

Eastern	MONDAY Aug 3, 2026	TUESDAY Aug 4, 2026	WEDNESDAY Aug 5, 2026	THURSDAY Aug 6, 2026	FRIDAY Aug 7, 2026	SATURDAY Aug 8, 2026	SUNDAY Aug 9, 2026
6:00	Fight Network Recharged - Canadian Muay Thai	Fight Network Recharged - Nick Chasteen	PGF Documentaries	Retrospective - Brian Cage	Diary: Karina Rodriguez	International Sumo League	Fight Network Recharged - Malaipet Sasiprapa Part 1
6:30				After The Fight - GLORY 54 Birmingham	Immersed - Leon Slater		
7:00	Fight Network Recharged - Cosmo Alexandre	Abu Dhabi Grand Slam Tokyo - Part 4/5	Pro Grapplers Federation	Diary: Karina Rodriguez	Fight Network Recharged - Women of Muay Thai	Fight Network Recharged - Malaipet Sasiprapa Part 1	Fight Network Recharged - Malaipet Sasiprapa Part 2
7:30				Immersed - Leon Slater			
8:00	Pancrase in 60 - Semmy Schilt	Retrospective - Brian Cage	PFL Vault	Fight Network Recharged - Malaipet Sasiprapa Part 1	Ultimate Strongman 2017 - Team World Championship	Fight Network Recharged - Women of Muay Thai	PFL Vault
8:30		Immersed - JDC					
9:00	Diary: Jessica Delboni	Diary: Karina Rodriguez	PFL Vault	Fight Network Recharged - Malaipet Sasiprapa Part 2	UK's Strongest Man 2019 - Part 5/5	Fight Network Recharged - Nick Chasteen	PFL Vault
9:30	Immersed - Frankie Kazarian: Against All Odds	Immersed - Leon Slater					
10:00	PGF Documentaries	Pancrase in 60 - UFC Champions	Fight Network Recharged - Women of Muay Thai	IMPACT in 60 - Dustin Rhodes	World Armwrestling League	Diary: Karina Rodriguez	After The Fight - GLORY 54 Birmingham
10:30						Immersed - JDC	Retrospective - Brian Cage
11:00	Pro Grapplers Federation	Fight Network Recharged - Malaipet Sasiprapa Part 1	Fight Network Recharged - Nick Chasteen	IMPACT in 60 - Best of Drew Galloway	Fight Network Recharged - Nick Chasteen	IMPACT in 60 - Dustin Rhodes	Fight Network Recharged - Malaipet Sasiprapa Part 2
11:30							
12:00	Paid Programming	Paid Programming	Paid Programming	Immersed - JDC	Immersed - JDC	IMPACT in 60 - Best of Drew Galloway	Pancrase in 60 - UFC Champions
12:30	Immersed - JDC	Retrospective - Brian Cage	Immersed - Leon Slater	Retrospective - Brian Cage	After The Fight - GLORY 54 Birmingham		
13:00	Fight Network Recharged - Malaipet Sasiprapa Part 1	Fight Network Recharged - Women of Muay Thai	IMPACT on Spike S9	Fight Network Recharged - Nick Chasteen	Invicta FC 49: Delboni vs. DeCoursey	Paid Programming	Paid Programming
13:30						Retrospective - Brian Cage	Immersed - Leon Slater
14:00	Fight Network Recharged - Malaipet Sasiprapa Part 2	RIZIN 39	IMPACT on Spike S9	Bellator 240		Fight Network Recharged - Malaipet Sasiprapa Part 2	Fight Network Recharged - Malaipet Sasiprapa Part 1
14:30							
15:00	Fight Network Recharged - Women of Muay Thai			IMPACT on Spike S9	Immersed - Leon Slater		
15:30							
16:00	Fight Network Recharged - Nick Chasteen		PFL Vault	PFL Vault	WSOF 32: Moraes vs. Hill 2	RIZIN Landmark 15	
16:30							
17:00	PFL Vault	PFL Vault	PFL Vault	PFL Vault			
17:30							
18:00	Pancrase in 60 - UFC Champions	RIZIN Landmark Vol. 4	PFL Vault	Bellator 239	Fight Network Recharged - Malaipet Sasiprapa Part 1	MVPW 05: Johnson vs. Thorslund LIVE!	PFL Vault
18:30			IMPACT in 60 - Dustin Rhodes		Classic All-Star Wrestling		
19:00	Retrospective - Brian Cage		IMPACT in 60 - Best of Drew Galloway	PFL Vault	Fight Network Recharged - Women of Muay Thai		Fight Network Recharged - Nick Chasteen
19:30	After The Fight - GLORY 54 Birmingham						
20:00	Diary: Karina Rodriguez		TNA IMPACT! S26	BKFC 55	Dog or Pass Podcast	Fight Network Recharged - Women of Muay Thai	Pancrase in 60 - UFC Champions
20:30	Immersed - Leon Slater						
21:00	Carjitsu Championship	RIZIN 39	International Wrestling Syndicate	BKFC 90 Birmingham	BYB: Bare Knuckle Brawls - Super Middleweight Monsters: Liera vs. Jett	BKFC Fight Night Newcastle: Garside vs. Taylor Prelims	BYB: Bare Knuckle Brawls - Super Middleweight Monsters: Liera vs. Jett
21:30							
22:00			Heroes of Lucha Libre	BKB 50: Evolution	BKFC Fight Night Newcastle: Garside vs.	BKB 50: Evolution	
22:30							Heroes of Lucha Libre
23:00	SlapFIGHT Championship		Ultimate Strongman 2017 - Team World Championship	Retrospective - Brian Cage	Diary: Karina Rodriguez	Immersed - Leon Slater	
23:30							UK's Strongest Man 2019 - Part 5/5
4:00	Fight Network Recharged - Malaipet Sasiprapa Part 2	Fight Network Recharged - Malaipet Sasiprapa Part 1	UK's Strongest Man 2019 - Part 5/5	Fight Network Recharged - Nick Chasteen	Immersed - Leon Slater	Immersed - JDC	IMPACT in 60 - Best of Drew Galloway
4:30	Fight Network Recharged - Malaipet Sasiprapa Part 2	Fight Network Recharged - Malaipet Sasiprapa Part 1	UK's Strongest Man 2019 - Part 5/5	Fight Network Recharged - Nick Chasteen	Immersed - Leon Slater	Immersed - JDC	IMPACT in 60 - Best of Drew Galloway
5:00	Fight Network Recharged - Women of Muay Thai	Fight Network Recharged - Malaipet Sasiprapa Part 2	World Armwrestling League	Pancrase in 60 - UFC Champions	IMPACT in 60 - Best of Drew Galloway	Fight Network Recharged - Women of Muay Thai	Retrospective - Brian Cage
5:30	Fight Network Recharged - Women of Muay Thai	Fight Network Recharged - Malaipet Sasiprapa Part 2	World Armwrestling League	Pancrase in 60 - UFC Champions	IMPACT in 60 - Best of Drew Galloway	Fight Network Recharged - Women of Muay Thai	After The Fight - GLORY 54 Birmingham



Eastern	MONDAY Aug 10, 2026	TUESDAY Aug 11, 2026	WEDNESDAY Aug 12, 2026	THURSDAY Aug 13, 2026	FRIDAY Aug 14, 2026	SATURDAY Aug 15, 2026	SUNDAY Aug 16, 2026		
6:00	Fight Network Recharged - Women of Muay Thai	Fight Network Recharged - 'Smokin' Joe Nattawut Part 3	RIZIN 54 LIVE!	Retrospective - Joe Valtellini Part 1	Diary: Jordynne Grace	International Sumo League	Fight Network Recharged - Gaston Bolanos Part 2		
6:30				After The Fight - GLORY 55 New York	Immersed - Cody Deaner: Part 1				
7:00	Fight Network Recharged - Nick Chasteen	Abu Dhabi Grand Slam Tokyo - Part 5/5	Pro Grapplers Federation	Diary: Jordynne Grace	Fight Network Recharged - French Muay Thai	Fight Network Recharged - Gaston Bolanos Part 2	Fight Network Recharged - Chris Curtis Part 2		
7:30				Immersed - Cody Deaner: Part 1					
8:00	Pancrase in 60 - UFC Champions	Retrospective - Joe Valtellini Part 1	PFL Vault	Fight Network Recharged - Gaston Bolanos Part 2	Ultimate Strongman 2017 - Masters World Championship	Fight Network Recharged - French Muay Thai	PFL Vault		
8:30		Immersed - Eddie Edwards: The Constant							
9:00	Diary: Karina Rodriguez	Diary: Jordynne Grace	PFL Vault	Fight Network Recharged - Chris Curtis Part 2	UK's Strongest Man 2020 - Part 1/5	Fight Network Recharged - 'Smokin' Joe Nattawut Part 3	PFL Vault		
9:30	Immersed - Leon Slater	Immersed - Cody Deaner: Part 1							
10:00	PGF Documentaries	Pancrase in 60 - Carlos Condit	Fight Network Recharged - French Muay Thai	IMPACT in 60 - CM Punk	World Armwrestling League	Diary: Jordynne Grace	After The Fight - GLORY 55 New York		
10:30						Immersed - Eddie Edwards: The Constant	Retrospective - Joe Valtellini Part 1		
11:00	Pro Grapplers Federation	Fight Network Recharged - Gaston Bolanos Part 2	Fight Network Recharged - 'Smokin' Joe Nattawut Part 3	IMPACT in 60 - Best of Lucha Brothers	Fight Network Recharged - 'Smokin' Joe Nattawut Part 3	IMPACT in 60 - CM Punk	Fight Network Recharged - Chris Curtis Part 2		
11:30									
12:00	Paid Programming	Paid Programming	Paid Programming	Immersed - Eddie Edwards: The Constant	Immersed - Eddie Edwards: The Constant	IMPACT in 60 - Best of Lucha Brothers	Pancrase in 60 - Carlos Condit		
12:30	Immersed - Eddie Edwards: The Constant	Retrospective - Joe Valtellini Part 1	Immersed - Cody Deaner: Part 1	Retrospective - Joe Valtellini Part 1	After The Fight - GLORY 55 New York				
13:00	Fight Network Recharged - Gaston Bolanos Part 2	Fight Network Recharged - French Muay Thai	IMPACT on Spike S9	Fight Network Recharged - 'Smokin' Joe Nattawut Part 3	Invicta FC 50: Strawweight Title Tournament	Paid Programming	Paid Programming		
13:30						Retrospective - Joe Valtellini Part 1	Immersed - Cody Deaner: Part 1		
14:00	Fight Network Recharged - Chris Curtis Part 2	RIZIN 40		Bellator 236		PFL Vault	Fight Network Recharged - Chris Curtis Part 2	WSOF 34: Gaethje vs. Firmino	MVPW 05: Johnson vs. Thorslund Prelims
14:30									
15:00	Fight Network Recharged - French Muay Thai		IMPACT on Spike S9						
15:30									
16:00	Fight Network Recharged - 'Smokin' Joe Nattawut Part 3								
16:30									
17:00	PFL Vault	PFL Vault	PFL Vault	PFL Vault	PFL Vault				
17:30									
18:00	Pancrase in 60 - Carlos Condit	RIZIN 41	PFL Vault	Bellator 233	Fight Network Recharged - Gaston Bolanos Part 2	Fight Network Recharged - French Muay Thai	PFL Vault		
18:30									
19:00	Retrospective - Joe Valtellini Part 1		IMPACT in 60 - CM Punk	Immersed - Cody Deaner: Part 1	Fight Network Recharged - Chris Curtis Part 2	Retrospective - Joe Valtellini Part 1	Fight Network Recharged - French Muay Thai		
19:30	After The Fight - GLORY 55 New York								
20:00	Diary: Jordynne Grace	IMPACT in 60 - Best of Lucha Brothers	PFL Vault	Fight Network Recharged - French Muay Thai	BKFC Fight Night Sturgis: Acheson vs. Jones Prelims	Fight Network Recharged - 'Smokin' Joe Nattawut Part 3			
20:30	Immersed - Cody Deaner: Part 1								
21:00	Carjitsu Championship	RIZIN 40	TNA IMPACT! S26	BKFC 66	Dog or Pass Podcast	BKFC Fight Night Sturgis: Acheson vs. Jones	Pancrase in 60 - Carlos Condit		
21:30				BKFC Fight Night Newcastle: Garside vs. Taylor Prelims			Diary: Jordynne Grace		
22:00	SlapFIGHT Championship		International Wrestling Syndicate	BYB: Bare Knuckle Brawls - BYB: Sometimes You're the Hammer...	Immersed - Eddie Edwards: The Constant		Immersed - Cody Deaner: Part 1		
22:30								Classic All-Star Wrestling	
23:00	Immersed - Eddie Edwards: The Constant			BKFC Fight Night Newcastle: Garside vs.	BKB 51: Heavy Lies the Crown	MVPW 05: Johnson vs. Thorslund Prelims	BKB 51: Heavy Lies the Crown		
23:30									
0:00	BKFC Fight Night Newcastle: Garside vs. Taylor Prelims	Fight Network Recharged - 'Smokin' Joe Nattawut Part 3	Heroes of Lucha Libre	Dog or Pass Podcast	After The Fight - GLORY 55 New York		MVPW 05: Johnson vs. Thorslund	IMPACT in 60 - CM Punk	
0:30			Heroes of Lucha Libre						Diary: Jordynne Grace
1:00	BKFC Fight Night Newcastle: Garside vs.		ROH Classics	Dog or Pass Podcast	Immersed - Cody Deaner: Part 1	MVPW 05: Johnson vs. Thorslund			IMPACT in 60 - Best of Lucha Brothers
1:30			Ultimate Strongman 2017 - Masters World Championship						
2:00					Immersed - Cody Deaner: Part 1				
2:30									
3:00	Fight Network Recharged - Chris Curtis Part 2								
3:30								World Armwrestling League	Pancrase in 60 - Carlos Condit
4:00	Fight Network Recharged - French Muay Thai						Retrospective - Joe Valtellini Part 1		
4:30							After The Fight - GLORY 55 New York		
5:00							Retrospective - Joe Valtellini Part 1		
5:30							After The Fight - GLORY 55 New York		

Eastern	MONDAY Aug 17, 2026	TUESDAY Aug 18, 2026	WEDNESDAY Aug 19, 2026	THURSDAY Aug 20, 2026	FRIDAY Aug 21, 2026	SATURDAY Aug 22, 2026	SUNDAY Aug 23, 2026	
6:00	Fight Network Recharged - French Muay Thai	Fight Network Recharged - Brett Hlavacek	PGF Documentaries	Retrospective - Joe Valtellini Part 2	Diary: Rosemary	International Sumo League	Fight Network Recharged - Lion Fights Knockouts Part 13	
6:30				After The Fight - GLORY 56 Denver	Immersed - Cody Deaner: Part 2			
7:00	Fight Network Recharged - 'Smokin' Joe Nattawut Part 3	Abu Dhabi Grand Slam Rio Part 1/4	Pro Grapplers Federation	Diary: Rosemary	Fight Network Recharged - Jorina Baars	Fight Network Recharged - Lion Fights Knockouts Part 13	Fight Network Recharged - Lion Fights Knockouts Part 14	
7:30				Immersed - Cody Deaner: Part 2				
8:00	Pancrase in 60 - Carlos Condit	Retrospective - Joe Valtellini Part 2	PFL Vault	Fight Network Recharged - Lion Fights Knockouts Part 13	Ultimate Strongman 2017 - The Battle of Britain	Fight Network Recharged - Jorina Baars	PFL Vault	
8:30		Immersed - KC Navarro: Worth the Fight						
9:00	Diary: Jordynne Grace	Diary: Rosemary	PFL Vault	Fight Network Recharged - Lion Fights Knockouts Part 14	UK's Strongest Man 2020 - Part 2/5	Fight Network Recharged - Brett Hlavacek	PFL Vault	
9:30	Immersed - Cody Deaner: Part 1	Immersed - Cody Deaner: Part 2						
10:00	PGF Documentaries	Pancrase in 60 - UFC Veterans	Fight Network Recharged - Jorina Baars	IMPACT in 60 - The Naturals	World Armwrestling League	Diary: Rosemary	After The Fight - GLORY 56 Denver	
10:30						Immersed - KC Navarro: Worth the Fight	Retrospective - Joe Valtellini Part 2	
11:00	Pro Grapplers Federation	Fight Network Recharged - Lion Fights Knockouts Part 13	Fight Network Recharged - Brett Hlavacek	IMPACT in 60 - Best of D'Lo Brown	Fight Network Recharged - Brett Hlavacek	IMPACT in 60 - The Naturals	Fight Network Recharged - Lion Fights Knockouts Part 14	
11:30								
12:00	Paid Programming	Paid Programming	Paid Programming	Immersed - KC Navarro: Worth the Fight	Immersed - KC Navarro: Worth the Fight	IMPACT in 60 - Best of D'Lo Brown	Pancrase in 60 - UFC Veterans	
12:30	Immersed - KC Navarro: Worth the Fight	Retrospective - Joe Valtellini Part 2	Immersed - Cody Deaner: Part 2	Retrospective - Joe Valtellini Part 2	After The Fight - GLORY 56 Denver			
13:00	Fight Network Recharged - Lion Fights Knockouts Part 13	Fight Network Recharged - Jorina Baars	IMPACT on Spike S9	Fight Network Recharged - Brett Hlavacek	Invicta FC 51: Tennant vs. Bernardo	Paid Programming	Paid Programming	
13:30						Retrospective - Joe Valtellini Part 2	Immersed - Cody Deaner: Part 2	
14:00	Fight Network Recharged - Lion Fights Knockouts Part 14	RIZIN Landmark 5 in Yoyogi	IMPACT on Spike S9	Bellator 227		After The Fight - GLORY 56 Denver	Fight Network Recharged - Lion Fights Knockouts Part 13	
14:30						Immersed - Cody Deaner: Part 2		
15:00	Fight Network Recharged - Jorina Baars					WSOF 35: Ivanov vs. Jordan	RIZIN 54	
15:30								
16:00	Fight Network Recharged - Brett Hlavacek			Fight Network Recharged - Lion Fights Knockouts Part 14				
16:30					Immersed - Cody Deaner: Part 2			
17:00	PFL Vault	PFL Vault	PFL Vault	PFL Vault	PFL Vault	PFL Vault		
17:30								
18:00	Pancrase in 60 - UFC Veterans	RIZIN 42	PFL Vault	Bellator 226	MVP Presents: Serrano vs. Manzur LIVE!	Fight Network Recharged - Lion Fights Knockouts Part 14	PFL Vault	
18:30						IMPACT in 60 - The Naturals		Diary: Rosemary
19:00	Retrospective - Joe Valtellini Part 2		IMPACT in 60 - Best of D'Lo Brown	PFL Vault		Retrospective - Joe Valtellini Part 2	Fight Network Recharged - Brett Hlavacek	
19:30	After The Fight - GLORY 56 Denver							
20:00	Diary: Rosemary		RIZIN Landmark 5 in Yoyogi	TNA iMPACT! S26		BKFC 56	Dog or Pass Podcast	Pancrase in 60 - UFC Veterans
20:30	Immersed - Cody Deaner: Part 2							
21:00	Carjitsu Championship	International Wrestling Syndicate			BYB: Bare Knuckle Brawls - BYB 11: Brawl in Doral	Bellator 227	BKB 52: No Turning Back	
21:30								
22:00	SlapFIGHT Championship: Friday Night Fights	Heroes of Lucha Libre			After The Fight - GLORY 56 Denver	Fight Network Recharged - Jorina Baars		
22:30			BKFC Fight Night Sturgis: Acheson vs. Jones	ROH Classics			Diary: Rosemary	Fight Network Recharged - Jorina Baars
23:00	Pancrase in 60 - UFC Veterans	Ultimate Strongman 2017 - The Battle of Britain			Retrospective - Joe Valtellini Part 2	Fight Network Recharged - Jorina Baars		
23:30			Fight Network Recharged - Lion Fights Knockouts Part 14	Fight Network Recharged - Lion Fights Knockouts Part 13			UK's Strongest Man 2020 - Part 2/5	Fight Network Recharged - Brett Hlavacek
0:00	Fight Network Recharged - Jorina Baars	Fight Network Recharged - Lion Fights Knockouts Part 14			World Armwrestling League	Pancrase in 60 - UFC Veterans		
0:30			Fight Network Recharged - Jorina Baars	Fight Network Recharged - Lion Fights Knockouts Part 14			World Armwrestling League	Pancrase in 60 - UFC Veterans
1:00	Fight Network Recharged - Jorina Baars	Fight Network Recharged - Lion Fights Knockouts Part 14			World Armwrestling League	Pancrase in 60 - UFC Veterans		
1:30			Fight Network Recharged - Jorina Baars	Fight Network Recharged - Lion Fights Knockouts Part 14			World Armwrestling League	Pancrase in 60 - UFC Veterans
2:00	Fight Network Recharged - Jorina Baars	Fight Network Recharged - Lion Fights Knockouts Part 14			World Armwrestling League	Pancrase in 60 - UFC Veterans		
2:30			Fight Network Recharged - Jorina Baars	Fight Network Recharged - Lion Fights Knockouts Part 14			World Armwrestling League	Pancrase in 60 - UFC Veterans
3:00	Fight Network Recharged - Jorina Baars	Fight Network Recharged - Lion Fights Knockouts Part 14			World Armwrestling League	Pancrase in 60 - UFC Veterans		
3:30			Fight Network Recharged - Jorina Baars	Fight Network Recharged - Lion Fights Knockouts Part 14			World Armwrestling League	Pancrase in 60 - UFC Veterans
4:00	Fight Network Recharged - Jorina Baars	Fight Network Recharged - Lion Fights Knockouts Part 14			World Armwrestling League	Pancrase in 60 - UFC Veterans		
4:30			Fight Network Recharged - Jorina Baars	Fight Network Recharged - Lion Fights Knockouts Part 14			World Armwrestling League	Pancrase in 60 - UFC Veterans
5:00	Fight Network Recharged - Jorina Baars	Fight Network Recharged - Lion Fights Knockouts Part 14			World Armwrestling League	Pancrase in 60 - UFC Veterans		
5:30			Fight Network Recharged - Jorina Baars	Fight Network Recharged - Lion Fights Knockouts Part 14			World Armwrestling League	Pancrase in 60 - UFC Veterans



Eastern	MONDAY Aug 24, 2026	TUESDAY Aug 25, 2026	WEDNESDAY Aug 26, 2026	THURSDAY Aug 27, 2026	FRIDAY Aug 28, 2026	SATURDAY Aug 29, 2026	SUNDAY Aug 30, 2026
6:00	Fight Network Recharged - Jorina Baars	Fight Network Recharged - Julian Lane	PGF Documentaries	Retrospective - Valentina Shevchenko Part 1	Diary: Bhupinder Gujjar	International Sumo League	Fight Network Recharged - Lion Fights Knockouts Part 15
6:30				After The Fight - UFC 228	Immersed - Ash by Elegance		
7:00	Fight Network Recharged - Brett Hlavacek	Abu Dhabi Grand Slam Rio Part 2/4	Pro Grapplers Federation	Diary: Bhupinder Gujjar	Fight Network Recharged - Regian Eersel	Fight Network Recharged - Lion Fights Knockouts Part 15	Fight Network Recharged - Tiffany Van Soest
7:30				Immersed - Ash by Elegance			
8:00	Pancrase in 60 - UFC Veterans	Retrospective - Valentina Shevchenko Part 1	PFL Vault	Fight Network Recharged - Lion Fights Knockouts Part 15	Ultimate Strongman 2018 - Team World Championship	Fight Network Recharged - Regian Eersel	PFL Vault
8:30		Immersed - Joe Hendry: TNA World Champion					
9:00	Diary: Rosemary	Diary: Bhupinder Gujjar	PFL Vault	Fight Network Recharged - Tiffany Van Soest	UK's Strongest Man 2020 - Part 3/5	Fight Network Recharged - Julian Lane	PFL Vault
9:30	Immersed - Cody Deaner: Part 2	Immersed - Ash by Elegance					
10:00	PGF Documentaries	Pancrase in 60 - Nate Marquardt: Middleweight King	Fight Network Recharged - Regian Eersel	IMPACT in 60 - Jade	World Armwrestling League	Diary: Bhupinder Gujjar	After The Fight - UFC 228
10:30						Immersed - Joe Hendry: TNA World Champion	Retrospective - Valentina Shevchenko Part 1
11:00	Pro Grapplers Federation	Fight Network Recharged - Lion Fights Knockouts Part 15	Fight Network Recharged - Julian Lane	IMPACT in 60 - Best of Doc Gallows	Fight Network Recharged - Julian Lane	IMPACT in 60 - Jade	Fight Network Recharged - Tiffany Van Soest
11:30							
12:00	Paid Programming	Paid Programming	Paid Programming	Immersed - Joe Hendry: TNA World Champion	Immersed - Joe Hendry: TNA World Champion	IMPACT in 60 - Best of Doc Gallows	Pancrase in 60 - Nate Marquardt: Middleweight King
12:30	Immersed - Joe Hendry: TNA World Champion	Retrospective - Valentina Shevchenko Part 1	Immersed - Ash by Elegance	Retrospective - Valentina Shevchenko Part 1	After The Fight - UFC 228		
13:00	Fight Network Recharged - Lion Fights Knockouts Part 15	Fight Network Recharged - Regian Eersel	IMPACT on Spike S9	Fight Network Recharged - Julian Lane	Invicta FC 52: Machado vs. McCormack	Paid Programming	Paid Programming
13:30						Retrospective - Valentina Shevchenko Part 1	Immersed - Ash by Elegance
14:00	Fight Network Recharged - Tiffany Van Soest	RIZIN 43	IMPACT on Spike S9	Bellator 250		WSOF 1: Arlovski vs. Cole	Fight Network Recharged - Lion Fights Knockouts Part 15
14:30							
15:00	Fight Network Recharged - Regian Eersel						
15:30	Fight Network Recharged - Julian Lane						
16:00	PFL Vault	PFL Vault	PFL Vault	PFL Vault	PFL Vault	MVP Presents: Serrano vs. Manzur	
16:30							
17:00							
17:30							
18:00	Pancrase in 60 - Nate Marquardt: Middleweight King	Super RIZIN 2	PFL Vault	Bellator 251	Fight Network Recharged - Lion Fights Knockouts Part 15	MVPW 06: Mayer vs. Cameron LIVE!	PFL Vault
18:30							
19:00	Retrospective - Valentina Shevchenko Part 1		IMPACT in 60 - Jade	Fight Network Recharged - Tiffany Van Soest			
19:30	After The Fight - UFC 228						
20:00	Diary: Bhupinder Gujjar	IMPACT in 60 - Best of Doc Gallows	PFL Vault	Fight Network Recharged - Regian Eersel	Retrospective - Valentina Shevchenko Part 1	Fight Network Recharged - Julian Lane	
20:30	Immersed - Ash by Elegance				Immersed - Ash by Elegance		
21:00	Carjitsu Championship	RIZIN 43	TNA IMPACT! S26	BKFC 57	Dog or Pass Podcast	BKFC Fight Night Mohegan Sun: Henry vs. Trinidad Prelims	Pancrase in 60 - Nate Marquardt: Middleweight King
21:30							
22:00	SlapFIGHT Championship: PLN Friday Night Fights		International Wrestling Syndicate	BKFC 90 Birmingham Prelims	Immersed - Joe Hendry: TNA World Champion	BKFC Fight Night Mohegan Sun: Henry vs.	Diary: Bhupinder Gujjar
22:30							Classic All-Star Wrestling
23:00		Heroes of Lucha Libre	BKB 53: The Harder They Fall	MVP Presents: Serrano vs. Manzur			
23:30					Heroes of Lucha Libre	MVP Presents: Serrano vs. Manzur	
0:00	BKFC Fight Night Sturgis: Acheson vs. Jones	Super RIZIN 2	ROH Classics	Dog or Pass Podcast			After The Fight - UFC 228
0:30							
1:00							
1:30							
2:00							
2:30							
3:00	Fight Network Recharged - Lion Fights Knockouts Part 15	Pancrase in 60 - Nate Marquardt: Middleweight King	Ultimate Strongman 2018 - Team World Championship	Retrospective - Valentina Shevchenko Part 1	Diary: Bhupinder Gujjar	IMPACT in 60 - Jade	
3:30							
4:00	Fight Network Recharged - Tiffany Van Soest	Fight Network Recharged - Lion Fights Knockouts Part 15	UK's Strongest Man 2020 - Part 3/5	Fight Network Recharged - Julian Lane	Immersed - Ash by Elegance	Diary: Rosemary	IMPACT in 60 - Best of Doc Gallows
4:30					Retrospective - Valentina Shevchenko Part 1	Immersed - Cody Deaner: Part 2	
5:00	Fight Network Recharged - Regian Eersel	Fight Network Recharged - Tiffany Van Soest	World Armwrestling League	Pancrase in 60 - Nate Marquardt: Middleweight King	IMPACT in 60 - Best of Doc Gallows	Fight Network Recharged - Regian Eersel	Retrospective - Valentina Shevchenko Part 1
5:30							After The Fight - UFC 228