fight Network Recharged - CES Knockouts Vol. 4	CES MMA 50: Paiva vs. Ewell	Fight Network Recharged - Lion Fight Knockouts Vol. 2	New Japan Pro Wrestling	ROH Classics	
12:30			Pancrase in 60 - Dutch Invasion		Fight Network Recharged - Lion Fight Knockouts Vol. 4	TNA Lockdown 2005	New Japan Pro Wrestling	New Japan Pro Wrestling
13:00		Catalyst Wrestling	Abu Dhabi Grand Slam Los Angeles 2017 Part 8/8	KSW 36: Materla vs. Palhares	Lion Fight 23	Vicious: Making a Champion	KSW 70 LIVE!	IMPACT in 60 - IMPACT 20 - Wrestling Icons
13:30			BRAVE Combat 45					
14:00		CAGE 52	Fight Network Recharged - CES Knockouts Vol. 4	UAE Warriors 20: International	TNA Lockdown 2005	Fight Network Recharged - Lion Fight Knockouts Vol. 2	KSW 55: Askham vs. Khalidov 2	IMPACT in 60 - IMPACT 20 - Wrestling Icons
14:30			New Japan Pro Wrestling			Diary - Destiny: Alexander vs. Bailey		
15:00		KSW 36: Materla vs. Palhares	New Japan Pro Wrestling	Fight Network Recharged - Super Submissions Vol. 7	BETONLINE The Fight Guys	Retrospective - Petey Williams	KSW 55: Askham vs. Khalidov 2	Fight Network Recharged - Super Submissions Vol. 7
15:30	New Japan Pro Wrestling		Fight Network Recharged - Lion Fight Knockouts Vol. 2	LUX Fight League 22 Challenge LIVE!	International Wrestling Syndicate	Fight Network Recharged - Lion Fight Knockouts Vol. 2		
16:00	Pancrase in 60 - Dutch Invasion	King of Kings Classic Vilnius 2020	CES MMA 50: Paiva vs. Ewell		IMPACT in 60 - IMPACT 20 - Wrestling Icons	KSW 55: Askham vs. Khalidov 2	KSW 61: To Fight or Not To Fight	BKFC 13: Beltran vs. Stamps
16:30		Retrospective - Petey Williams		Classic All-Star Wrestling				Vicious: Making a Champion
17:00	CAGE 52	Ring of Honor Wrestling - HOF: Awards TV	CES MMA 50: Paiva vs. Ewell	IMPACT in 60 - IMPACT 20 - Wrestling Icons	KSW 55: Askham vs. Khalidov 2	KSW 61: To Fight or Not To Fight	Vicious: Making a Champion	
17:30		Fight Network Recharged - CES Knockouts Vol. 4					ROH Classics	New Japan Pro Wrestling
18:00	We Love MMA 38	After The Fight - UFC 228	Fight Network Recharged - Lion Fight Knockouts Vol. 2	IMPACT! Wrestling	International Wrestling Syndicate	KSW 61: To Fight or Not To Fight	BKFC 13: Beltran vs. Stamps	
18:30		New Japan Pro Wrestling			Diary - Destiny: Alexander vs. Bailey		Catalyst Wrestling	New Japan Pro Wrestling
19:00	CAGE 52	Judo Samsun Grand Prix 2015 Highlights	Fight Network Recharged - Lion Fight Knockouts Vol. 2	IMPACT! Wrestling	Catalyst Wrestling	KSW 61: To Fight or Not To Fight	New Japan Pro Wrestling	
19:30		New Japan Pro Wrestling			Diary - Destiny: Alexander vs. Bailey		Diary - Destiny: Alexander vs. Bailey	New Japan Pro Wrestling
20:00	CAGE 52	King of Kings Classic Vilnius 2020	CES MMA 50: Paiva vs. Ewell	IMPACT in 60 - IMPACT 20 - Wrestling Icons	KSW 55: Askham vs. Khalidov 2	KSW 61: To Fight or Not To Fight	BKFC 13: Beltran vs. Stamps	
20:30		Retrospective - Petey Williams					Classic All-Star Wrestling	Vicious: Making a Champion
21:00	CAGE 52	Ring of Honor Wrestling - HOF: Awards TV	CES MMA 50: Paiva vs. Ewell	IMPACT in 60 - IMPACT 20 - Wrestling Icons	KSW 55: Askham vs. Khalidov 2	KSW 61: To Fight or Not To Fight	Vicious: Making a Champion	
21:30		Fight Network Recharged - CES Knockouts Vol. 4					ROH Classics	New Japan Pro Wrestling
22:00	We Love MMA 38	After The Fight - UFC 228	Fight Network Recharged - Lion Fight Knockouts Vol. 2	IMPACT! Wrestling	International Wrestling Syndicate	KSW 61: To Fight or Not To Fight	BKFC 13: Beltran vs. Stamps	
22:30		New Japan Pro Wrestling			Diary - Destiny: Alexander vs. Bailey		Catalyst Wrestling	New Japan Pro Wrestling
23:00	CAGE 52	Judo Samsun Grand Prix 2015 Highlights	Fight Network Recharged - Lion Fight Knockouts Vol. 2	IMPACT! Wrestling	Catalyst Wrestling	KSW 61: To Fight or Not To Fight	New Japan Pro Wrestling	
23:30		New Japan Pro Wrestling			Diary - Destiny: Alexander vs. Bailey		Diary - Destiny: Alexander vs. Bailey	New Japan Pro Wrestling
0:00	CAGE 52	King of Kings Classic Vilnius 2020	CES MMA 50: Paiva vs. Ewell	IMPACT in 60 - IMPACT 20 - Wrestling Icons	KSW 55: Askham vs. Khalidov 2	KSW 61: To Fight or Not To Fight	BKFC 13: Beltran vs. Stamps	
0:30		Retrospective - Petey Williams					Classic All-Star Wrestling	Vicious: Making a Champion
1:00	CAGE 52	Ring of Honor Wrestling - HOF: Awards TV	CES MMA 50: Paiva vs. Ewell	IMPACT in 60 - IMPACT 20 - Wrestling Icons	KSW 55: Askham vs. Khalidov 2	KSW 61: To Fight or Not To Fight	Vicious: Making a Champion	
1:30		Fight Network Recharged - CES Knockouts Vol. 4					ROH Classics	New Japan Pro Wrestling
2:00	CAGE 52	After The Fight - UFC 228	Fight Network Recharged - Lion Fight Knockouts Vol. 2	IMPACT! Wrestling	International Wrestling Syndicate	KSW 61: To Fight or Not To Fight	BKFC 13: Beltran vs. Stamps	
2:30		New Japan Pro Wrestling			Diary - Destiny: Alexander vs. Bailey		Catalyst Wrestling	New Japan Pro Wrestling
3:00	CAGE 52	Judo Samsun Grand Prix 2015 Highlights	Fight Network Recharged - Lion Fight Knockouts Vol. 2	IMPACT! Wrestling	Catalyst Wrestling	KSW 61: To Fight or Not To Fight	New Japan Pro Wrestling	
3:30		New Japan Pro Wrestling			Diary - Destiny: Alexander vs. Bailey		Diary - Destiny: Alexander vs. Bailey	New Japan Pro Wrestling
4:00	CAGE 52	King of Kings Classic Vilnius 2020	CES MMA 50: Paiva vs. Ewell	IMPACT in 60 - IMPACT 20 - Wrestling Icons	KSW 55: Askham vs. Khalidov 2	KSW 61: To Fight or Not To Fight	BKFC 13: Beltran vs. Stamps	
4:30		Retrospective - Petey Williams					Classic All-Star Wrestling	Vicious: Making a Champion
5:00	CAGE 52	Ring of Honor Wrestling - HOF: Awards TV	CES MMA 50: Paiva vs. Ewell	IMPACT in 60 - IMPACT 20 - Wrestling Icons	KSW 55: Askham vs. Khalidov 2	KSW 61: To Fight or Not To Fight	Vicious: Making a Champion	
5:30		Fight Network Recharged - CES Knockouts Vol. 4					ROH Classics	New Japan Pro Wrestling

Program Grid

Western European Time	MONDAY May 30, 2022	TUESDAY May 31, 2022	WEDNESDAY Jun 1, 2022	THURSDAY Jun 2, 2022	FRIDAY Jun 3, 2022	SATURDAY Jun 4, 2022	SUNDAY Jun 5, 2022
6:00	New Japan Pro Wrestling	IMPACT in 60 - IMPACT 20 - Wrestling Icons	UAE Warriors 22: International	Lion Fight 24	New Japan Pro Wrestling	TrillerVerz5: Undercard	Catalyst Wrestling
6:30							Boxing World Weekly
7:00	New Japan Pro Wrestling	IMPACT! Wrestling	MFC 31: Rundown	Fight Network Recharged - Lion Fight Knockouts Vol. 5	New Japan Pro Wrestling	New Japan Pro Wrestling	IMPACT in 60 - IMPACT 20 - World Title Matches
7:30							
8:00	IMPACT in 60 - IMPACT 20 - Wrestling Icons	Diary with LAX Part 1	ROAD FC 44	UAE Warriors 22: International	New Japan Pro Wrestling	IMPACT in 60 - IMPACT 20 - World Title Matches	BRAVE Combat 58
8:30							
9:00	IMPACT! Wrestling	Retrospective - Abyss	Fight Network Recharged - CES Knockouts Vol. 5	CES MMA 51: Andrews vs. Owens	New Japan Pro Wrestling	Ring of Honor Wrestling - Era of Honor Part 1	BRAVE Combat 58
9:30		It's Showtime Special					
10:00		Ultimate Strongman					
10:30		UK's Strongest Man					
11:00	TNA Lockdown 2005	World Armwrestling League	ROAD FC 44	UAE Warriors 22: International	New Japan Pro Wrestling	ROH Classics	BKFC 14: Palomino vs. Alers
11:30							
12:00							
12:30	KSW 37: Circus of Pain	We Love MMA 39	KSW 37: Circus of Pain	Lion Fight 24	New Japan Pro Wrestling	ROH Classics	New Japan Pro Wrestling
13:00		Retrospective - Abyss					
13:30	Pancrase in 60 - Home of the Brave	Abu Dhabi Grand Slam UAE 2018 - Part 1/6	KSW 37: Circus of Pain	Lion Fight 24	New Japan Pro Wrestling	ROH Classics	New Japan Pro Wrestling
14:00							
14:30	CAGE 53	BRAVE Combat 47	UAE Warriors 22: International	TNA Slammiversary 2007	New Japan Pro Wrestling	ROH Classics	New Japan Pro Wrestling
15:00							
15:30	We Love MMA 39	Fight Network Recharged - First Round KO's Vol.2	UAE Warriors 22: International	TNA Slammiversary 2007	New Japan Pro Wrestling	ROH Classics	New Japan Pro Wrestling
16:00		Retrospective - Abyss					
16:30	King of Kings 85: Tallin World Series	Ring of Honor Wrestling - Era of Honor Part 1	CES MMA 51: Andrews vs. Owens	New Japan Pro Wrestling	BRAVE Combat 58	New Japan Pro Wrestling	New Japan Pro Wrestling
17:00							
17:30	CAGE 53	Fight Network Recharged - First Round KO's Vol.2	UAE Warriors 22: International	TNA Slammiversary 2007	New Japan Pro Wrestling	ROH Classics	New Japan Pro Wrestling
18:00							
18:30	We Love MMA 39	New Japan Pro Wrestling	UAE Warriors 22: International	TNA Slammiversary 2007	New Japan Pro Wrestling	ROH Classics	New Japan Pro Wrestling
19:00							
19:30	CAGE 53	Fight Network Recharged - First Round KO's Vol.2	UAE Warriors 22: International	TNA Slammiversary 2007	New Japan Pro Wrestling	ROH Classics	New Japan Pro Wrestling
20:00							
20:30	We Love MMA 39	New Japan Pro Wrestling	UAE Warriors 22: International	TNA Slammiversary 2007	New Japan Pro Wrestling	ROH Classics	New Japan Pro Wrestling
21:00							
21:30	We Love MMA 39	New Japan Pro Wrestling	UAE Warriors 22: International	TNA Slammiversary 2007	New Japan Pro Wrestling	ROH Classics	New Japan Pro Wrestling
22:00							
22:30	We Love MMA 39	New Japan Pro Wrestling	UAE Warriors 22: International	TNA Slammiversary 2007	New Japan Pro Wrestling	ROH Classics	New Japan Pro Wrestling
23:00							
23:30	We Love MMA 39	New Japan Pro Wrestling	UAE Warriors 22: International	TNA Slammiversary 2007	New Japan Pro Wrestling	ROH Classics	New Japan Pro Wrestling
0:00							
0:30	We Love MMA 39	New Japan Pro Wrestling	UAE Warriors 22: International	TNA Slammiversary 2007	New Japan Pro Wrestling	ROH Classics	New Japan Pro Wrestling
1:00							
1:30	King of Kings 85: Tallin World Series	Boxing World Weekly	CES MMA 51: Andrews vs. Owens	New Japan Pro Wrestling	BRAVE Combat 58	New Japan Pro Wrestling	New Japan Pro Wrestling
2:00		Retrospective - Abyss					
2:30	King of Kings 85: Tallin World Series	Classic All-Star Wrestling	CES MMA 51: Andrews vs. Owens	New Japan Pro Wrestling	BRAVE Combat 58	New Japan Pro Wrestling	New Japan Pro Wrestling
3:00		Ring of Honor Wrestling - Era of Honor Part 1					
3:30	King of Kings 85: Tallin World Series	ROH Classics	CES MMA 51: Andrews vs. Owens	New Japan Pro Wrestling	BRAVE Combat 58	New Japan Pro Wrestling	New Japan Pro Wrestling
4:00							
4:30	King of Kings 85: Tallin World Series	After The Fight - GLORY 58 Chicago	CES MMA 51: Andrews vs. Owens	New Japan Pro Wrestling	BRAVE Combat 58	New Japan Pro Wrestling	New Japan Pro Wrestling
5:00		Judo Zagreb Grand Prix 2015 Highlights					
5:30	King of Kings 85: Tallin World Series	Fight Network Recharged - First Round KO's Vol.2	CES MMA 51: Andrews vs. Owens	New Japan Pro Wrestling	BRAVE Combat 58	New Japan Pro Wrestling	New Japan Pro Wrestling
5:30							

Program Grid

Western European Time	MONDAY Jun 6, 2022	TUESDAY Jun 7, 2022	WEDNESDAY Jun 8, 2022	THURSDAY Jun 9, 2022	FRIDAY Jun 10, 2022	SATURDAY Jun 11, 2022	SUNDAY Jun 12, 2022				
6:00	New Japan Pro Wrestling	KSW 38: Live in Studio	UAE Warriors 23: Arabia 5	Lion Fight 25	New Japan Pro Wrestling	Lux Fight League 22 Challenge	Catalyst Wrestling				
6:30							Boxing World Weekly				
7:00	New Japan Pro Wrestling										
7:30	IMPACT in 60 - IMPACT 20 - World Title Matches										
8:00											
8:30											
9:00	IMPACT! Wrestling	Diary with LAX Part 2	MFC 32: Bitter Rivals	Fight Network Recharged - Lion Fight Knockouts Vol. 7	New Japan Pro Wrestling	IMPACT in 60 - IMPACT 20 - Wildest Brawls	We Love MMA 58				
9:30		Retrospective - Moose									
10:00		It's Showtime Special		Fight Network Recharged - Kevin Ross Part 2							
10:30											
11:00	TNA Slammiversary 2007	Ultimate Strongman	ROAD FC 45	UAE Warriors 23: Arabia 5	Fight Network Recharged - Lion Fight Knockouts Vol. 6	ROH Classics	BKFC 15: Shewmaker vs. O'Bannon				
11:30		UK's Strongest Man									
12:00											
12:30		World Armwrestling League	Pancrase in 60 - Knockouts Vol. 1		Fight Network Recharged - Lion Fight Knockouts Vol. 7	Fight Network Recharged - Kevin Ross Part 1		Fight Network Recharged - Kevin Ross Part 2			
13:00											
13:30											
14:00											
14:30	Catalyst Wrestling										
15:00	KSW 38: Live in Studio	We Love MMA 40	Fight Network Recharged - Kevin Ross Part 1	CES MMA 52: Norwood vs. Wells	IMPACT Hard To Kill 2022	New Japan Pro Wrestling	New Japan Pro Wrestling				
15:30											
16:00											
16:30		Pancrase in 60 - Knockouts Vol. 1						Alphabet Soup: Boxing's Sanctioning Bodies	New Japan Pro Wrestling		
17:00		Abu Dhabi Grand Slam UAE 2018 - Part 2/6	KSW 38: Live in Studio					Lion Fight 25	IMPACT Hard To Kill 2022	Dog or Pass Podcast	New Japan Pro Wrestling
17:30											
18:00	Pancrase in 60 - Knockouts Vol. 1										
18:30	CAGE 54	BRAVE Combat 48	UAE Warriors 23: Arabia 5	IMPACT Hard To Kill 2022	BRAVE Combat 48	Bare Knuckle Boxing 26 LIVE!	IMPACT in 60 - IMPACT 20 - Wildest Brawls				
19:00											
19:30											
20:00											
20:30											
21:00	Fight Network Recharged - Kevin Ross Part 1	IMPACT! Wrestling									
21:30											
22:00	We Love MMA 40	New Japan Pro Wrestling	Fight Network Recharged - Lion Fight Knockouts Vol. 7	IMPACT in 60 - IMPACT 20 - Wildest Brawls	IMPACT Hard To Kill 2022	We Love MMA 58	IMPACT! Wrestling				
22:30											
23:00		New Japan Pro Wrestling									
23:30											
0:00											
0:30											
1:00	King of Kings Classic 4	New Japan Pro Wrestling	Boxing World Weekly	IMPACT! Wrestling	International Wrestling Syndicate	Lux Fight League 22 Challenge	BKFC 15: Shewmaker vs. O'Bannon				
1:30											
2:00		Retrospective - Moose									
2:30		Classic All-Star Wrestling									
3:00	Ring of Honor Wrestling - Era of Honor Part 2	CES MMA 52: Norwood vs. Wells	New Japan Pro Wrestling	We Love MMA 58	Dog or Pass Podcast	New Japan Pro Wrestling					
3:30											
4:00	Fight Network Recharged - Lion Fight Knockouts Vol. 6	ROH Classics	Dog or Pass Podcast	IMPACT in 60 - IMPACT 20 - Wildest Brawls	IMPACT Hard To Kill 2022	We Love MMA 58	New Japan Pro Wrestling				
4:30											
5:00	Fight Network Recharged - Kevin Ross Part 1	After The Fight - GLORY 59 Amsterdam	Fight Network Recharged - Kevin Ross Part 2	IMPACT in 60 - IMPACT 20 - Wildest Brawls	IMPACT Hard To Kill 2022	We Love MMA 58	New Japan Pro Wrestling				
5:30		Judo Baku Grand Slam 2015 Highlights									
				BETONLINE The Fight Guys		BKFC 15: Shewmaker vs. O'Bannon					
					Catalyst Wrestling		New Japan Pro Wrestling				

Program Grid

Western European Time	MONDAY Jun 13, 2022	TUESDAY Jun 14, 2022	WEDNESDAY Jun 15, 2022	THURSDAY Jun 16, 2022	FRIDAY Jun 17, 2022	SATURDAY Jun 18, 2022	SUNDAY Jun 19, 2022	
6:00	New Japan Pro Wrestling	KSW 39: Colosseum - Championship Fights	UAE Warriors 24: International	Lion Fight 26	New Japan Pro Wrestling	KSW 70: Pudzianowski vs. Materla	Catalyst Wrestling	
6:30							Boxing World Weekly	
7:00	New Japan Pro Wrestling						IMPACT in 60 - IMPACT 20 - Iconic Stipulation Matches	
7:30								
8:00	IMPACT in 60 - IMPACT 20 - Wildest Brawls				New Japan Pro Wrestling			
8:30								
9:00	IMPACT! Wrestling	Diary: GLORY Amsterdam	MFC 33: Collision Course	Fight Network Recharged - Lion Fight Knockouts Vol. 9	New Japan Pro Wrestling	IMPACT in 60 - IMPACT 20 - Iconic Stipulation Matches	KSW 70: Pudzianowski vs. Materla	
9:30		Retrospective - Matt Sydal		Fight Network Recharged - Tiffany Van Soest Part 2				
10:00		It's Showtime Special			New Japan Pro Wrestling	Ring of Honor Wrestling - Era of Honor Part 3		
10:30								
11:00	IMPACT Hard To Kill 2022	Ultimate Strongman	ROAD FC 46 Prelims	UAE Warriors 24: International	Fight Network Recharged - Lion Fight Knockouts Vol. 8	ROH Classics	BKFC: KnuckleMania 2	
11:30								
12:00		UK's Strongest Man			Fight Network Recharged - Nick Newell	Fight Network Recharged - Tiffany Van Soest Part 2		
12:30		World Armwrestling League			Fight Network Recharged - Lion Fight Knockouts Vol. 9	Catalyst Wrestling		Ring of Honor Wrestling - Era of Honor Part 3
13:00					Retrospective - Matt Sydal			
13:30								
14:00	Catalyst Wrestling	We Love MMA 41	Fight Network Recharged - Lion Fight Knockouts Vol. 8	CES MMA 53: Gravelly vs. Nordby	Fight Network Recharged - Tiffany Van Soest Part 2	New Japan Pro Wrestling	ROH Classics	
14:30								
15:00	KSW 39: Colosseum - Championship Fights	Abu Dhabi Grand Slam UAE 2018 - Part 3/6	Fight Network Recharged - Nick Newell	Lion Fight 26	IMPACT Sacrifice 2022	New Japan Pro Wrestling	New Japan Pro Wrestling	
15:30			Pancrase in 60 - Submissions Vol. 1			Viral Violence: Changing Boxing Landscape from	New Japan Pro Wrestling	
16:00		Dog or Pass Podcast	KSW 39: Colosseum - Championship Fights	BRAVE Combat 49		IMPACT Sacrifice 2022	New Japan Pro Wrestling	
16:30								
17:00								
17:30	Pancrase in 60 - Submissions Vol. 1	BRAVE Combat 49	UAE Warriors 24: International	IMPACT Sacrifice 2022	New Japan Pro Wrestling			
18:00								
18:30	CAGE 38	Fight Network Recharged - Nick Newell	IMPACT Sacrifice 2022	IMPACT Sacrifice 2022	IMPACT in 60 - IMPACT 20 - Iconic Stipulation Matches			
19:00								
19:30		New Japan Pro Wrestling	IMPACT Sacrifice 2022	IMPACT Sacrifice 2022	IMPACT! Wrestling			
20:00								
20:30								
21:00	New Japan Pro Wrestling	IMPACT Sacrifice 2022	IMPACT Sacrifice 2022	IMPACT! Wrestling				
21:30								
22:00	We Love MMA 41	New Japan Pro Wrestling	IMPACT Sacrifice 2022	Fight Network Recharged - Tiffany Van Soest Part 2	KSW 70: Pudzianowski vs. Materla	IMPACT! Wrestling		
22:30		New Japan Pro Wrestling		Fight Network Recharged - Lion Fight Knockouts Vol. 9				
23:00			New Japan Pro Wrestling	Retrospective - Matt Sydal			Dog or Pass Podcast	
23:30								
0:00		New Japan Pro Wrestling	Fight Network Recharged - Tiffany Van Soest Part 2	IMPACT in 60 - IMPACT 20 - Iconic Stipulation Matches			Dog or Pass Podcast	Fight Network Recharged - Tiffany Van Soest Part 2
0:30								
1:00	King of Kings Classic 5	New Japan Pro Wrestling	Boxing World Weekly	IMPACT! Wrestling	International Wrestling Syndicate	KSW 69: Przybysz vs. Martins	BKFC: KnuckleMania 2	
1:30		New Japan Pro Wrestling	Viral Violence: Changing Boxing Landscape from		Boxing World Weekly			
2:00			Retrospective - Matt Sydal		CES MMA 53: Gravelly vs. Nordby			KSW 69: Przybysz vs. Martins
2:30		Classic All-Star Wrestling						
3:00		Ring of Honor Wrestling - Era of Honor Part 3	New Japan Pro Wrestling					
3:30	Fight Network Recharged - Lion Fight Knockouts Vol. 8	ROH Classics	Dog or Pass Podcast	New Japan Pro Wrestling				
4:00								
4:30	Fight Network Recharged - Nick Newell	After The Fight - GLORY 60 Lyon	Fight Network Recharged - Tiffany Van Soest Part 2	Dog or Pass Podcast	New Japan Pro Wrestling			
5:00		Judo Rabat World Masters 2015 Highlights				International Wrestling Syndicate		
5:30		Boxing World Weekly				Catalyst Wrestling	BKFC: KnuckleMania 2	

Program Grid

Western European Time	MONDAY Jun 20, 2022	TUESDAY Jun 21, 2022	WEDNESDAY Jun 22, 2022	THURSDAY Jun 23, 2022	FRIDAY Jun 24, 2022	SATURDAY Jun 25, 2022	SUNDAY Jun 26, 2022					
6:00	New Japan Pro Wrestling	KSW 39: Colosseum - Superfights	UAE Warriors 14	Lion Fight 27	New Japan Pro Wrestling	Lux Fight League 23 Challenge	Catalyst Wrestling					
6:30									Boxing World Weekly			
7:00	New Japan Pro Wrestling									IMPACT in 60 - Juventud Guerrera		
7:30												
8:00	IMPACT in 60 - IMPACT 20 - Iconic Stipulation Matches						Boxing World Weekly	New Japan Pro Wrestling				
8:30												
9:00	IMPACT! Wrestling	Diary with Sami Callihan Part 1	MFC 34: Total Recall	Fight Network Recharged - Lion Fight Knockouts Vol. 11	New Japan Pro Wrestling	IMPACT in 60 - Juventud Guerrera	Bare Knuckle Boxing 26					
9:30		Retrospective - Brian Cage										
10:00		It's Showtime Special			Fight Network Recharged - Eric Reynolds	New Japan Pro Wrestling		Ring of Honor Wrestling - HOF: Briscoe Bros				
10:30												
11:00	IMPACT Sacrifice 2022	Ultimate Strongman	ROAD FC 46	UAE Warriors 15	Fight Network Recharged - Lion Fight Knockouts Vol. 10	ROH Classics	BKFC 16: Garcia vs. Elmore					
11:30												
12:00		UK's Strongest Man					Fight Network Recharged - Scott Holtzman	Fight Network Recharged - Eric Reynolds				
12:30					World Armwrestling League							
13:00							Fight Network Recharged - Lion Fight Knockouts Vol. 11	Catalyst Wrestling	Ring of Honor Wrestling - HOF: Briscoe Bros			
13:30					Retrospective - Brian Cage							
14:00												
14:30	Catalyst Wrestling				Fight Network Recharged - Eric Reynolds	New Japan Pro Wrestling	ROH Classics					
15:00	KSW 39: Colosseum - Superfights	We Love MMA 42		CES MMA 36: Andrews vs. Muro	TNA Genesis 2010	New Japan Pro Wrestling	New Japan Pro Wrestling					
15:30												
16:00										Vicious: Making a Champion	New Japan Pro Wrestling	
16:30				Pancrase in 60 - The Founders								
17:00										Dog or Pass Podcast	New Japan Pro Wrestling	
17:30		Abu Dhabi Grand Slam UAE 2018 - Part 4/6										
18:00	Pancrase in 60 - The Founders	BRAVE Combat 50	KSW 39: Colosseum - Superfights	Lion Fight 27	Vicious: Making a Champion	TNA Genesis 2010	New Japan Pro Wrestling					
18:30												
19:00	CAGE 39											New Japan Pro Wrestling
19:30												
20:00												
20:30												
21:00												
21:30	International Wrestling Syndicate	Fight Network Recharged - Scott Holtzman	UAE Warriors 15	TNA Genesis 2010			IMPACT! Wrestling					
22:00	We Love MMA 42	New Japan Pro Wrestling						Fight Network Recharged - Eric Reynolds	Bare Knuckle Boxing 26			
22:30												
23:00			New Japan Pro Wrestling		Fight Network Recharged - Lion Fight Knockouts Vol. 11	Retrospective - Brian Cage						
23:30											Fight Network Recharged - Lion Fight Knockouts Vol. 11	
0:00								Fight Network Recharged - Eric Reynolds				
0:30		New Japan Pro Wrestling	Fight Network Recharged - Eric Reynolds	IMPACT in 60 - Juventud Guerrera	Dog or Pass Podcast							
1:00	King of Kings: World Series in Almaty 2021	New Japan Pro Wrestling	Boxing World Weekly	IMPACT! Wrestling	International Wrestling Syndicate	Lux Fight League 23 Challenge	BKFC 16: Garcia vs. Elmore					
1:30								Vicious: Making a Champion		Boxing World Weekly		
2:00					Retrospective - Brian Cage							
2:30			Classic All-Star Wrestling									
3:00												
3:30		Ring of Honor Wrestling - HOF: Briscoe Bros	CES MMA 36: Andrews vs. Muro	New Japan Pro Wrestling	Bare Knuckle Boxing 26		New Japan Pro Wrestling					
4:00	Fight Network Recharged - Lion Fight Knockouts Vol. 10	ROH Classics					New Japan Pro Wrestling					
4:30					Dog or Pass Podcast							
5:00	Fight Network Recharged - Scott Holtzman	After The Fight - UFC 231	Fight Network Recharged - Eric Reynolds			BKFC 16: Garcia vs. Elmore	New Japan Pro Wrestling					
5:30		Judo Budapest Grand Prix 2015 Highlights						International Wrestling Syndicate				
				Boxing World Weekly	Catalyst Wrestling							

Program Grid

Western European Time	MONDAY Jun 27, 2022	TUESDAY Jun 28, 2022	WEDNESDAY Jun 29, 2022	THURSDAY Jun 30, 2022	FRIDAY Jul 1, 2022	SATURDAY Jul 2, 2022	SUNDAY Jul 3, 2022			
6:00	New Japan Pro Wrestling	KSW 40: Dublin	UAE Warriors 16: Arabia	Lion Fight 28	New Japan Pro Wrestling	ROAD FC 58	Catalyst Wrestling			
6:30							Boxing World Weekly			
7:00	New Japan Pro Wrestling				UAE Warriors 16: Arabia		Lion Fight 28	New Japan Pro Wrestling	ROAD FC 58	IMPACT in 60 - Dustin Rhodes
7:30										
8:00	IMPACT in 60 - Juventud Guerrera				KSW 40: Dublin	UAE Warriors 16: Arabia	Lion Fight 28	New Japan Pro Wrestling	ROAD FC 58	KSW 66: Ziolkowski vs. Mankowski
8:30		Boxing World Weekly								
9:00	IMPACT! Wrestling	Diary with Sami Callihan Part 2	MFC 35: Explosive Encounter	Fight Network Recharged - Jason Andrada Part 2				New Japan Pro Wrestling		
9:30		Retrospective - Joe Valtellini Part 1								
10:00		It's Showtime Special		MFC 35: Explosive Encounter				Fight Network Recharged - Felice Herrig	New Japan Pro Wrestling	
10:30										
11:00	TNA Genesis 2010	Ultimate Strongman	ROAD FC 47	UAE Warriors 17: Arabia	Fight Network Recharged - Lion Fight Knockouts Vol. 12	ROH Classics	BKFC 17: Tate vs. Burns			
11:30		UK's Strongest Man								
12:00						World Armwrestling League		Retrospective - Joe Valtellini Part 1	Fight Network Recharged - Jason Andrada Part 1	Fight Network Recharged - Felice Herrig
12:30										
13:00										
13:30	Catalyst Wrestling	World Armwrestling League	Retrospective - Joe Valtellini Part 1	Fight Network Recharged - Jason Andrada Part 2	Catalyst Wrestling	Ring of Honor Wrestling - HOF: Bryan Danielson				
14:00										
14:30	Catalyst Wrestling	World Armwrestling League	Retrospective - Joe Valtellini Part 1	Fight Network Recharged - Lion Fight Knockouts Vol. 12	New Japan Pro Wrestling	ROH Classics				
15:00										
15:30	KSW 40: Dublin	We Love MMA 43	Fight Network Recharged - Jason Andrada Part 1	CES MMA 37: Summer Gold	New Japan Pro Wrestling	New Japan Pro Wrestling				
16:00							Pancrase in 60 - Ken Shamrock			
16:30				Boxing World Weekly						
17:00		Abu Dhabi Grand Slam UAE 2018 - Part 5/6	KSW 40: Dublin	Lion Fight 28	TNA Lockdown 2006		Punch Too Many; A			
17:30										
18:00	Pancrase in 60 - Ken Shamrock	BRAVE Combat 52	KSW 40: Dublin	Lion Fight 28	Punch Too Many; A	New Japan Pro Wrestling				
18:30	CAGE 41						UAE Warriors 17: Arabia	TNA Lockdown 2006	BRAVE Combat 52	
19:00										
19:30	CAGE 41	UAE Warriors 17: Arabia	TNA Lockdown 2006	Punch Too Many; A	BRAVE Combat 52	IMPACT in 60 - Dustin Rhodes				
20:00										
20:30	CAGE 41	UAE Warriors 17: Arabia	TNA Lockdown 2006	Punch Too Many; A	BRAVE Combat 52	IMPACT in 60 - Dustin Rhodes				
21:00										
21:30	CAGE 41	UAE Warriors 17: Arabia	TNA Lockdown 2006	Punch Too Many; A	BRAVE Combat 52	IMPACT in 60 - Dustin Rhodes				
22:00										
22:30	We Love MMA 43	New Japan Pro Wrestling	UAE Warriors 17: Arabia	TNA Lockdown 2006	BRAVE Combat 52	IMPACT in 60 - Dustin Rhodes				
23:00		New Japan Pro Wrestling								
23:30		New Japan Pro Wrestling								
0:00	We Love MMA 43	New Japan Pro Wrestling	UAE Warriors 17: Arabia	TNA Lockdown 2006	BRAVE Combat 52	IMPACT in 60 - Dustin Rhodes				
0:30		New Japan Pro Wrestling								
1:00	King of Kings: World Series in Vilnius 2021	New Japan Pro Wrestling	Boxing World Weekly	IMPACT! Wrestling	International Wrestling Syndicate	KSW 66: Ziolkowski vs. Mankowski				
1:30							Retrospective - Joe Valtellini Part 1	CES MMA 37: Summer Gold	ROAD FC 58 Prelims	
2:00		Classic All-Star Wrestling	CES MMA 37: Summer Gold	ROAD FC 58 Prelims						
2:30										
3:00	Pancrase in 60 - Ken Shamrock	Ring of Honor Wrestling - HOF: Bryan Danielson	CES MMA 37: Summer Gold	New Japan Pro Wrestling	New Japan Pro Wrestling	New Japan Pro Wrestling				
3:30										
4:00	Fight Network Recharged - Lion Fight Knockouts Vol. 12	ROH Classics	Retrospective - Joe Valtellini Part 1	Dog or Pass Podcast	New Japan Pro Wrestling	BKFC 17: Tate vs. Burns				
4:30										
5:00	Fight Network Recharged - Jason Andrada Part 1	After The Fight - Fight Night Lethbridge	Fight Network Recharged - Felice Herrig	BETONLINE The Fight Guys	International Wrestling Syndicate	BKFC 17: Tate vs. Burns				
5:30							Judo Ulaanbaatar Grand Prix 2015 Highlights			