



Eastern	MONDAY Nov 24, 2025	TUESDAY Nov 25, 2025	WEDNESDAY Nov 26, 2025	THURSDAY Nov 27, 2025	FRIDAY Nov 28, 2025	SATURDAY Nov 29, 2025	SUNDAY Nov 30, 2025			
6:00	Fight Network Recharged - Regian Eersel	Ultimate Strongman 2015 - Team World Championship	Pancrase in 60 - Submissions Vol. 1	Heroes of Lucha Libre	Fight Network Recharged - Matt Besette	International Sumo League	Fight Network Recharged - Matt Besette			
6:30										
7:00	Fight Network Recharged - Julian Lane	UK's Strongest Man 2020 - Part 4/5	Abu Dhabi Grand Slam Los Angeles 2018 Pt. 11/12	Heroes of Lucha Libre	Fight Network Recharged - 'Smokin' Jo Nattawut Part 1	Ultimate Strongman 2015 - Team World Championship	Fight Network Recharged - 'Smokin' Jo Nattawut Part 1			
7:30										
8:00	IJF - International Judo Federation	IJF - International Judo Federation	IJF - International Judo Federation	IJF - International Judo Federation	IJF Abu Dhabi Grand Slam Day 1 LIVE!	IJF Abu Dhabi Grand Slam Day 2 LIVE!	IJF Abu Dhabi Grand Slam Day 3 LIVE!			
8:30										
9:00	IJF - International Judo Federation	IJF - International Judo Federation	IJF - International Judo Federation	IJF - International Judo Federation						
9:30										
10:00	Tristar Stories - GSP and the Next Generation	World Armwrestling League	Heroes of Lucha Libre	Pancrase in 60 - Submissions Vol. 1				Tristar Stories - Calderwood and Duffy	World Armwrestling League	Retrospective - John Hennigan
10:30	Retrospective - Bobby Lashley Part 2									
11:00	Pancrase in 60 - Knockouts Vol. 1	It's Showtime Special	Heroes of Lucha Libre	Ultimate Strongman 2015 - Team World Championship	IMPACT on Spike S7	Fight Network Recharged - Matt Besette	Fight Network Recharged - 'Smokin' Jo Nattawut Part 2			
11:30				UK's Strongest Man 2020 - Part 4/5			Fight Network Recharged - 'Smokin' Jo Nattawut Part 1	Fight Network Recharged - Chip Moraza Pollard		
12:00	Pancrase in 60 - Submissions Vol. 1	Abu Dhabi Grand Slam Los Angeles 2018 Pt. 11/12	Immersed - Mike Santana: Part 1	UK's Strongest Man 2020 - Part 4/5		Fight Network Recharged - 'Smokin' Jo Nattawut Part 1	Fight Network Recharged - Chip Moraza Pollard			
12:30			Classic All-Star Wrestling							
13:00		Tristar Stories - Calderwood and Duffy	IMPACT on Spike S7	BRAVE Combat 67	IMPACT on Spike S7	Fight Network Recharged - 'Smokin' Jo Nattawut Part 2	Pancrase in 60 - Submissions Vol. 1			
13:30		Retrospective - John Hennigan								
14:00	IMPACT in 60 - Best of Final Resolution	Bare Knuckle Boxing 23				IMPACT on Spike S7	IMPACT on Spike S7	Fight Network Recharged - Chip Moraza Pollard	BKFC 25	
14:30										
15:00	TNA iMPACT! S25						IMPACT on Spike S7	IMPACT in 60 - Mickie James		TNA iMPACT! S25
15:30										
16:00			IMPACT on Spike S7	Pancrase in 60 - Submissions Vol. 1	Fight Network Recharged - 'Smokin' Jo Nattawut Part 2					
16:30										
17:00	BKFC Fight Night: Omaha	Ultimate Strongman 2015 - Team World Championship	Fight Network Recharged - 'Smokin' Jo Nattawut Part 2	IMPACT on Spike S7	Fight Network Recharged - 'Smokin' Jo Nattawut Part 2	IMPACT in 60 - Chris Sabin	Fight Network Recharged - Chip Moraza Pollard			
17:30		UK's Strongest Man 2020 - Part 4/5								
18:00		IMPACT on Spike S7	Pancrase in 60 - Submissions Vol. 1	IMPACT on Spike S7	Fight Network Recharged - Matt Besette	IMPACT in 60 - Mickie James	IMPACT on Spike S7			
18:30										
19:00	Fight Network Recharged - Tiffany Van Soest	World Armwrestling League	IMPACT in 60 - Mickie James		Fight Network Recharged - 'Smokin' Jo Nattawut Part 1	Fight Network Recharged - Matt Besette				
19:30										
20:00	Diary with LAX Part 1	Fight Network Recharged - Matt Besette	TNA iMPACT! S25	Pancrase in 60 - Submissions Vol. 1	International Wrestling Syndicate	Fight Network Recharged - 'Smokin' Jo Nattawut Part 1	IMPACT on Spike S7			
20:30	Immersed - Mike Santana: Part 1				Immersed - Mike Santana: Part 1					
21:00	Carjitsu Championship	Immersed - Mike Santana: Part 1		IMPACT in 60 - Mickie James	IMPACT in 60 - Chris Sabin	BKFC 25				
21:30		Classic All-Star Wrestling								
22:00	SlapFIGHT Championship	Fight Network Recharged - 'Smokin' Jo Nattawut Part 2	Immersed - Mike Santana: Part 1	TNA iMPACT! S25	BYB: Bare Knuckle Brawls - BYB 13: Liberian Puma vs. The Ukrainian Gladiator	BYB: Bare Knuckle Brawls - BYB 13: Liberian Puma vs. The Ukrainian Gladiator				
22:30			Classic All-Star Wrestling							
23:00		After The Fight - GLORY 54 Birmingham	Retrospective - John Hennigan					Classic All-Star Wrestling		
23:30		Retrospective - John Hennigan						Diary with LAX Part 1	After The Fight - GLORY 54 Birmingham	
0:00	Chest Chop: PLN's Friday Nights Fights	Fight Network Recharged - 'Smokin' Jo Nattawut Part 1	Fight Network Recharged - Chip Moraza Pollard	Diary with LAX Part 1	BKB 44: Denver Brawl V	TNA Xplosion	BKB 44: Denver Brawl V			
0:30				Immersed - Mike Santana: Part 1						
1:00	Retrospective - Bobby Lashley Part 2	BYB: Bare Knuckle Brawls - PG World Diamond Belt: Green vs. McHugh	Fight Network Recharged - 'Smokin' Jo Nattawut Part 2			IMPACT in 60 - Chris Sabin				
1:30										
2:00	Fight Network Recharged - Matt Besette	BKB 43: Bolton Brawl	TNA Legends	Bare Knuckle Boxing 23		TNA iMPACT! S25	IMPACT in 60 - Mickie James	Pancrase in 60 - Submissions Vol. 1		
2:30										
3:00	Fight Network Recharged - 'Smokin' Jo Nattawut Part 1		TNA Unfinished Business: Jarrett vs. Angle		Diary with LAX Part 1	Diary with LAX Part 1	IMPACT in 60 - Chris Sabin			
3:30						Immersed - Mike Santana: Part 1				
4:00	BKFC Fight Night: Omaha		Fight Network Recharged - 'Smokin' Jo Nattawut Part 1	IMPACT in 60 - Chris Sabin	Fight Network Recharged - Chip Moraza Pollard	Diary with LAX Part 1	BKFC 25	IMPACT in 60 - Mickie James		
4:30		Immersed - Mike Santana: Part 1								
5:00		Fight Network Recharged - 'Smokin' Jo Nattawut Part 1				IMPACT in 60 - Chris Sabin			Fight Network Recharged - Chip Moraza Pollard	Pancrase in 60 - Submissions Vol. 1
5:30										

Eastern	MONDAY Dec 1, 2025	TUESDAY Dec 2, 2025	WEDNESDAY Dec 3, 2025	THURSDAY Dec 4, 2025	FRIDAY Dec 5, 2025	SATURDAY Dec 6, 2025	SUNDAY Dec 7, 2025
6:00	Fight Network Recharged - 'Smokin' Jo Nattawut Part 2	It's Showtime Special	Abu Dhabi Grand Slam Los Angeles 2018 Pt. 12/12	Retrospective - Gail Kim Part 1	Diary with LAX Part 2	Fight Network Recharged - Andre Soukamhtath	Ultimate Strongman 2015 - Masters World Championship
6:30				After The Fight - GLORY 55 New York	Immersed - Mike Santana: Part 2		
7:00	Fight Network Recharged - Chip Moraza Pollard	Abu Dhabi Grand Slam Los Angeles 2018 Pt. 12/12	Pancrase in 60 - The Founders	Diary with LAX Part 2	Retrospective - Gail Kim Part 1	Fight Network Recharged - Muay Thai Legends Vol. 1	UK's Strongest Man 2020 - Part 5/5
7:30				Immersed - Mike Santana: Part 2	Tristar Stories - A Day with Firas Zahabi		
8:00	IJF 2025: Grand Slam Tbilisi Part 1/6	IJF 2025: Grand Slam Tbilisi Part 3/6	IJF 2025: Grand Slam Tbilisi Part 5/6	IJF 2025: Dushanbe Grand Slam - Part 1/6	IJF 2025: Dushanbe Grand Slam - Part 3/6	Fight Network Recharged - Muay Thai Legends Vol. 2	World Armwrestling League
8:30							
9:00	IJF 2025: Grand Slam Tbilisi Part 2/6	IJF 2025: Grand Slam Tbilisi Part 4/6	IJF 2025: Grand Slam Tbilisi Part 6/6	IJF 2025: Dushanbe Grand Slam - Part 2/6	IJF 2025: Dushanbe Grand Slam - Part 4/6	Fight Network Recharged - Chris Curtis	Abu Dhabi Grand Slam Los Angeles 2018 Pt. 12/12
9:30							
10:00	Pro Grapplers Federation	Pro Grapplers Federation	Pro Grapplers Federation	Pro Grapplers Federation	Pro Grapplers Federation	Pancrase in 60 - The Founders	Retrospective - Gail Kim Part 1
10:30							Tristar Stories - A Day with Firas Zahabi
11:00	Pro Grapplers Federation	Pro Grapplers Federation	Pro Grapplers Federation	Pro Grapplers Federation	Pro Grapplers Federation	IMPACT in 60 - Booker T	After The Fight - GLORY 55 New York
11:30							Immersed - Mike Santana: Part 2
12:00	Tristar Stories - A Day with Firas Zahabi	Immersed - Mike Santana: Part 2	Diary with LAX Part 2	Tristar Stories - A Day with Firas Zahabi	IMPACT in 60 - Booker T	IMPACT in 60 - Tag-Team Matches	Pancrase in 60 - The Founders
12:30	Retrospective - John Hennigan	Diary with LAX Part 2	Immersed - Mike Santana: Part 2	Retrospective - Gail Kim Part 1			
13:00	Fight Network Recharged - Andre Soukamhtath	Retrospective - Gail Kim Part 1	IMPACT on Spike S7	Ultimate Strongman 2015 - Masters World Championship	IMPACT in 60 - Tag-Team Matches	SlapFIGHT Championship: Friday Night Fights	PLN Championship Finale August 2025
13:30		After The Fight - GLORY 55 New York		UK's Strongest Man 2020 - Part 5/5			
14:00	Fight Network Recharged - Muay Thai Legends Vol. 1	Bare Knuckle Boxing 24	IMPACT on Spike S7	World Armwrestling League	IMPACT on Spike S7	SlapFIGHT Championship: PLN Friday Night Fights	SlapFIGHT Championship: Friday Night Fights
14:30							
15:00	Fight Network Recharged - Muay Thai Legends Vol. 2				IMPACT on Spike S7	SlapFIGHT Championship: Friday Night Fights	SlapFIGHT Championship: Friday Night Fights
15:30							
16:00	Fight Network Recharged - Chris Curtis			IMPACT in 60 - Booker T	IMPACT on Spike S7	SlapFIGHT Championship: Friday Night Fights	SlapFIGHT Championship: Friday Night Fights
16:30							
17:00	It's Showtime Special	Fight Network Recharged - Andre Soukamhtath	Immersed - Mike Santana: Part 2	IMPACT in 60 - Tag-Team Matches	IMPACT on Spike S7	SlapFIGHT Championship: Friday Night Fights	SlapFIGHT Championship: Friday Night Fights
17:30			Retrospective - Gail Kim Part 1				
18:00	Pancrase in 60 - The Founders	Fight Network Recharged - Muay Thai Legends Vol. 1	IMPACT in 60 - Booker T	TNA IMPACT! S25	BRAVE Combat 68	PLN Championship Finale August 2025	SlapFIGHT Championship: PLN Friday Night Fights
18:30							
19:00	Retrospective - Gail Kim Part 1	Fight Network Recharged - Muay Thai Legends Vol. 2	IMPACT in 60 - Tag-Team Matches	Fight Network Recharged - Muay Thai Legends Vol. 2	BRAVE Combat 68	Fight Network Recharged - Muay Thai Legends Vol. 1	Fight Network Recharged - Muay Thai Legends Vol. 2
19:30	After The Fight - GLORY 55 New York						
20:00	Diary with LAX Part 2	Fight Network Recharged - Chris Curtis	TNA IMPACT! S25	Fight Network Recharged - Muay Thai Legends Vol. 2	Tristar Stories - A Day with Firas Zahabi	BKFC Fight Night: Tampa 2	Fight Network Recharged - Chris Curtis
20:30	Immersed - Mike Santana: Part 2						
21:00	Carjitsu Championship	Pancrase in 60 - The Founders	International Wrestling Syndicate	BKFC Fight Night: Tampa 2	Immersed - Mike Santana: Part 2	BKFC Fight Night: Tampa 2	BYB: Bare Knuckle Brawls - BYB Super Middleweight Championship: Fernandez vs. Bu
21:30							
22:00	SlapFIGHT Championship	It's Showtime Special	Classic All-Star Wrestling	BKFC Ice Wars 2: River Cree Rumble	BYB: Bare Knuckle Brawls - BYB Super Middleweight Championship: Fernandez vs. Bu	Fight Network Recharged - Chris Curtis	BKB 48: Brawl in the Pines V
22:30							
23:00	Ultimate Tire Wrestling: PLN's Friday Night Fights	Retrospective - Gail Kim Part 1	ROH Classics	BKB 48: Brawl in the Pines V	BKB 48: Brawl in the Pines V	TNA Xplosion	BKB 48: Brawl in the Pines V
23:30		Tristar Stories - A Day with Firas Zahabi					
0:00		Diary with LAX Part 2	Heroes of Lucha Libre	Dog or Pass Podcast	IMPACT in 60 - Booker T	IMPACT in 60 - Booker T	IMPACT in 60 - Booker T
0:30		Immersed - Mike Santana: Part 2					
1:00	BKFC 25	BYB: Bare Knuckle Brawls - BYB 13: Liberian Puma vs. The Ukrainian Gladiator	Heroes of Lucha Libre	Ultimate Strongman 2015 - Masters World Championship	Tristar Stories - A Day with Firas Zahabi	IMPACT in 60 - Tag-Team Matches	IMPACT in 60 - Booker T
1:30							
2:00		BKB 44: Denver Brawl V	UK's Strongest Man 2020 - Part 5/5	Bare Knuckle Boxing 24	IJF Grand Slam Tokyo Day 1 LIVE!	IJF Grand Slam Tokyo Day 2 LIVE!	Fight Network Recharged - Andre Soukamhtath
2:30							
3:00	Fight Network Recharged - Andre Soukamhtath	BKB 44: Denver Brawl V	World Armwrestling League	Bare Knuckle Boxing 24	IJF Grand Slam Tokyo Day 1 LIVE!	IJF Grand Slam Tokyo Day 2 LIVE!	Fight Network Recharged - Andre Soukamhtath
3:30							
4:00	Fight Network Recharged - Muay Thai Legends Vol. 1	Fight Network Recharged - Andre Soukamhtath	Pancrase in 60 - The Founders	Immersed - Mike Santana: Part 2	Diary with LAX Part 2	Fight Network Recharged - Muay Thai Legends Vol. 1	Fight Network Recharged - Muay Thai Legends Vol. 1
4:30							
5:00	Fight Network Recharged - Muay Thai Legends Vol. 2						
5:30							



Eastern	MONDAY Dec 8, 2025	TUESDAY Dec 9, 2025	WEDNESDAY Dec 10, 2025	THURSDAY Dec 11, 2025	FRIDAY Dec 12, 2025	SATURDAY Dec 13, 2025	SUNDAY Dec 14, 2025
6:00	Fight Network Recharged - Muay Thai Legends Vol. 2	It's Showtime Special	Abu Dhabi Grand Slam Rio 2018 - Part 1/8	Retrospective - Gail Kim Part 2	Diary with Rhino	Fight Network Recharged - Stars by State: Massachusetts	Ultimate Strongman 2016 - Team World Championship
6:30				After The Fight - GLORY 56 Denver	Immersed - Jordynne Grace vs. Masha		
7:00	Fight Network Recharged - Chris Curtis	Abu Dhabi Grand Slam Rio 2018 - Part 1/8	Pancrase in 60 - Ken Shamrock	Diary with Rhino	Retrospective - Gail Kim Part 2	Fight Network Recharged - UFC Vets Vol. 1	UK's Strongest Man 2021 - Part 1/5
7:30				Immersed - Jordynne Grace vs. Masha	Tristar Stories - The History		
8:00	IJF 2025: World Championships Part 1/11	IJF 2025: World Championships Part 3/11	IJF 2025: World Championships Part 5/11	IJF 2025: World Championships Part 7/11	IJF 2025: World Championships Part 9/11	Fight Network Recharged - UFC Vets Vol. 2	World Armwrestling League
8:30							
9:00	IJF 2025: World Championships Part 2/11	IJF 2025: World Championships Part 4/11	IJF 2025: World Championships Part 6/11	IJF 2025: World Championships Part 8/11	IJF 2025: World Championships Part 10/11	Fight Network Recharged - Bellator Stars	Abu Dhabi Grand Slam Rio 2018 - Part 1/8
9:30							
10:00	Pro Grapplers Federation	Pro Grapplers Federation	Pro Grapplers Federation	Pro Grapplers Federation	Pro Grapplers Federation	Pancrase in 60 - Ken Shamrock	Retrospective - Gail Kim Part 2
10:30							Tristar Stories - The History
11:00	Pro Grapplers Federation	Pro Grapplers Federation	Pro Grapplers Federation	Pro Grapplers Federation	Pro Grapplers Federation	IMPACT in 60 - Josh Alexander	After The Fight - GLORY 56 Denver
11:30							Immersed - Jordynne Grace vs. Masha
12:00	Tristar Stories - The History	Immersed - Jordynne Grace vs. Masha	Diary with Rhino	Tristar Stories - The History	IMPACT in 60 - Josh Alexander	IMPACT in 60 - Austin Aries	Pancrase in 60 - Ken Shamrock
12:30	Retrospective - Gail Kim Part 1	Diary with Rhino	Immersed - Jordynne Grace vs. Masha	Retrospective - Gail Kim Part 2			
13:00	Fight Network Recharged - Stars by State: Massachusetts	Retrospective - Gail Kim Part 2	IMPACT on Spike S7	Ultimate Strongman 2016 - Team World Championship	IMPACT in 60 - Austin Aries	Retrospective - Gail Kim Part 2	Fight Network Recharged - Bellator Stars
13:30		After The Fight - GLORY 56 Denver		After The Fight - GLORY 56 Denver			
14:00	Fight Network Recharged - UFC Vets Vol. 1	Bare Knuckle Boxing 25		UK's Strongest Man 2021 - Part 1/5	IMPACT on Spike S7	BKFC Derby Prelims LIVE!	Bare Knuckle Boxing 25
14:30							
15:00	Fight Network Recharged - UFC Vets Vol. 2		IMPACT on Spike S7	World Armwrestling League	IMPACT on Spike S7	Diary with Rhino	
15:30				Immersed - Jordynne Grace vs. Masha			
16:00	Fight Network Recharged - Bellator Stars	IMPACT on Spike S7	IMPACT in 60 - Josh Alexander	IMPACT on Spike S7	Fight Network Recharged - UFC Vets Vol. 2	Fight Network Recharged - Bellator Stars	
16:30							
17:00	It's Showtime Special	Fight Network Recharged - Stars by State: Massachusetts	Immersed - Jordynne Grace vs. Masha	IMPACT in 60 - Austin Aries	Fight Network Recharged - Bellator Stars	BKB 48: Brawl in the Pines V	
17:30			Retrospective - Gail Kim Part 2				
18:00	Pancrase in 60 - Ken Shamrock	Fight Network Recharged - UFC Vets Vol. 1	IMPACT in 60 - Josh Alexander	TNA IMPACT! S25	BRAVE Combat 62	BKFC Ice Wars 3: Bare Knuckle Brawls	
18:30							
19:00	Retrospective - Gail Kim Part 2	Fight Network Recharged - UFC Vets Vol. 2	IMPACT in 60 - Austin Aries	Fight Network Recharged - UFC Vets Vol. 2	TNA IMPACT! S25	BKFC 26	Fight Network Recharged - Bellator Stars
19:30	After The Fight - GLORY 56 Denver						
20:00	Diary with Rhino	Fight Network Recharged - Bellator Stars	TNA IMPACT! S25	Dog or Pass Podcast	TNA IMPACT! S25	IMPACT in 60 - Austin Aries	IMPACT in 60 - Josh Alexander
20:30	Immersed - Jordynne Grace vs. Masha						
21:00	Carjitsu Championship	Pancrase in 60 - Ken Shamrock	International Wrestling Syndicate	BYB: Bare Knuckle Brawls - BYB Big Men Bleed Best	Immersed - Jordynne Grace vs. Masha	BYB 23	BYB 23
21:30							
22:00	SlapFIGHT Championship	It's Showtime Special	Classic All-Star Wrestling	TNA IMPACT! S25	Immersed - Jordynne Grace vs. Masha	Death Tour; The	BYB 23
22:30							
23:00	Coffin Wars: PLN's Friday Nights Fights	Retrospective - Gail Kim Part 2	ROH Classics	BKFC Ice Wars 3: Bare Knuckle Brawls	BYB 23	Death Tour; The	BYB 23
23:30		Tristar Stories - The History					
0:00	Tristar Stories - The History	Diary with Rhino	Heroes of Lucha Libre	Dog or Pass Podcast	TNA IMPACT! S25	IMPACT in 60 - Austin Aries	IMPACT in 60 - Josh Alexander
0:30		Immersed - Jordynne Grace vs. Masha					
1:00	BKFC Fight Night: Tampa 2	BYB: Bare Knuckle Brawls - BYB Super Middleweight Championship: Fernandez vs. Bu	Heroes of Lucha Libre	Dog or Pass Podcast	TNA IMPACT! S25	IMPACT in 60 - Austin Aries	IMPACT in 60 - Josh Alexander
1:30							
2:00	Fight Network Recharged - Stars by State: Massachusetts	BKB 48: Brawl in the Pines V	UK's Strongest Man 2021 - Part 1/5	Bare Knuckle Boxing 25	IMPACT in 60 - Josh Alexander	BKB 48: Brawl in the Pines V	Fight Network Recharged - Stars by State: Massachusetts
2:30							
3:00	Fight Network Recharged - UFC Vets Vol. 1	Fight Network Recharged - Stars by State: Massachusetts	Pancrase in 60 - Ken Shamrock	Bare Knuckle Boxing 25	Diary with Rhino	Fight Network Recharged - UFC Vets Vol. 1	
3:30							
4:00	Fight Network Recharged - UFC Vets Vol. 2	Fight Network Recharged - Stars by State: Massachusetts	Pancrase in 60 - Ken Shamrock	Bare Knuckle Boxing 25	Immersed - Jordynne Grace vs. Masha	Fight Network Recharged - UFC Vets Vol. 1	
4:30							
5:00	Fight Network Recharged - UFC Vets Vol. 2	Fight Network Recharged - Stars by State: Massachusetts	Pancrase in 60 - Ken Shamrock	Bare Knuckle Boxing 25	Immersed - Jordynne Grace vs. Masha	Fight Network Recharged - UFC Vets Vol. 1	
5:30							



Eastern	MONDAY Dec 15, 2025	TUESDAY Dec 16, 2025	WEDNESDAY Dec 17, 2025	THURSDAY Dec 18, 2025	FRIDAY Dec 19, 2025	SATURDAY Dec 20, 2025	SUNDAY Dec 21, 2025
6:00	Fight Network Recharged - UFC Vets Vol. 2	It's Showtime Special	Abu Dhabi Grand Slam Rio 2018 - Part 2/8	Retrospective - Petey Williams	Diary with Eddie Edwards	Fight Network Recharged - Heavyweight KOs Vol. 1	Ultimate Strongman 2016 - Masters World Championship
6:30				After The Fight - UFC 228	Immersed - Joe Hendry: TNA World Champion		
7:00	Fight Network Recharged - Bellator Stars	Abu Dhabi Grand Slam Rio 2018 - Part 2/8	Pancrase in 60 - Frank Shamrock	Diary with Eddie Edwards	Retrospective - Petey Williams	Fight Network Recharged - Heavyweight KOs Vol. 2	UK's Strongest Man 2021 - Part 2/5
7:30				Immersed - Joe Hendry: TNA World Champion	Tristar Stories - GSP and the Next Generation		
8:00	IJF 2025: World Championships Part 11/11	IJF 2025: Ulaanbaatar Grand Slam Part 2/6	IJF 2025: Ulaanbaatar Grand Slam Part 4/6	IJF 2025: Ulaanbaatar Grand Slam Part 6/6	IJF 2025: Grand Prix Qingdao Part 2/6	Fight Network Recharged - Gaston Bolanos	World Armwrestling League
8:30							
9:00	IJF 2025: Ulaanbaatar Grand Slam Part 1/6	IJF 2025: Ulaanbaatar Grand Slam Part 3/6	IJF 2025: Ulaanbaatar Grand Slam Part 5/6	IJF 2025: Grand Prix Qingdao Part 1/6	IJF 2025: Grand Prix Qingdao Part 3/6	Fight Network Recharged - Ky Hollenbeck	Abu Dhabi Grand Slam Rio 2018 - Part 2/8
9:30							
10:00	Pro Grapplers Federation	Pro Grapplers Federation	Pro Grapplers Federation	Pro Grapplers Federation	Pro Grapplers Federation	Pancrase in 60 - Frank Shamrock	Retrospective - Petey Williams
10:30							Tristar Stories - GSP and the Next Generation
11:00	Pro Grapplers Federation	Pro Grapplers Federation	Pro Grapplers Federation	Pro Grapplers Federation	Pro Grapplers Federation	IMPACT in 60 - Best of UK Invasion	After The Fight - UFC 228
11:30							Immersed - Joe Hendry: TNA World Champion
12:00	Tristar Stories - GSP and the Next Generation	Immersed - Joe Hendry: TNA World Champion	Diary with Eddie Edwards	Tristar Stories - GSP and the Next Generation	IMPACT in 60 - Best of UK Invasion	IMPACT in 60 - Battle Royals	Pancrase in 60 - Frank Shamrock
12:30	Retrospective - Gail Kim Part 2	Diary with Eddie Edwards	Immersed - Joe Hendry: TNA World Champion	Retrospective - Petey Williams	IMPACT in 60 - Battle Royals	BKB 48: Brawl in the Pines V	IMPACT in 60 - Battle Royals
13:00	Fight Network Recharged - Heavyweight KOs Vol. 1	Retrospective - Petey Williams	IMPACT on Spike S7	Ultimate Strongman 2016 - Masters World Championship			
13:30	Fight Network Recharged - Heavyweight KOs Vol. 2	After The Fight - UFC 228		IMPACT on Spike S7	UK's Strongest Man 2021 - Part 2/5	IMPACT on Spike S7	
14:00		Bare Knuckle Boxing 26	IMPACT on Spike S7				World Armwrestling League
14:30	IMPACT on Spike S7			IMPACT in 60 - Best of UK Invasion	IMPACT on Spike S7		
15:00		IMPACT on Spike S7	IMPACT in 60 - Best of UK Invasion			IMPACT on Spike S7	
15:30	IMPACT on Spike S7			IMPACT in 60 - Best of UK Invasion	IMPACT on Spike S7		
16:00		IMPACT on Spike S7	IMPACT in 60 - Best of UK Invasion			IMPACT on Spike S7	
16:30	IMPACT on Spike S7			IMPACT in 60 - Best of UK Invasion	IMPACT on Spike S7		
17:00		It's Showtime Special	Fight Network Recharged - Heavyweight KOs Vol. 1			Immersed - Joe Hendry: TNA World Champion	IMPACT in 60 - Battle Royals
17:30	Retrospective - Petey Williams		IMPACT in 60 - Battle Royals	TNA iMPACT! S25	BRAVE Combat 63		
18:00	Pancrase in 60 - Frank Shamrock	Fight Network Recharged - Heavyweight KOs Vol. 2	IMPACT in 60 - Best of UK Invasion			TNA iMPACT! S25	BRAVE Combat 63
18:30		Retrospective - Petey Williams	Fight Network Recharged - Gaston Bolanos	IMPACT in 60 - Battle Royals			
19:00	After The Fight - UFC 228	Fight Network Recharged - Gaston Bolanos	IMPACT in 60 - Battle Royals	TNA iMPACT! S25	BRAVE Combat 63	BKFC Mohegan Sun Prelims LIVE!	Fight Network Recharged - Gaston Bolanos
19:30	Diary with Eddie Edwards	Fight Network Recharged - Ky Hollenbeck	TNA iMPACT! S25			Fight Network Recharged - Gaston Bolanos	
20:00	Immersed - Joe Hendry: TNA World Champion	Pancrase in 60 - Frank Shamrock		TNA iMPACT! S25	BKFC 61		Tristar Stories - GSP and the Next Generation
20:30	CarJitsu Championship		It's Showtime Special			International Wrestling Syndicate	
21:00		SlapFIGHT Championship		Tristar Stories - GSP and the Next Generation	ROH Classics		BKFC Ice Wars 1: Battle of the Borders
21:30	Heroes of Lucha Libre		Heroes of Lucha Libre			IMPACT on Spike S7	
22:00		Classic All-Star Wrestling		World Armwrestling League	IMPACT in 60 - Best of UK Invasion		Diary with Eddie Edwards
22:30	Heroes of Lucha Libre		IMPACT on Spike S7			IMPACT in 60 - Best of UK Invasion	
23:00		Ultimate Strongman 2016 - Masters World Championship		UK's Strongest Man 2021 - Part 2/5	IMPACT on Spike S7		Diary with Eddie Edwards
23:30	World Armwrestling League		IMPACT on Spike S7			IMPACT in 60 - Best of UK Invasion	
0:00		Pancrase in 60 - Frank Shamrock		IMPACT on Spike S7	IMPACT in 60 - Best of UK Invasion		Diary with Eddie Edwards
0:30	Ultimate Strongman 2016 - Masters World Championship		UK's Strongest Man 2021 - Part 2/5			IMPACT on Spike S7	
1:00		World Armwrestling League		IMPACT on Spike S7	IMPACT in 60 - Best of UK Invasion		Diary with Eddie Edwards
1:30	Pancrase in 60 - Frank Shamrock		IMPACT on Spike S7			IMPACT in 60 - Best of UK Invasion	
2:00		Ultimate Strongman 2016 - Masters World Championship		UK's Strongest Man 2021 - Part 2/5	IMPACT on Spike S7		Diary with Eddie Edwards
2:30	World Armwrestling League		IMPACT on Spike S7			IMPACT in 60 - Best of UK Invasion	
3:00		Pancrase in 60 - Frank Shamrock		IMPACT on Spike S7	IMPACT in 60 - Best of UK Invasion		Diary with Eddie Edwards
3:30	Ultimate Strongman 2016 - Masters World Championship		UK's Strongest Man 2021 - Part 2/5			IMPACT on Spike S7	
4:00		World Armwrestling League		IMPACT on Spike S7	IMPACT in 60 - Best of UK Invasion		Diary with Eddie Edwards
4:30	Pancrase in 60 - Frank Shamrock		IMPACT on Spike S7			IMPACT in 60 - Best of UK Invasion	
5:00		Fight Network Recharged - Ky Hollenbeck		Fight Network Recharged - Heavyweight KOs Vol. 1	Pancrase in 60 - Frank Shamrock		IMPACT on Spike S7
5:30	Ultimate Strongman 2016 - Masters World Championship		UK's Strongest Man 2021 - Part 2/5			IMPACT on Spike S7	



Eastern	MONDAY Dec 22, 2025	TUESDAY Dec 23, 2025	WEDNESDAY Dec 24, 2025	THURSDAY Dec 25, 2025	FRIDAY Dec 26, 2025	SATURDAY Dec 27, 2025	SUNDAY Dec 28, 2025		
6:00	Fight Network Recharged - Gaston Bolanos	It's Showtime Special	Abu Dhabi Grand Slam Rio 2018 - Part 3/8	Retrospective - Abyss	Diary with Ken Shamrock	Fight Network Recharged - Nate Andrews Vol. 1	Ultimate Strongman 2017 - Team World Championship		
6:30				After The Fight - GLORY 58 Chicago	Immersed - Steve Maclin: TNA International				
7:00	Fight Network Recharged - Ky Hollenbeck	Abu Dhabi Grand Slam Rio 2018 - Part 3/8	Pancrase in 60 - Bas Rutten	Diary with Ken Shamrock	Retrospective - Abyss	Fight Network Recharged - Greg Rebello	UK's Strongest Man 2021 - Part 3/5		
7:30				Immersed - Steve Maclin: TNA International	Tristar Stories - Calderwood and Duffy				
8:00	IJF 2025: Grand Prix Qingdao Part 4/6	IJF 2025: Grand Prix Qingdao Part 6/6	IJF 2025: Lima Grand Prix Part 2/6	IJF 2025: Lima Grand Prix Part 4/6	IJF 2025: Lima Grand Prix Part 6/6	Fight Network Recharged - First Round KOs	World Armwrestling League		
8:30									
9:00	IJF 2025: Grand Prix Qingdao Part 5/6	IJF 2025: Lima Grand Prix Part 1/6	IJF 2025: Lima Grand Prix Part 3/6	IJF 2025: Lima Grand Prix Part 5/6	IJF 2025: Guadalajara Grand Prix Part 1/6	Fight Network Recharged - Super Submissions Vol. 1	Abu Dhabi Grand Slam Rio 2018 - Part 3/8		
9:30									
10:00	Pro Grapplers Federation	Pro Grapplers Federation	Pro Grapplers Federation	Pro Grapplers Federation	Pro Grapplers Federation	Pancrase in 60 - Bas Rutten	Retrospective - Abyss		
10:30							Tristar Stories - Calderwood and Duffy		
11:00	Pro Grapplers Federation	Pro Grapplers Federation	Pro Grapplers Federation	Pro Grapplers Federation	Pro Grapplers Federation	IMPACT in 60 - Brian Cage	After The Fight - GLORY 58 Chicago		
11:30							Immersed - Steve Maclin: TNA International		
12:00	Tristar Stories - Calderwood and Duffy	Immersed - Steve Maclin: TNA International	Diary with Ken Shamrock	Tristar Stories - Calderwood and Duffy	IMPACT in 60 - Brian Cage	IMPACT in 60 - Tara	Pancrase in 60 - Bas Rutten		
12:30	Retrospective - Petey Williams	Diary with Ken Shamrock	Immersed - Steve Maclin: TNA International	Retrospective - Abyss					
13:00	Fight Network Recharged - Nate Andrews Vol. 1	Retrospective - Abyss		Ultimate Strongman 2017 - Team World Championship	IMPACT in 60 - Tara	BRAVE Combat 64	It's Showtime Special		
13:30		After The Fight - GLORY 58 Chicago		IMPACT on Spike S7				UK's Strongest Man 2021 - Part 3/5	
14:00	Fight Network Recharged - Greg Rebello	Bare Knuckle Boxing 27	IMPACT on Spike S7	World Armwrestling League	IMPACT on Spike S7		CarJitsu Championship		
14:30									
15:00	Fight Network Recharged - First Round KOs			IMPACT on Spike S7	IMPACT in 60 - Brian Cage	IMPACT on Spike S7			
15:30									
16:00	Fight Network Recharged - Super Submissions Vol. 1	IMPACT on Spike S7	IMPACT in 60 - Brian Cage	IMPACT on Spike S7	Fight Network Recharged - Nate Andrews Vol. 1	SlapFIGHT Championship			
16:30									
17:00	It's Showtime Special	Fight Network Recharged - Nate Andrews Vol. 1	Immersed - Steve Maclin: TNA International	IMPACT in 60 - Tara	Fight Network Recharged - First Round KOs	Bare Knuckle Boxing 27			
17:30			Retrospective - Abyss						
18:00	Pancrase in 60 - Bas Rutten	Fight Network Recharged - Greg Rebello	IMPACT in 60 - Brian Cage	TNA IMPACT! S25	Fight Network Recharged - Greg Rebello				
18:30									
19:00	Retrospective - Abyss	Fight Network Recharged - First Round KOs	IMPACT in 60 - Tara		BRAVE Combat 64	BKFC Ice Wars 2: River Cree Rumble	Fight Network Recharged - First Round KOs		
19:30	After The Fight - GLORY 58 Chicago								
20:00	Diary with Ken Shamrock	Fight Network Recharged - Super Submissions Vol. 1	TNA IMPACT! S25	Fight Network Recharged - First Round KOs		BKFC 27	BYB: Bare Knuckle Brawls - BYB: Sometimes You're the Hammer...		
20:30	Immersed - Steve Maclin: TNA International								
21:00	CarJitsu Championship	Pancrase in 60 - Bas Rutten	International Wrestling Syndicate	BKFC 27	BYB: Bare Knuckle Brawls - BYB: Sometimes You're the Hammer...	Diary with Ken Shamrock	Fight Network Recharged - Super Submissions Vol. 1		
21:30								It's Showtime Special	Classic All-Star Wrestling
22:00		SlapFIGHT Championship	Retrospective - Abyss	Heroes of Lucha Libre	World Armwrestling League	IMPACT in 60 - Brian Cage			
22:30			Tristar Stories - Calderwood and Duffy				Heroes of Lucha Libre	Immersed - Steve Maclin: TNA International	BKFC Fight Night Mohegan Sun Prelims
0:00	Chest Chop: PLN's Friday Nights Fights	Diary with Ken Shamrock	Heroes of Lucha Libre	World Armwrestling League	IMPACT in 60 - Brian Cage	Fight Network Recharged - Nate Andrews Vol. 1	World Armwrestling League		
0:30		Immersed - Steve Maclin: TNA International	Heroes of Lucha Libre					Immersed - Steve Maclin: TNA International	BKFC Fight Night Mohegan Sun
1:00		BYB: Bare Knuckle Brawls - Super Middleweight Monsters: Liera vs. Jett	Ultimate Strongman 2017 - Team World Championship	UK's Strongest Man 2021 - Part 3/5	IMPACT on Spike S7			TNA IMPACT! S25	
1:30									BYB 24
2:00	Tristar Stories - Calderwood and Duffy	World Armwrestling League	IMPACT on Spike S7	TNA IMPACT! S25	IMPACT in 60 - Tara				
2:30						Fight Network Recharged - Greg Rebello	World Armwrestling League	IMPACT on Spike S7	TNA IMPACT! S25
3:00	Fight Network Recharged - Nate Andrews Vol. 1	World Armwrestling League	IMPACT on Spike S7	TNA IMPACT! S25	IMPACT in 60 - Tara				
3:30						Fight Network Recharged - Greg Rebello	World Armwrestling League	IMPACT on Spike S7	TNA IMPACT! S25
4:00	Fight Network Recharged - First Round KOs	Fight Network Recharged - Nate Andrews Vol. 1	Pancrase in 60 - Bas Rutten	World Armwrestling League	IMPACT in 60 - Brian Cage				
4:30						Fight Network Recharged - First Round KOs	Fight Network Recharged - Nate Andrews Vol. 1	Pancrase in 60 - Bas Rutten	World Armwrestling League
5:00	Fight Network Recharged - First Round KOs	Fight Network Recharged - Nate Andrews Vol. 1	Pancrase in 60 - Bas Rutten	World Armwrestling League	IMPACT in 60 - Brian Cage				
5:30						Fight Network Recharged - First Round KOs	Fight Network Recharged - Nate Andrews Vol. 1	Pancrase in 60 - Bas Rutten	World Armwrestling League

Eastern	MONDAY Dec 29, 2025	TUESDAY Dec 30, 2025	WEDNESDAY Dec 31, 2025	THURSDAY Jan 1, 2026	FRIDAY Jan 2, 2026	SATURDAY Jan 3, 2026	SUNDAY Jan 4, 2026		
6:00	Fight Network Recharged - First Round KOs	It's Showtime Special	Abu Dhabi Grand Slam Rio 2018 - Part 4/8	Retrospective - Moose	Diary with Cain Velasquez	Fight Network Recharged - Super Submissions Vol. 2	Ultimate Strongman 2017 - Masters World Championship		
6:30				After The Fight - GLORY 59 Amsterdam	Immersed - Frankie Kazarian: Against All Odds				
7:00	Fight Network Recharged - Super Submissions Vol. 1	Abu Dhabi Grand Slam Rio 2018 - Part 4/8	Pancrase in 60 - Yuki Kondo	Diary with Cain Velasquez	Retrospective - Moose	Fight Network Recharged - Super Submissions Vol. 3	UK's Strongest Man 2021 - Part 4/5		
7:30				Immersed - Frankie Kazarian: Against All Odds	Tristar Stories - A Day with Firas Zahabi				
8:00	IJF 2025: Guadalajara Grand Prix Part 2/6	IJF 2025: Guadalajara Grand Prix Part 4/6	IJF 2025: Guadalajara Grand Prix Part 6/6	IJF 2025: Zagreb Grand Prix Part 1/6	IJF 2025: Zagreb Grand Prix Part 3/6	Fight Network Recharged - CES Knockouts Vol. 1	World Armwrestling League		
8:30									
9:00	IJF 2025: Guadalajara Grand Prix Part 3/6	IJF 2025: Guadalajara Grand Prix Part 5/6	IJF 2025: Zagreb Grand Prix Part 1/6	IJF 2025: Zagreb Grand Prix Part 2/6	IJF 2025: Zagreb Grand Prix Part 4/6	Fight Network Recharged - Lion Fight Knockouts Vol. 1	Abu Dhabi Grand Slam Rio 2018 - Part 4/8		
9:30									
10:00	Pro Grapplers Federation	Pro Grapplers Federation	Pro Grapplers Federation	Pro Grapplers Federation	Pro Grapplers Federation	Pancrase in 60 - Yuki Kondo	Retrospective - Moose		
10:30							Tristar Stories - A Day with Firas Zahabi		
11:00	Pro Grapplers Federation	Pro Grapplers Federation	Pro Grapplers Federation	Pro Grapplers Federation	Pro Grapplers Federation	IMPACT in 60 - Killer Kross	After The Fight - GLORY 59 Amsterdam		
11:30							Immersed - Frankie Kazarian: Against All Odds		
12:00	Tristar Stories - A Day with Firas Zahabi	Immersed - Frankie Kazarian: Against All Odds	Diary with Cain Velasquez	Tristar Stories - A Day with Firas Zahabi	IMPACT in 60 - Killer Kross	IMPACT in 60 - Mixed Tag-Team Matches	Pancrase in 60 - Yuki Kondo		
12:30	Bumps & Bites	Diary with Cain Velasquez	Immersed - Frankie Kazarian: Against All Odds	Retrospective - Moose					
13:00	Fight Network Recharged - Super Submissions Vol. 2	Retrospective - Moose		Ultimate Strongman 2017 - Masters World Championship	IMPACT in 60 - Mixed Tag-Team Matches	BRAVE Combat 65	It's Showtime Special		
13:30		After The Fight - GLORY 59 Amsterdam		IMPACT on Spike S7				UK's Strongest Man 2021 - Part 4/5	
14:00	Fight Network Recharged - Super Submissions Vol. 3	Bare Knuckle Boxing 28		World Armwrestling League	IMPACT on Spike S7		SlapFIGHT Championship		
14:30									
15:00	Fight Network Recharged - CES Knockouts Vol. 1		IMPACT on Spike S7	IMPACT in 60 - Killer Kross	IMPACT on Spike S7				
15:30									
16:00	Fight Network Recharged - Lion Fight Knockouts Vol. 1			Fight Network Recharged - Super Submissions Vol. 2		Diary with Cain Velasquez			
16:30									
17:00	It's Showtime Special	Fight Network Recharged - Super Submissions Vol. 2	Immersed - Frankie Kazarian: Against All Odds	IMPACT in 60 - Mixed Tag-Team Matches	Fight Network Recharged - CES Knockouts Vol. 1	Bumps & Bites			
17:30			Retrospective - Moose						
18:00	Pancrase in 60 - Yuki Kondo	Fight Network Recharged - Super Submissions Vol. 3	IMPACT in 60 - Killer Kross	TNA IMPACT! S25	BRAVE Combat 65	Fight Network Recharged - Super Submissions Vol. 3	Bare Knuckle Boxing 28		
18:30									
19:00	Retrospective - Moose	Fight Network Recharged - CES Knockouts Vol. 1	IMPACT in 60 - Mixed Tag-Team Matches			Fight Network Recharged - CES Knockouts Vol. 1	BKFC Ice Wars 3: Bare Knuckle Brawls	Fight Network Recharged - CES Knockouts Vol. 1	
19:30	After The Fight - GLORY 59 Amsterdam								
20:00	Diary with Cain Velasquez	Fight Network Recharged - Lion Fight Knockouts Vol. 1	TNA IMPACT! S25	Fight Network Recharged - CES Knockouts Vol. 1	BKFC 28	Fight Network Recharged - Lion Fight Knockouts Vol. 1			
20:30	Immersed - Frankie Kazarian: Against All Odds								
21:00	Carjitsu Championship	Pancrase in 60 - Yuki Kondo		International Wrestling Syndicate			BKFC 28	Tristar Stories - A Day with Firas Zahabi	Fight Network Recharged - Lion Fight Knockouts Vol. 1
21:30								Immersed - Frankie Kazarian: Against All Odds	
22:00	SlapFIGHT Championship	It's Showtime Special	Classic All-Star Wrestling		BYB: Bare Knuckle Brawls - BYB 11: Brawl in Doral	BKFC 28		BYB: Bare Knuckle Brawls - BYB 11: Brawl in Doral	
22:30									
23:00	Ultimate Tire Wrestling: PLN's Friday Night Fights	Retrospective - Moose	ROH Classics	BKFC Ice Wars 3: Bare Knuckle Brawls			BYB 26		Diary with Cain Velasquez
23:30		Tristar Stories - A Day with Firas Zahabi							
0:00		Diary with Cain Velasquez	Heroes of Lucha Libre		Fight Network Recharged - Super Submissions Vol. 2				
0:30		Immersed - Frankie Kazarian: Against All Odds							
1:00	Pancrase in 60 - Yuki Kondo	BYB: Bare Knuckle Brawls - BYB: Sometimes You're the Hammer...	Heroes of Lucha Libre	Immersed - Frankie Kazarian: Against All Odds		IMPACT in 60 - Killer Kross	Fight Network Recharged - Super Submissions Vol. 2		
1:30									
2:00	Bumps & Bites	BYB 25	Ultimate Strongman 2017 - Masters World Championship	IMPACT on Spike S7	TNA IMPACT! S25	Fight Network Recharged - Super Submissions Vol. 3	IMPACT in 60 - Killer Kross		
2:30	Tristar Stories - A Day with Firas Zahabi		UK's Strongest Man 2021 - Part 4/5			Fight Network Recharged - CES Knockouts Vol. 1	IMPACT in 60 - Mixed Tag-Team Matches		
3:00	Fight Network Recharged - Super Submissions Vol. 2			World Armwrestling League	IMPACT on Spike S7			IMPACT in 60 - Killer Kross	It's Showtime Special
3:30									
4:00	Fight Network Recharged - Super Submissions Vol. 3	Fight Network Recharged - Super Submissions Vol. 2	Pancrase in 60 - Yuki Kondo	Diary with Cain Velasquez	Immersed - Frankie Kazarian: Against All Odds	Fight Network Recharged - Super Submissions Vol. 3			
4:30									
5:00	Fight Network Recharged - CES Knockouts Vol. 1	Fight Network Recharged - Super Submissions Vol. 2	Pancrase in 60 - Yuki Kondo	Immersed - Frankie Kazarian: Against All Odds	Diary with Cain Velasquez				
5:30									