



Program Grid

Eastern	MONDAY Dec 5, 2022	TUESDAY Dec 6, 2022	WEDNESDAY Dec 7, 2022	THURSDAY Dec 8, 2022	FRIDAY Dec 9, 2022	SATURDAY Dec 10, 2022	SUNDAY Dec 11, 2022
6:00	TKO 44: Hunter vs. Barriault	World Armwrestling League	Heroes of Lucha Libre	GLORY 72 SuperFight Series	IMPACT in 60 - Jordynne Grace in 2022	IMPACT in 60 - Jordynne Grace	BKFC 16: Garcia vs. Elmore
6:30			Heroes of Lucha Libre		New Japan Pro Wrestling - Battle Autumn 22: FTR vs. United Empire	IMPACT in 60 - Jordynne Grace in 2022	
7:00		KSW 59: Fight Code	Fight Network Recharged - Women of Muay Thai		Fight Network Recharged - Nick Chasteen	International Wrestling Syndicate	
7:30			Diary with Ken Shamrock	Boxing World Weekly			
8:00			Fight Network Recharged - Nick Chasteen	Fight Network Recharged - Gaston Bolanos Part 2	Paid Programming	Paid Programming	
8:30	TKO 44 Prelims	Fight Network Recharged - Women of Muay Thai	Fight Network Recharged - Gaston Bolanos Part 2	GLORY 72 Chicago	Fight Network Recharged - Chris Curtis Part 2	Fight Network Recharged - Nick Chasteen	IMPACT in 60 - Jordynne Grace in 2022
9:00			Abu Dhabi Grand Slam Los Angeles 2018 Pt. 7/12		Diary with Ken Shamrock	Fight Network Recharged - Women of Muay Thai	Fight Network Recharged - Gaston Bolanos Part 2
9:30		Classic All-Star Wrestling	Retrospective - Gail Kim Part 1		Retrospective - Gail Kim Part 1	Boxing World Weekly	
10:00		Paid Programming	Paid Programming	Paid Programming	Paid Programming	Paid Programming	Fight Network Recharged - Chris Curtis Part 2
10:30		Diary with Ken Shamrock	Retrospective - Gail Kim Part 1	After The Fight - GLORY 60 Lyon	Judo for the World: Baku Team Championships	Boxing World Weekly	
11:00	IMPACT! Wrestling	World Armwrestling League	ROH Classics	IMPACT on Spike	IMPACT! Wrestling	Paid Programming	Paid Programming
11:30		Fight Network Recharged - Women of Muay Thai		IMPACT on Spike		Retrospective - Gail Kim Part 1	Catalyst Wrestling
12:00		Ultimate Strongman 2015 - Team World Championship	Fight Network Recharged - Nick Chasteen	UAE Warriors 20: International		Pancrase in 60 - The Triangle	New Japan Pro Wrestling - Battle Autumn 22: FTR vs. United Empire
12:30	UK's Strongest Man 2020 - Part 3/5	IMPACT in 60 - Josh Alexander in 2022		Fight Network Recharged - Chris Curtis Part 2	IMPACT in 60 - Jordynne Grace	KSW 76: Parnasse vs. Rajewski	Fight Network Recharged - Gaston Bolanos Part 2
13:00	Fight Network Recharged - Women of Muay Thai	TKO 44 Prelims	Pancrase in 60 - The Triangle	Fight Network Recharged - Gaston Bolanos Part 2	IMPACT in 60 - Jordynne Grace in 2022	KSW 76: Parnasse vs. Rajewski	BKFC 16: Garcia vs. Elmore
13:30			Fight Network Recharged - Nick Chasteen	Fight Network Recharged - Chris Curtis Part 2	Fight Network Recharged - Women of Muay Thai		
14:00	KSW 59: Fight Code		Fight Network Recharged - Gaston Bolanos Part 2	Fight Network Recharged - Gaston Bolanos Part 2	IMPACT in 60 - Jordynne Grace in 2022	Dog or Pass Podcast	Fight Network Recharged - Gaston Bolanos Part 2
14:30		Retrospective - Gail Kim Part 1		Boxing World Weekly	IMPACT! Wrestling	International Wrestling Syndicate	Fight Network Recharged - Chris Curtis Part 2
15:00		Classic All-Star Wrestling	Second to None: Inside Women's Boxing	IMPACT! Wrestling		Boxing World Weekly	
15:30		GLORY 72 SuperFight Series	GLORY 72 SuperFight Series	New Japan Pro Wrestling - Battle Autumn 22: FTR vs. United Empire		Lux Fight League 28 Challenge	BKFC 16: Garcia vs. Elmore
16:00		IMPACT in 60 - Josh Alexander in 2022	New Japan Pro Wrestling	After The Fight - GLORY 60 Lyon	Dog or Pass Podcast	Pancrase in 60 - The Triangle	Catalyst Wrestling
16:30	BRAVE Combat 58	Heroes of Lucha Libre	GLORY 72 Chicago	Boxing World Weekly	KSW 76: Parnasse vs. Rajewski	IMPACT in 60 - Jordynne Grace	Total Recall 1990
17:00		Heroes of Lucha Libre		New Japan Pro Wrestling - Battle Autumn 22: FTR vs. United Empire		IMPACT in 60 - Jordynne Grace in 2022	
17:30		ROH Classics		Second to None: Inside Women's Boxing		New Frontier Pro - Worlds Collide	
18:00		Fight Network Recharged - Nick Chasteen	Fight Network Recharged - Gaston Bolanos Part 2	New Frontier Pro - Worlds Collide		Fight Network Recharged - Nick Chasteen	Total Recall 1990
18:30		Ultimate Strongman 2015 - Team World Championship	Fight Network Recharged - Women of Muay Thai		IMPACT on Spike	Fight Network Recharged - Gaston Bolanos Part 2	
19:00	UK's Strongest Man 2020 - Part 3/5	Fight Network Recharged - Nick Chasteen	Fight Network Recharged - Gaston Bolanos Part 2	IMPACT on Spike	Fight Network Recharged - Chris Curtis Part 2	After The Fight - GLORY 60 Lyon	



Program Grid

Eastern	MONDAY Dec 12, 2022	TUESDAY Dec 13, 2022	WEDNESDAY Dec 14, 2022	THURSDAY Dec 15, 2022	FRIDAY Dec 16, 2022	SATURDAY Dec 17, 2022	SUNDAY Dec 18, 2022		
6:00	TKO 44 Prelims	World Armwrestling League	Heroes of Lucha Libre	GLORY 73 SuperFight Series	IMPACT in 60 - IMPACT vs. Honor No More	IMPACT in 60 - Su Yung	BKFC 17: Tate vs. Burns		
6:30									
7:00		Fight Network Recharged - 'Smokin' Joe Nattawut Part 3	Heroes of Lucha Libre			New Japan Pro Wrestling - Historic X-over: Ospreay vs. Umino		IMPACT in 60 - IMPACT vs. Honor No More	
7:30									
8:00		IMPACT in 60 - Jordynne Grace in 2022	Fight Network Recharged - French Muay Thai			Fight Network Recharged - 'Smokin' Joe Nattawut Part 3		International Wrestling Syndicate	Abu Dhabi Grand Slam Los Angeles 2018 Pt. 8/12
8:30				Diary: GLORY Amsterdam	Boxing World Weekly				
9:00	Paid Programming	IMPACT in 60 - Jordynne Grace	Fight Network Recharged - 'Smokin' Joe Nattawut Part 3	GLORY 73 Shenzhen	Fight Network Recharged - Jorina Baars	Paid Programming	Paid Programming		
9:30	Diary: GLORY Amsterdam					Classic All-Star Wrestling	Retrospective - Gail Kim Part 2		
10:00	BRAVE Combat 67 LIVE!	Fight Network Recharged - French Muay Thai	Fight Network Recharged - Jorina Baars			Fight Network Recharged - Brett Hlavacek	Fight Network Recharged - 'Smokin' Joe Nattawut Part 3	IMPACT in 60 - IMPACT vs. Honor No More	
10:30									
11:00			Abu Dhabi Grand Slam Los Angeles 2018 Pt. 8/12		Diary: GLORY Amsterdam		Fight Network Recharged - French Muay Thai	Fight Network Recharged - Jorina Baars	IMPACT! Wrestling
11:30				Classic All-Star Wrestling	Retrospective - Gail Kim Part 2				
12:00			Paid Programming	Paid Programming	Paid Programming	Paid Programming	Paid Programming		
12:30		Retrospective - Gail Kim Part 2	After The Fight - UFC 231	Judo for the World: Tashkent Grand Prix 2018	Boxing World Weekly	Retrospective - Gail Kim Part 2			
13:00		World Armwrestling League	ROH Classics	IMPACT on Spike					
13:30					IMPACT! Wrestling		Catalyst Wrestling		
14:00		Fight Network Recharged - French Muay Thai		IMPACT on Spike			Fight Network Recharged - French Muay Thai		
14:30									
15:00	Ultimate Strongman 2016 - Team World Championship	Fight Network Recharged - 'Smokin' Joe Nattawut Part 3	UAE Warriors 21: Arabia 4	Pancrase in 60 - Best of Brazil	New Japan Pro Wrestling - Historic X-over: Ospreay vs. Umino	KSW 77 LIVE!	Paid Programming		
15:30									
16:00	UK's Strongest Man 2020 - Part 4/5	IMPACT in 60 - Jordynne Grace in 2022			Fight Network Recharged - Brett Hlavacek		IMPACT in 60 - Su Yung		IMPACT in 60 - Su Yung
16:30									New Japan Pro Wrestling - Historic X-over: Ospreay vs. Umino
17:00	Fight Network Recharged - French Muay Thai			Pancrase in 60 - Best of Brazil	Fight Network Recharged - Jorina Baars		IMPACT in 60 - IMPACT vs. Honor No More		
17:30		TKO 45 Prelims					BKFC 17: Tate vs. Burns		
18:00	Fight Network Recharged - 'Smokin' Joe Nattawut Part 3			Fight Network Recharged - Brett Hlavacek	Fight Network Recharged - French Muay Thai	Catalyst Wrestling			
18:30									
19:00	KSW 60: De Fries vs. Narkun 2			Fight Network Recharged - Jorina Baars	IMPACT in 60 - IMPACT vs. Honor No More	Dog or Pass Podcast	King of Kings Mega Series: Kaunas	IMPACT in 60 - IMPACT vs. Honor No More	
19:30									
20:00			Fight Network Recharged - Jorina Baars	Boxing World Weekly	IMPACT! Wrestling	International Wrestling Syndicate			
20:30				Alphabet Soup: Boxing's Sanctioning Bodies				Boxing World Weekly	IMPACT in 60 - Su Yung
21:00			Retrospective - Gail Kim Part 2						
21:30		Classic All-Star Wrestling							
22:00	IMPACT in 60 - Jordynne Grace in 2022	New Japan Pro Wrestling	GLORY 73 SuperFight Series	New Japan Pro Wrestling - Historic X-over: Ospreay vs. Umino		BRAVE Combat 66	BKFC 17: Tate vs. Burns	Reservoir Dogs	
22:30									
23:00	BRAVE Combat 59	New Japan Pro Wrestling					Pancrase in 60 - Best of Brazil	Retrospective - Gail Kim Part 2	
23:30				After The Fight - UFC 231	Dog or Pass Podcast				
0:00			Heroes of Lucha Libre						
0:30				GLORY 73 Shenzhen					
1:00			Heroes of Lucha Libre		New Japan Pro Wrestling - Historic X-over: Ospreay vs. Umino	King of Kings Mega Series: Kaunas	IMPACT in 60 - IMPACT vs. Honor No More	Reservoir Dogs	
1:30									
2:00	Fight Network Recharged - French Muay Thai	ROH Classics	Diary: GLORY Amsterdam	New Japan Pro Wrestling		Fight Network Recharged - French Muay Thai	After The Fight - UFC 231		
2:30									
3:00	Fight Network Recharged - 'Smokin' Joe Nattawut Part 3	Fight Network Recharged - Jorina Baars	Pancrase in 60 - Best of Brazil	New Japan Pro Wrestling		Fight Network Recharged - 'Smokin' Joe Nattawut Part 3	Reservoir Dogs		
3:30									
4:00	Ultimate Strongman 2016 - Team World Championship	Fight Network Recharged - French Muay Thai	Fight Network Recharged - Jorina Baars	IMPACT on Spike	TKO 45 Prelims	Fight Network Recharged - Jorina Baars			
4:30									
5:00	UK's Strongest Man 2020 - Part 4/5	Fight Network Recharged - 'Smokin' Joe Nattawut Part 3	Boxing World Weekly	IMPACT on Spike				Fight Network Recharged - Brett Hlavacek	
5:30			After The Fight - UFC 231					Diary: GLORY Amsterdam	



Program Grid

Eastern	MONDAY Dec 19, 2022	TUESDAY Dec 20, 2022	WEDNESDAY Dec 21, 2022	THURSDAY Dec 22, 2022	FRIDAY Dec 23, 2022	SATURDAY Dec 24, 2022	SUNDAY Dec 25, 2022	
6:00	TKO 45 Prelims	World Armwrestling League	Heroes of Lucha Libre	GLORY 74 SuperFight Series	IMPACT in 60 - Alex Shelley in 2022	IMPACT in 60 - Clockwork Orange House of Fun	Fight Network Recharged - Lion Fights Knockouts Part 14	
6:30								
7:00			Fight Network Recharged - Lion Fights Knockouts Part 14		Heroes of Lucha Libre		New Japan Pro Wrestling - Historic X-over: Iwatani vs. KAIRI	IMPACT in 60 - Alex Shelley in 2022
7:30								
8:00			IMPACT in 60 - IMPACT vs. Honor No More	Fight Network Recharged - Lion Fights Knockouts Part 13	Diary with Sami Callihan Part 1	Fight Network Recharged - Lion Fights Knockouts Part 14	International Wrestling Syndicate	Abu Dhabi Grand Slam Los Angeles 2018 Pt. 9/12
8:30							Boxing World Weekly	
9:00	TKO 45: Jourdain vs. Morgan	IMPACT in 60 - Su Yung	Fight Network Recharged - Lion Fights Knockouts Part 14	GLORY 74 Arnhem	Fight Network Recharged - Lion Fights Knockouts Part 15	Paid Programming	Paid Programming	
9:30							Classic All-Star Wrestling	Retrospective - Petey Williams
10:00			Fight Network Recharged - Lion Fights Knockouts Part 13		Fight Network Recharged - Lion Fights Knockouts Part 15		Fight Network Recharged - Tiffany Van Soest	Fight Network Recharged - Lion Fights Knockouts Part 14
10:30								
11:00			Abu Dhabi Grand Slam Los Angeles 2018 Pt. 9/12	Diary with Sami Callihan Part 1		Fight Network Recharged - Lion Fights Knockouts Part 13	Fight Network Recharged - Lion Fights Knockouts Part 15	IMPACT! Wrestling
11:30				Classic All-Star Wrestling	Retrospective - Petey Williams			
12:00	Paid Programming	Paid Programming	Paid Programming	Paid Programming	Paid Programming	Fight Network Recharged - Tiffany Van Soest		
12:30	Diary with Sami Callihan Part 1	Retrospective - Petey Williams	After The Fight - Fight Night Lethbridge	Judo for the World: The Hague Grand Prix 2018	Boxing World Weekly			
13:00	IMPACT! Wrestling	World Armwrestling League	ROH Classics	IMPACT on Spike	IMPACT! Wrestling	Paid Programming	Paid Programming	
13:30							Retrospective - Petey Williams	Catalyst Wrestling
14:00			BRAVE Combat 60	UAE Warriors 22: International	IMPACT on Spike		ROH Classics	Fight Network Recharged - Lion Fights Knockouts Part 13
14:30								
15:00	Ultimate Strongman 2016 - Masters World Championship			Pancrase in 60 - Dutch Invasion	New Japan Pro Wrestling - Historic X-over: Iwatani vs. KAIRI	Bare Knuckle Boxing 29	IMPACT in 60 - Clockwork Orange House of Fun	
15:30								
16:00	UK's Strongest Man 2020 - Part 4/5			Fight Network Recharged - Tiffany Van Soest	IMPACT in 60 - Clockwork Orange House of Fun			New Japan Pro Wrestling - Historic X-over: Iwatani vs. KAIRI
16:30								
17:00	Fight Network Recharged - Lion Fights Knockouts Part 13	TKO 45: Jourdain vs. Morgan	Pancrase in 60 - Dutch Invasion	Fight Network Recharged - Lion Fights Knockouts Part 15	IMPACT in 60 - Alex Shelley in 2022	Lux Fight League 29 Challenge	BKFC 18: Beltran vs. Shewmaker	
17:30								
18:00	Fight Network Recharged - Lion Fights Knockouts Part 14			Fight Network Recharged - Tiffany Van Soest	Fight Network Recharged - Lion Fights Knockouts Part 13			Catalyst Wrestling
18:30								
19:00	KSW 61: To Fight or Not To Fight	Fight Network Recharged - Lion Fights Knockouts Part 15	Fight Network Recharged - Lion Fights Knockouts Part 15	IMPACT in 60 - Alex Shelley in 2022			IMPACT in 60 - Alex Shelley in 2022	
19:30					Dog or Pass Podcast			
20:00				Boxing World Weekly	IMPACT! Wrestling	International Wrestling Syndicate	BIG LEBOWSKI, THE	
20:30				Viral Violence: Changing Boxing Landscape from				Boxing World Weekly
21:00			Retrospective - Petey Williams	GLORY 74 SuperFight Series				
21:30			Classic All-Star Wrestling					
22:00	IMPACT in 60 - IMPACT vs. Honor No More	New Japan Pro Wrestling		New Japan Pro Wrestling - Historic X-over: Iwatani vs. KAIRI	Bare Knuckle Boxing 29			
22:30								
23:00	BRAVE Combat 60	New Japan Pro Wrestling	After The Fight - Fight Night Lethbridge	Dog or Pass Podcast		Pancrase in 60 - Dutch Invasion	Retrospective - Petey Williams	
23:30								
0:00			Heroes of Lucha Libre	GLORY 74 Arnhem	Viral Violence: Changing Boxing Landscape from		IMPACT in 60 - Clockwork Orange House of Fun	BIG LEBOWSKI, THE
0:30								
1:00		Heroes of Lucha Libre		New Japan Pro Wrestling - Historic X-over: Iwatani vs. KAIRI	Lux Fight League 29 Challenge	IMPACT in 60 - Alex Shelley in 2022		
1:30								
2:00	Fight Network Recharged - Lion Fights Knockouts Part 13	ROH Classics	Diary with Sami Callihan Part 1	New Japan Pro Wrestling		Fight Network Recharged - Lion Fights Knockouts Part 13	Diary with Sami Callihan Part 1	
2:30								
3:00	Fight Network Recharged - Lion Fights Knockouts Part 14	Fight Network Recharged - Lion Fights Knockouts Part 15	Pancrase in 60 - Dutch Invasion	New Japan Pro Wrestling		Fight Network Recharged - Lion Fights Knockouts Part 14	BIG LEBOWSKI, THE	
3:30								
4:00	Ultimate Strongman 2016 - Masters World Championship	Fight Network Recharged - Lion Fights Knockouts Part 13	Fight Network Recharged - Lion Fights Knockouts Part 15	IMPACT on Spike	TKO 45: Jourdain vs. Morgan	Fight Network Recharged - Lion Fights Knockouts Part 15		
4:30								
5:00	UK's Strongest Man 2020 - Part 4/5	Fight Network Recharged - Lion Fights Knockouts Part 14	Boxing World Weekly	IMPACT on Spike		Fight Network Recharged - Tiffany Van Soest	After The Fight - Fight Night Lethbridge	
5:30			After The Fight - Fight Night Lethbridge					



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Eastern	MONDAY Dec 26, 2022	TUESDAY Dec 27, 2022	WEDNESDAY Dec 28, 2022	THURSDAY Dec 29, 2022	FRIDAY Dec 30, 2022	SATURDAY Dec 31, 2022	SUNDAY Jan 1, 2023				
6:00	TKO 45: Jourdain vs. Morgan	World Armwrestling League	Heroes of Lucha Libre	GLORY 75 SuperFight Series	IMPACT in 60 - Mickie James in 2022	IMPACT in 60 - Holiday Edition	Fight Network Recharged - 'Smokin' Jo Nattawut Part 1				
6:30			Heroes of Lucha Libre		New Japan Pro Wrestling - Dominion		Fight Network Recharged - 'Smokin' Jo Nattawut Part 2				
7:00			KSW 62: Kolecki vs. Szostak		Fight Network Recharged - Regian Eersel		Diary with Sami Callihan Part 2	Fight Network Recharged - Julian Lane	International Wrestling Syndicate	Fight Network Recharged - Regian Eersel	
7:30		Fight Network Recharged - Julian Lane			Vicious: Making a Champion	GLORY 75 Utrecht	Boxing World Weekly				
8:00		Fight Network Recharged - 'Smokin' Jo Nattawut Part 1			GLORY 75 Utrecht		Fight Network Recharged - 'Smokin' Jo Nattawut Part 1	Paid Programming	Paid Programming		
8:30							Classic All-Star Wrestling	Retrospective - Abyss			
9:00	TKO 47: Jourdain vs. Ronson	Fight Network Recharged - Regian Eersel	Fight Network Recharged - 'Smokin' Jo Nattawut Part 1	After The Fight - GLORY 54 Birmingham	Fight Network Recharged - Regian Eersel	Fight Network Recharged - 'Smokin' Jo Nattawut Part 1	IMPACT in 60 - Mickie James in 2022				
9:30			Abu Dhabi Grand Slam Los Angeles 2018 Pt. 10/12	Diary with Sami Callihan Part 2	Retrospective - Abyss	Fight Network Recharged - Regian Eersel	Fight Network Recharged - 'Smokin' Jo Nattawut Part 1	IMPACT! Wrestling			
10:00			Classic All-Star Wrestling								
10:30											
11:00		Paid Programming	Paid Programming	Paid Programming	Paid Programming	Paid Programming	Fight Network Recharged - 'Smokin' Jo Nattawut Part 2				
11:30		Diary with Sami Callihan Part 2	Retrospective - Abyss	After The Fight - GLORY 54 Birmingham	Judo for the World: Osaka Grand Slam 2018	Boxing World Weekly					
12:00											
12:30											
13:00	IMPACT! Wrestling	Fight Network Recharged - Julian Lane	Fight Network Recharged - Regian Eersel	IMPACT on Spike	IMPACT! Wrestling	Paid Programming	Paid Programming				
13:30						Retrospective - Abyss	Catalyst Wrestling				
14:00		BRAVE Combat 61	UAE Warriors 23: Arabia 5	Pancrase in 60 - Home of the Brave	Diary with Sami Callihan Part 2	Retrospective - Abyss	ROH Classics	Fight Network Recharged - Regian Eersel			
14:30											
15:00	Ultimate Strongman 2017 - Team World Championship						IMPACT in 60 - Holiday Edition				
15:30	UK's Strongest Man 2020 - Part 5/5										
16:00											
16:30											
17:00	Fight Network Recharged - Regian Eersel	TKO 47: Jourdain vs. Ronson	Pancrase in 60 - Home of the Brave	Fight Network Recharged - 'Smokin' Jo Nattawut Part 1	IMPACT in 60 - Mickie James in 2022	KSW 77: Pudzianowski vs. Khalidov	Fight Network Recharged - 'Smokin' Jo Nattawut Part 1				
17:30	Fight Network Recharged - Julian Lane		Fight Network Recharged - 'Smokin' Jo Nattawut Part 2	Fight Network Recharged - Regian Eersel	Catalyst Wrestling		Fight Network Recharged - Regian Eersel				
18:00	Fight Network Recharged - Lion Fights Knockouts Part 14		Fight Network Recharged - 'Smokin' Jo Nattawut Part 1	IMPACT in 60 - Mickie James in 2022	Dog or Pass Podcast		IMPACT in 60 - Mickie James in 2022				
18:30											
19:00											
19:30											
20:00	Fight Network Recharged - Lion Fights Knockouts Part 15	Fight Network Recharged - 'Smokin' Jo Nattawut Part 1	Boxing World Weekly	IMPACT! Wrestling	International Wrestling Syndicate	CAGE 56	IMPACT in 60 - Holiday Edition				
20:30			Vicious: Making a Champion		Boxing World Weekly						
21:00	BOXER, THE	Anabolic Life	Robocop	New Japan Pro Wrestling - Dominion	ROBOCOP 3	BKFC 25	Terminator 2: Judgement Day				
21:30											
22:00		Classic All-Star Wrestling									
22:30											
23:00	Diary with Sami Callihan Part 2	Retrospective - Abyss	After The Fight - GLORY 54 Birmingham	IMPACT in 60 - Mickie James in 2022	Vicious: Making a Champion	Fight Network Recharged - 'Smokin' Jo Nattawut Part 2					
23:30											
0:00	BOXER, THE	Anabolic Life	Robocop	ROBOCOP 2	ROBOCOP 3	Terminator; The	Terminator 2: Judgement Day				
0:30											
1:00		ROH Classics									
1:30											
2:00											
2:30	Retrospective - Petey Williams		Vicious: Making a Champion	Retrospective - Abyss	Diary with Sami Callihan Part 2	Retrospective - Abyss					
3:00	BOXER, THE	Fight Network Recharged - 'Smokin' Jo Nattawut Part 1	Robocop	ROBOCOP 2	ROBOCOP 3	Terminator; The	Fight Network Recharged - Julian Lane				
3:30											
4:00		New Japan Pro Wrestling									Fight Network Recharged - 'Smokin' Jo Nattawut Part 1
4:30											
5:00		New Japan Pro Wrestling - Best of the Super Juniors 23 Finals									
5:30	After The Fight - Fight Night Lethbridge		Diary with Sami Callihan Part 2	Diary with Sami Callihan Part 2	Retrospective - Abyss	After The Fight - GLORY 54 Birmingham					



Program Grid

Eastern	MONDAY Jan 2, 2023	TUESDAY Jan 3, 2023	WEDNESDAY Jan 4, 2023	THURSDAY Jan 5, 2023	FRIDAY Jan 6, 2023	SATURDAY Jan 7, 2023	SUNDAY Jan 8, 2023					
6:00	TKO 47: Jourdain vs. Ronson	World Armwrestling League	Heroes of Lucha Libre	GLORY 81: Ben Saddik vs. Adegbuyi 2	IMPACT in 60	IMPACT in 60 - Deonna Purrazzo	BKFC 19: VanZant vs. Ostovich					
6:30		KSW 63: Soldic vs. Kincl	Heroes of Lucha Libre		Fight Network Recharged - Matt Besette	New Japan Pro Wrestling		IMPACT in 60				
7:00						Fight Network Recharged - Chip Moraza Pollard		International Wrestling Syndicate	Abu Dhabi Grand Slam Los Angeles 2018 Pt. 11/12			
7:30								Paid Programming		Classic All-Star Wrestling		
8:00											Paid Programming	Retrospective - Moose
8:30												
9:00	Abu Dhabi Grand Slam Los Angeles 2018 Pt. 11/12	Diary: GLORY Birmingham	After The Fight - GLORY 55 New York	Fight Network Recharged - Matt Besette	Fight Network Recharged - Andre Soukamhtath	IMPACT! Wrestling						
9:30							Paid Programming	Paid Programming	Paid Programming	Paid Programming	Paid Programming	Fight Network Recharged - Chris Curtis
10:00	Diary: GLORY Birmingham	Retrospective - Moose	After The Fight - GLORY 55 New York	Judo for the World: Guanzhou World Masters	Boxing World Weekly	IMPACT! Wrestling						
10:30							World Armwrestling League	ROH Classics	IMPACT on Spike	IMPACT on Spike	IMPACT! Wrestling	Paid Programming
11:00	Ultimate Strongman 2017 - Masters World Championship	BRAVE Combat 62	UAE Warriors 24: International	Pancrase in 60 - Knockouts Vol. 1	New Japan Pro Wrestling	IMPACT in 60 - Deonna Purrazzo						
11:30							UK's Strongest Man 2021 - Part 1/5	Fight Network Recharged - Matt Besette	Pancrase in 60 - Knockouts Vol. 1	Fight Network Recharged - Andre Soukamhtath	IMPACT in 60	IMPACT in 60
12:00	Fight Network Recharged - Chip Moraza Pollard	TKO 48 Prelims	Fight Network Recharged - Chris Curtis	Fight Network Recharged - Matt Besette	Catalyst Wrestling	Fight Network Recharged - Chip Moraza Pollard						
12:30							Fight Network Recharged - 'Smokin' Jo Nattawut Part 1	Fight Network Recharged - Andre Soukamhtath	Fight Network Recharged - Andre Soukamhtath	IMPACT in 60	Dog or Pass Podcast	Fight Network Recharged - Andre Soukamhtath
13:00	Fight Network Recharged - 'Smokin' Jo Nattawut Part 2	Fight Network Recharged - Andre Soukamhtath	Boxing World Weekly	IMPACT! Wrestling	International Wrestling Syndicate	Fight Network Recharged - Chris Curtis						
13:30							First Blood	Rambo: First Blood 2	Fast & Furious	New Japan Pro Wrestling	GLORY Rivals 4	BKFC 19: VanZant vs. Ostovich
14:00	Fight Network Recharged - Matt Besette	Classic All-Star Wrestling	After The Fight - GLORY 55 New York	IMPACT in 60	Fight Network Recharged - Andre Soukamhtath	Fight Network Recharged - Chris Curtis						
14:30							First Blood	ROH Classics	Punch Too Many; A	Retrospective - Moose	Fight Network Recharged - Matt Besette	GLORY Rivals 4
15:00	Fight Network Recharged - Chip Moraza Pollard	TKO 48 Prelims	Fast & Furious	FAST AND THE FURIOUS: TOKYO	TKO 48 Prelims	Fight Network Recharged - Chip Moraza Pollard						
15:30							UK's Strongest Man 2021 - Part 1/5	New Japan Pro Wrestling - Dominion in Osaka-jo Hall Part 1	Fast & Furious	FAST AND THE FURIOUS: TOKYO	TKO 48 Prelims	Fight Network Recharged - Andre Soukamhtath
16:00	Fight Network Recharged - Matt Besette	Retrospective - Moose	After The Fight - GLORY 55 New York	Diary: GLORY Birmingham	Diary: GLORY Birmingham	Fight Network Recharged - Chris Curtis						
16:30							First Blood	ROH Classics	Punch Too Many; A	Retrospective - Moose	TKO 48 Prelims	Fight Network Recharged - Matt Besette
17:00	Fight Network Recharged - Chip Moraza Pollard	TKO 48 Prelims	Fast & Furious	FAST AND THE FURIOUS: TOKYO	TKO 48 Prelims	Fight Network Recharged - Chip Moraza Pollard						
17:30							UK's Strongest Man 2021 - Part 1/5	New Japan Pro Wrestling - Dominion in Osaka-jo Hall Part 1	Fast & Furious	FAST AND THE FURIOUS: TOKYO	TKO 48 Prelims	Fight Network Recharged - Andre Soukamhtath
18:00	First Blood	ROH Classics	Punch Too Many; A	Retrospective - Moose	TKO 48 Prelims	Fight Network Recharged - Matt Besette						
18:30							Fight Network Recharged - 'Smokin' Jo Nattawut Part 1	Fight Network Recharged - Andre Soukamhtath	Fast & Furious	FAST AND THE FURIOUS: TOKYO	TKO 48 Prelims	Fight Network Recharged - Chip Moraza Pollard
19:00	Fight Network Recharged - 'Smokin' Jo Nattawut Part 2	Fight Network Recharged - Andre Soukamhtath	Boxing World Weekly	IMPACT! Wrestling	International Wrestling Syndicate	Fight Network Recharged - Chris Curtis						
19:30							First Blood	Rambo: First Blood 2	Fast & Furious	New Japan Pro Wrestling	GLORY Rivals 4	BKFC 19: VanZant vs. Ostovich
20:00	First Blood	Rambo: First Blood 2	Fast & Furious	FAST AND THE FURIOUS: TOKYO	TKO 48 Prelims	Fight Network Recharged - Chip Moraza Pollard						
20:30							Fight Network Recharged - Matt Besette	Classic All-Star Wrestling	After The Fight - GLORY 55 New York	IMPACT in 60	Fight Network Recharged - Andre Soukamhtath	Fight Network Recharged - Chris Curtis
21:00	First Blood	ROH Classics	Punch Too Many; A	Retrospective - Moose	TKO 48 Prelims	Fight Network Recharged - Matt Besette						
21:30							First Blood	Rambo: First Blood 2	Fast & Furious	FAST AND THE FURIOUS: TOKYO	TKO 48 Prelims	Fight Network Recharged - Chip Moraza Pollard
22:00	First Blood	Rambo: First Blood 2	Fast & Furious	FAST AND THE FURIOUS: TOKYO	TKO 48 Prelims	Fight Network Recharged - Chip Moraza Pollard						
22:30							First Blood	Rambo: First Blood 2	Fast & Furious	FAST AND THE FURIOUS: TOKYO	TKO 48 Prelims	Fight Network Recharged - Chip Moraza Pollard
23:00	First Blood	Rambo: First Blood 2	Fast & Furious	FAST AND THE FURIOUS: TOKYO	TKO 48 Prelims	Fight Network Recharged - Chip Moraza Pollard						
23:30							First Blood	Rambo: First Blood 2	Fast & Furious	FAST AND THE FURIOUS: TOKYO	TKO 48 Prelims	Fight Network Recharged - Chip Moraza Pollard
0:00	First Blood	Rambo: First Blood 2	Fast & Furious	FAST AND THE FURIOUS: TOKYO	TKO 48 Prelims	Fight Network Recharged - Chip Moraza Pollard						
0:30							First Blood	Rambo: First Blood 2	Fast & Furious	FAST AND THE FURIOUS: TOKYO	TKO 48 Prelims	Fight Network Recharged - Chip Moraza Pollard
1:00	First Blood	Rambo: First Blood 2	Fast & Furious	FAST AND THE FURIOUS: TOKYO	TKO 48 Prelims	Fight Network Recharged - Chip Moraza Pollard						
1:30							First Blood	Rambo: First Blood 2	Fast & Furious	FAST AND THE FURIOUS: TOKYO	TKO 48 Prelims	Fight Network Recharged - Chip Moraza Pollard
2:00	First Blood	Rambo: First Blood 2	Fast & Furious	FAST AND THE FURIOUS: TOKYO	TKO 48 Prelims	Fight Network Recharged - Chip Moraza Pollard						
2:30							First Blood	Rambo: First Blood 2	Fast & Furious	FAST AND THE FURIOUS: TOKYO	TKO 48 Prelims	Fight Network Recharged - Chip Moraza Pollard
3:00	First Blood	Rambo: First Blood 2	Fast & Furious	FAST AND THE FURIOUS: TOKYO	TKO 48 Prelims	Fight Network Recharged - Chip Moraza Pollard						
3:30							First Blood	Rambo: First Blood 2	Fast & Furious	FAST AND THE FURIOUS: TOKYO	TKO 48 Prelims	Fight Network Recharged - Chip Moraza Pollard
4:00	First Blood	Rambo: First Blood 2	Fast & Furious	FAST AND THE FURIOUS: TOKYO	TKO 48 Prelims	Fight Network Recharged - Chip Moraza Pollard						
4:30							First Blood	Rambo: First Blood 2	Fast & Furious	FAST AND THE FURIOUS: TOKYO	TKO 48 Prelims	Fight Network Recharged - Chip Moraza Pollard
5:00	First Blood	Rambo: First Blood 2	Fast & Furious	FAST AND THE FURIOUS: TOKYO	TKO 48 Prelims	Fight Network Recharged - Chip Moraza Pollard						
5:30							First Blood	Rambo: First Blood 2	Fast & Furious	FAST AND THE FURIOUS: TOKYO	TKO 48 Prelims	Fight Network Recharged - Chip Moraza Pollard
	UK's Strongest Man 2021 - Part 1/5	New Japan Pro Wrestling - Dominion in Osaka-jo Hall Part 2	Diary: GLORY Birmingham	Diary: GLORY Birmingham		Fight Network Recharged - Chris Curtis						